



Osher Lifelong Learning Institute 5000 Green Bag Road PO Box 9123 Morgantown, WV 26506-9123

Winter Registration begins Jan. 3!

Phone: 304-293-1793 Fax: 304-293-4779 Website: www.olliatwvu.org Email: olli@hsc.wvu.edu





Winter 2017 Course Catalog www.olliatwvu.org Curiosity Never Retires

THE OSHER LIFELONG LEARNING INSTITUTE AT WVU

The Osher Lifelong Learning Institute at West Virginia University, known as OLLI at WVU, provides programs and educational opportunities designed for adults 50 and over. One of 119 institutes across the country funded by the Bernard Osher Foundation, OLLI at WVU offers classes in Morgantown and Charleston.

OLLI at WVU is a membership organization affiliated with the School of Public Health at WVU that recognizes the unique experiences, capabilities, and wisdom of mature members of the community. OLLI at WVU emphasizes the sharing of ideas through peer learning, member participation, and collaborative leadership.

During four terms each year, OLLI at WVU offers courses, lectures, seminars and field trips in such areas as music, literature, art, science, politics, nature, history, health, medicine, and economics. Live drama, movies, and special interest groups add to the choices.

Courses are developed and taught by volunteers from the community who are passionate about their topics, avocations, and interests, and love to share their ideas.

Free from the pressures of tests and grades, this is learning simply for the joy of it.

CHARLESTON MEMBERSHIP

Membership is open to curious adults interested in programming designed specifically for those over 50, who want to engage socially and intellectually with their peers. An individual must be a member of OLLI to take classes.

In addition to the opportunities to discover a new passion or rekindle an old interest, share a love of learning with peers, and meet new people, members also enjoy such benefits as:

- a weekly e-news bulletin
- discounts on travel and various events around the community
- financial assistance for membership fees

Membership in the Charleston chapter of OLLI at WVU is **\$25.00 per term.**

Members may participate in unlimited courses and activities during a term for which they have a paid membership. Terms 2016 runs October-December, January-March, and April-June.

Membership may be purchased on line at www.olliatwvu.org, by calling the OLLI office at 304-293-1793, or mailing a membership/registration form to: OLLI at WVU

PO Box 9123 Morgantown, WV 26506-9123

Please make checks payable to the WVU Foundation.

SCHOLARSHIPS

While OLLI at WVU tries to keep fees to a minimum while providing the highest quality experiences to our members, we recognize that membership fees may be out of the reach of some individuals. Therefore, scholarships are available. To apply, ask for a confidential application at the OLLI office or fill out the form on our website at <u>www.olliatwvu.org</u>.

The Bernard Osher Foundation

The Bernard Osher Foundation seeks to improve quality of life through the support of lifelong learning institutes such as OLLI at WVU. The Foundation was founded in 1977 by Bernard Osher, a respected businessman and community leader. The Foundation has now funded 119 Osher Lifelong Learning Institutes on campuses of colleges and universities from Maine to Hawaii. Funding for OLLI is contingent upon membership growth goals, so **membership matters**. To learn more about The Bernard Osher Foundation, please visit their website at <u>www.osherfoundation.org</u>.

OLLI AT WVU CHARLESTON WINTER COURSES

All OLLI at WVU Charleston classes are held at the WVU Extension in City Center East, 4700 MacCorkle Ave., Room 1017, unless otherwise noted in the course description.

Early 20th Century Jewish Immigrant Experience - Arnold M. Hartstein

Mondays, January 23 and Feb. 6, 10:00 a.m. - 11:00 a.m. and Monday, January 30, 10:00 a.m. - 11:30 a.m.

Focusing on one film, *Hester Street*, and one novel, *Bread Givers*, this course will examine some of the themes and issues of the Jewish immigrant experience in early 20th century America. **Suggested Reading:** *Bread Givers*, Anzia Yezierska

About the Instructor: Dr. Arnold Hartstein recently retired from West Virginia State University, where he taught English for 41 years.

Cur Crux? Why the Cross? - Monsignor Paul Edward Sadie

Tuesday, January 24, 1:00 p.m. - 2:30 p.m.

Why did God, who could have redeemed humanity by any means, choose such a painful passion and death on the cross by His Son?

