

**West Virginia University School of Public health**  
**Graduate Medical Education Policy on Clinical and Educational Work Hours**  
(IR IV.J)

Work hours are defined as all clinical and educational activities related to the program; i.e., patient care, administrative duties relative to patient care, the provision for transfer of patient care, and scheduled activities, such as conferences.

Preventive Medicine residents have no call or weekend responsibilities and work in an ambulatory clinic setting only. Therefore, residents should never work for more than 80 hours per week. Nevertheless, all Preventive Medicine residents are expected to demonstrate full and continuous compliance with all ACGME duty hour requirements. Therefore, the Preventive Medicine Residency Programs have implemented the following measures and policy:

Providing residents with a sound academic and clinical education requires careful planning balanced with concerns for patient safety and resident well-being. Our goal is to enhance the educational experience by allowing the resident adequate time for rest and activities outside the work environment.

Work hours are monitored by the Program Manager through the e-Value online system at [www.e-value.net](http://www.e-value.net) with a copy kept in the resident's file. Residents are responsible for monitoring work hours using the e-Value system, as each month progresses. If they anticipate that they will be over their maximum number of hours by the end of the month, they should report this to the Program Manager, immediately upon discovery, but always in advance of the violation. Upon notification, the Program Manager will check e-Value to validate the hours and, if a violation will occur as a result of the resident working the remainder of the rotation, alternative arrangements will be made to reduce the work hours for the resident to keep them in compliance with the maximum hours that they may work for that month.

Each Program Letter of Agreement provides the start and end time for each day, Monday to Friday, for that rotation. Residents have no obligations for working after hours or on weekends.

In any situation in which a resident believes he/she is being asked or expected to work in a manner which is in conflict with the ACGME requirements, the resident is expected to bring this situation to the attention of the supervisor for that rotation. The supervisor will assess the situation and either state that he/she believes the situation is not a work hour violation or provide coverage for the resident's responsibilities to avoid a conflict. If the resident does not believe the matter is resolved, he/she should contact the Program Director or Program Manager.

- Work hours do not include study, reading and preparation time spent away from the duty site.
- Work hours must be limited to 80 hours per week, averaged over a four-week period, inclusive of all moonlighting.

- Moonlighting must not interfere with the ability of the resident to achieve the goals and objectives of the educational program, and must not interfere with the resident's fitness for work nor compromise patient safety

<http://www.acgme.org/Portals/0/PFAssets/ProgramRequirements/380PreventiveMedicine2018.pdf?ver=2017-10-03-110315-643>

Approved by GMEC February 5, 2016

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