About the Instructor: Monsignor Sadie, recently retired rector of the Co-Cathedral Basilica of the Sacred Heart in Charleston, WV, has spent nearly 60 years as a diocesan priest and, in addition to his ministry, has served on numerous ecumenical, educational, and economic development commissions and boards throughout the state and region.

Learn to Knit - Sarah Radow

Wednesdays, January 25 through February 15, 10:00 a.m. - 11:00 a.m.

Learn the five basic components of knitting. Participants should bring a pair of No. 9 wooden knitting needles and a skein of 200 yards of worsted weight non-cotton yarn. Materials will be available from the instructor as well for \$16.

About the Instructor: The owner of Kanawha City Yarn Company, Sarah Radow was a teacher for 37 years. She's been knitting since she was a young child.

Shakespeare: Pirating, Publishing, and Printing His Plays - Robert L. Harrison

Thursday, January 26, 2:00 – 4:00 p.m.

The publication of Shakespeare's First Folio in 1623 brought an end to an era of pirating, publishing and printing his plays. This class will use a workshop approach to examine primary documents and complete activities to demonstrate the complexity of publishing his plays in an era when there were no copyright laws to protect playwrights and other authors.

About the Instructor: Robert L. Harrison earned his Ph.D. in Educational Administration from The American University, writing his dissertation on William Shakespeare. He participated in the Folger Shakespeare Library's Teaching Shakespeare 1985 Summer Institute and was an English teacher at Bluefield High School for 19 years. Prior to his retirement he was Dean of the College of Professional Studies and Professor at West Virginia State University.

Advanced Topics in Elder Law - Brent Van Deysen (brent@wvelderlaw.com)

Thursday, January 26, 5:00 - 6:30 p.m.

This course will discuss such topics as solving complex Medicaid nursing home care eligibility problems and the use of guardianship and conservatorship court proceedings to manage incompetent persons' affairs. Unique solutions will be discussed for helping a person in a nursing home qualify for Medicaid benefits.

About the Instructor: Brent L. Van Deysen received his BS from Fairmont State College and his JD from the WVU College of Law.

Alzheimer's Disease: Symptoms, Diagnosis, Causes, and Treatments - James L. Spencer

Monday, January 30, 1:00 p.m. - 3:00 p.m.

An ever increasing number of American families are impacted by Alzheimer's Disease and related conditions. This class will provide perspectives and updates on these ailments and the complex challenges they present.

About the Instructor: James Spencer is a retired professor of psychology at West Virginia State University.

Tour of Co-Cathedral Basilica of the Sacred Heart: A Catechism in Stone, Marble, Glass,

Wood, and Fabric - Monsignor Paul Edward Sadie

Tuesday, January 31, 3:15 p.m. - 4:30 p.m. (Leon Sullivan Way, Charleston, WV)

Co-Cathedral Basilica of the Sacred Heart, built in 1897, and lovingly maintained and renovated with an eye toward the future, is beautiful liturgically, architecturally, and artistically constructed of limestone, it is of the Romanesque Revival style of architecture. From its original design and throughout its history of renovations and updates, the Co-Cathedral is a stunning example of the important role that creative arts play in the spiritual life of its clergy, laity, and visitors. From its outside gardens and plaza, to its interior design and accoutrements, the Co-Cathedral blends the spiritual with the aesthetic.

About the Instructor: Monsignor Sadie, recently retired rector of the Co-Cathedral Basilica of the Sacred Heart in Charleston, WV, has spent nearly 60 years as a diocesan priest and, in addition to his ministry, has served on numerous ecumenical, educational, and economic development commissions and boards throughout the state and region.

Introduction to Genealogy - Margie Price

Wednesday, February 1, 3:00 p.m. - 5:00 p.m.

Participants will learn how to start climbing their family tree by using online, printed, and oral tradition resources. The ethics of genealogical research will be discussed as well. Everyone will receive a blank chart to start working on their tree as well as a list of resources to help further their research.

About the Instructor: After working for 40 years as a librarian in college, state, and federal courts, Margie Price is enjoying her time in retirement researching her family history and sharing it with others.

The Misunderstood Shakespeare - Robert L. Harrison, Jr.

Thursday, February 2, 2:00 - 4:00 p.m.

Why do some people think Shakespeare wrote in Old English? Why did men play women's parts? Why did female characters disguise themselves as men? Why were the majority of Shakespeare's love sonnets written for a young man? Why do people think Shakespeare was secretly Catholic? The class will explore these questions and more with Dr. Harrison.

About the Instructor: Robert L. Harrison earned his Ph.D. in Educational Administration from The American University, writing his dissertation on William Shakespeare. He participated in the Folger Shakespeare Library's Teaching Shakespeare 1985 Summer Institute and was an English teacher at Bluefield High School for 19 years. Prior to his retirement he was Dean of the College of Professional Studies and earned the academic rank of professor at West Virginia State University.

Exploring Common Threads - Carolyn Atkinson

Sunday, February 5, 2:00 p.m. - 4:00 p.m. (B'nai Jacob Synagogue, 1599 Virginia Street, East, Charleston, WV)

In a time of hate-filled rhetoric, fear, violence, and unrest, Atkinson believes that unity can be found by listening and learning from one another. In a small step toward understanding, a panel of representatives from Hinduism, Judaism, Catholicism, and Mormonism will demonstrate that although we may have differences, we can embrace diversity as we explore common threads in religious beliefs.

About the Facilitator: Carolyn Atkinson has a BA in psychology from West Virginia University and worked as a litigation paralegal at Robinson & McElwee for over 25 years.

Retirement Planning - Kannathal "Shoba" Sampath

Monday, February 6, 1:00 p.m. - 3:00 p.m.

This class will offer financial planning information, including techniques to help accumulate, protect, and distribute financial assets to and through retirement.

About the Instructor: Shoba Sampath graduated from the University of Charleston as the valedictorian with a Bachelor's degree in Finance. After working in a cardiac surgical practice as the office manager for two decades, she obtained series 7 and 66 licenses that allow her to work in the financial industry. She obtained Certified Financial Planner and Chartered Financial Consultant designations and has been working with AXA since 2003.

Tour the TV Station 101 - Terry Burhans

Tuesday, February 7, 11:30 a.m. - 12:15 p.m. (1301 Piedmont Rd., Charleston, WV)

Get a behind-the-scenes look of broadcast news at WCHS TV-8 as the team prepares for the noon newscast. Tour the studio, news room, engineering department, and control room and watch the production team in action.

About the Instructor: Terry Burhans is a 45-year veteran of broadcast television and an Emmy Award-winning meteorologist with WCHS TV-8 and Fox 11. He is the host of *Road Trippin'* on TV-8.

Understanding Gifted Children: Common Dilemmas for Grandparents, Parents, and

Educators - Anne Fishkin Thursday, February 9, 1:00 – 2:50 p.m.

My grandchild is identified as gifted, yet why doesn't she excel in school? Or, my child is exceptionally curious, and excels in school - why wasn't he identified as gifted? This course will address some of the unique characteristics and dilemmas of parenting and educating gifted children. We'll look at issues of motivation, encouragement, underachievement, stress, idealism, and friendships as some of the complexities of successful parenting and grandparenting of children who are exceptionally bright.

About the Instructor: Dr. Anne Fishkin was a teacher of gifted and a school psychologist in Oklahoma schools; and an Associate Professor of Special Education at Marshall University Graduate College. She was director of a two-week summer program for bright, underachieving students, and facilitated a 10-session group for parents of gifted children. She continues to teach co-parenting classes for the WV family courts and recently taught at the STEAM summer camp at BridgeValley CTC. She is the Gifted Children's Coordinator for Vandalia Mensa, and actively promotes teamwork, creativity and problem solving for young people through the West Virginia Destination Imagination program.

2x4x1 for MS Office Users - Susan Jenkins

Monday, February 13, 1:00 p.m. - 3:00 p.m.

Two Microsoft Office applications, four tips each, and one customization tip for both. Learn tips and tricks for Microsoft Word and Excel, including how to customize the ribbon and shortcuts for everyday tasks. These tips and tricks apply to the various versions of the products for those who use Word and Excel often.

About the Instructor: Retired from the West Virginia Office of Technology after 15 years as a technology trainer, Susan Jenkins has since worked for Omni Strategic Technologies (formerly ContactPointe), continuing to train others on Office products and other desktop applications.







UPCOMING TRAVEL OPPORTUNITIES

Collette Travel

Canadian Rockies & Glacier National Park August 11 - 17, 2017

Highlights:

Calgary, Head-Smashed-In Buffalo Jump, Glacier National Park, "Going to the Sun Road", Banff, Columbia Icefield

Reservation & Deposit Due: February 11, 2017

America's Music Cities

Featuring Nashville, Memphis, & New Orleans October 13 - 20, 2017

Highlights:

Historic RCA Studio B, Country Music Hall of Fame, Historic Distillery, Grand Ole Opry Show, Ryman Auditorium, Belle Meade Plantation, Graceland, French Quarter, Choice of French Quarter Walking Tour or Panoramic Tour of New Orleans, Swamp Tour, New Orleans School of Cooking

Reservation & Deposit Due: April 17, 2017

Irish Splendor March 3 - 10, 2018

Highlights:

Dublin, Irish Night, Kilmainham Gaol, Blarney Castle, Killarney, Diner's Choice, Dingle Peninsula, Farm Visit, Cliffs of Moher, Whiskey Distillery, Cabra Castle

Reservation & Deposit Due: September 3, 2017

For more information about these trips and others, contact the OLLI office at 304-293-1793.

SHARE YOUR PASSION: TEACH FOR OLLI

OLLI at WVU draws volunteers from all walks of life to teach a wide variety of courses for adults 50 and older. Many OLLI instructors are current and retired teachers, university professors and administrators, business and civic leaders, and other professionals from the community who wish to share their knowledge and passion.

Experience the joy of teaching free of tests and grades. OLLI classes are offered simply for the joy of learning. Members are enthusiastic, engaged, and eager to learn.

Interested in teaching for OLLI? Visit our website at www.olliatwvu.org or call the OLLI office at 304-293-1793 for more information.

OLLI BOARD OF DIRECTORS

(2016-2017)

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OLLI at WVU Charleston Curriculum Committee

Carolyn Atkinson Melora Cann Janet Craig Nancy Daugherty Kay Goodwin Rosa Lea McNeal Fran Simone Debra Sullivan

SUPPORTERS

OLLI at WVU continues to grow as an organization with the unwavering commitment and generosity of our patrons and supporters. We acknowledge and thank the following:

- The Bernard Osher Foundation
- ♦ West Virginia University, President's Office
- ♦ WVU Foundation
- ◆ WVU School of Public Health (SPH)
- ♦ West Virginia Geriatric Education Center
- OLLI Board Members, Committee Members, and Volunteers
- ♦ OLLI \$100K Club
- ♦ Our Distinguished Instructors
- ♦ OLLI Members

OLLI POLICIES

Registration and Attendance Matters

Please be respectful of the time and efforts of our volunteer instructors. It is important to register for the classes that you wish to attend. If you are unable to attend a class for which you are registered, please notify the instructor or the OLLI office.

Weather and Holiday Policy

OLLI members are personally responsible for their own safety and must exercise good judgment when making travel choices in inclement weather. When West Virginia University, Monongalia or Kanawha County Schools are closed for inclement weather, OLLI activities are cancelled. County school delays do not affect OLLI activities. The decision to cancel activities is at the discretion of the Director when a county calls for early dismissal due to the weather. The decision to cancel weekend activities due to weather is at the discretion of the instructor. Registered participants will be notified. The OLLI office observes WVU holidays.

Liability Disclaimer

Individuals acknowledge and assume any and all risk associated with participation in OLLI at WVU activities. OLLI at WVU makes no representation regarding the appropriateness of any activity for an individual. OLLI at WVU disclaims any and all liability for each individual's participation in any activities. If a course involves physical activity, participants are responsible for wearing the proper attire and using the proper equipment (if applicable). It is highly recommended that participants consult their physician before participating in physical activity.

Non-Discrimination Statement

West Virginia University is an Equal Opportunity/Affirmative Action Institution. The University does not discriminate on the basis of race, sex, age, disability, veteran status, religion, sexual orientation, color, or national origin in the administration of any of its educational programs, activities, or with respect to admission or employment.

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Name & billing address of card if different from above

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