



West Virginia University®

OSHER LIFELONG LEARNING INSTITUTE



OLLI @ WVU

Your Next Adventure Begins Here!

Fall 2019 Morgantown Course Catalog
October - December
www.olliatwvu.org

About OLLI at WVU

The Osher Lifelong Learning Institute at West Virginia University, known as OLLI at WVU, provides programs and educational opportunities designed for adults 50 and over.

OLLI at WVU, a membership organization affiliated with the School of Public Health, recognizes the unique experiences, capabilities, and wisdom of mature members of the community. OLLI at WVU emphasizes the sharing of ideas through peer learning, member participation, and collaborative leadership.

During four terms each year, OLLI at WVU offers courses, lectures, seminars, and field trips in such areas as music, literature, art, science, politics, nature, history, health, medicine, technology, and economics. Live drama, movies, and interest groups add to the choices.

Courses are developed and taught by volunteers from the community who are passionate about their topics, avocations, and interests and who love to share their ideas.

Free from the pressures of tests and grades, OLLI members are learning simply for the joy of it.

Supporters

OLLI at WVU continues to grow as an organization with the unwavering commitment and generosity of our patrons and supporters. We acknowledge and thank the following:

- The Bernard Osher Foundation
- West Virginia University, President's Office
- WVU Foundation
- WVU School of Public Health (SPH)
- OLLI Board Members, Committee Members, and Volunteers
- OLLI \$100K Club, Donors, and Sponsors
- Our Distinguished Instructors
- OLLI Members

The Bernard Osher Foundation

The Bernard Osher Foundation seeks to improve quality of life through the support of lifelong learning institutes such as OLLI at WVU. The Foundation was founded in 1977 by Bernard Osher, a respected businessman and community leader. The Foundation has now funded 123 Osher Lifelong Learning Institutes on campuses of colleges and universities from Maine to Hawaii. Funding for OLLI is contingent upon membership growth goals, so **membership matters**. To learn more about The Bernard Osher Foundation, please visit their website at www.osherfoundation.org.

OLLI Board of Directors (2019-2020)

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| | |
|---|-----------------------|
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Michelle Klishis, Professional Technologist
Diane Cale, Program Assistant

OLLI stimulates one's mind with great courses and provides social interaction to enliven the whole person.

- OLLI member

From Our President

Greetings!

It's that time of year again—trees are ready to turn color, WVU students are still learning how to drive, and registration for the OLLI Fall term is upon us.



It's always a treat to see what is being offered—which previous instructors are back with new courses, what new instructors are planning for us, and what special events and field trips are on the horizon. You can check it all out in this catalog.

When it comes to OLLI, I often think of a song

from *Cabaret*, (but with slightly altered lyrics:)

“What good is sitting alone in your room?
You can learn something new!
Life is a cabaret, old chum.
Come take a class or two!”

See you soon!

- Ed Johnson
President, Board of Directors
OLLI at WVU

From Our Director

We have all followed different paths in life. Some of us pursued higher education and earned academic degrees, some became apprentices and built careers in the trades, some found employment and satisfaction in the service industry, while others focused on raising a family. Some of us followed more than one path. Although it comes in many different forms, one thing we all have in common is learning.



Learning is a lifelong process. For most of us, our childhood and young adult years were naturally a period of growth fueled by learning, from learning to walk and talk to going to school and landing a first job. Formal education in middle-adulthood was frequently sought out of necessity in order to fulfill specific career, family, and/or life goals. As older adults, we finally find ourselves with the time to pursue our personal interests and curiosities.

OLLI at WVU offers this opportunity. Free from the pressure of exams and grades, this is learning simply for the fun of it. OLLI welcomes all older adults, regardless of educational background, who wish to learn something new, experience a new adventure, discover a new interest, return to a once-forgotten passion, share their wisdom, and expand their horizons. We have a seat waiting for you!

Jascenna Haislet
Director, OLLI at WVU



Everyone is welcome at OLLI at WVU!

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Be an OLLI Ambassador!

**Our members are our best recruiters.
Share your OLLI experience with a friend.**

Bring a friend to a class *(please pick up a guest pass from the office)*

Offer a catalog

Suggest a membership*

Give a gift certificate *(available in the OLLI office)*

*If you refer a friend who purchases a new membership, you will be entered in a drawing to receive a **free term of OLLI courses**. The referral must be confirmed by the new member.

OLLI Membership

Membership is open to curious adults interested in programming designed specifically for those 50 and over who want to engage socially and intellectually.

The Benefits of OLLI Membership

- The opportunity to learn and to meet new friends.
- Discounts on travel and various events around the community.
- At least one free Special Member Event per term.
- Access to the OLLI collection of Great Courses DVDs and books.
- Access to OLLI Member Lounge and Computer Lab.
- Quarterly OLLI Connections newsletter and weekly email bulletin.
- A voice in OLLI governance and invitation to the OLLI Annual Meeting.
- The right to run for the OLLI Board or serve on a committee.
- The right to be added to a course wait list.
- Free parking at the Mountaineer Mall.
- Financial assistance for registration fees.

**Annual membership
is \$30**

Membership year runs
July 1st to June 30th.

Term Registration Fee

- OLLI members may register for **unlimited courses for \$30 per term**.
- Other fees may apply and are noted on individual courses, events, or groups.
- **Special Member Events are free** to all current OLLI members unless otherwise noted.

Discounts are available for our volunteer instructors.

Contact the OLLI office at 304-293-1793 for more information.

Financial Assistance Available

OLLI at WVU tries to keep fees to a minimum while providing the highest quality experiences to our members. However, we recognize that membership and registration fees may be out of the reach of some individuals. Therefore, scholarships are available. To apply, ask for a confidential application at the OLLI office or fill out the form on our website at www.olliatwvu.org.

How to Register

Fall term runs September 30th through December 31st. Most programming is scheduled between September 30th and November 9th. To register, you must have a current membership and have paid the required fees for the term.

Individuals may purchase or renew a membership and register for classes in any of the following ways:

- Online at www.olliatwvu.org using Augùsoft Lumens.
See page 26 for detailed instructions to register online.
- In person at the OLLI office at the Mountaineer Mall in Morgantown.
- By mail, using the enclosed membership/registration form.

Mail the form to:

OLLI at WVU
PO Box 9123
Morgantown, WV 26506-9123

Please make checks payable to the WVU Foundation.

If you pay with a credit or debit card, the charge will show as: Nesius West Virginia Treasury Basics

Fall Registration begins September 11, 2019

Registration & Attendance Matter

We understand that plans change, especially when you're asked to commit to something several weeks in advance. However, it is important to register for the classes that you wish to attend. Enrollment records help us demonstrate our members' active participation in the program when seeking funding from grant-makers and policy-makers. Also, we occasionally have classes which fill quickly so one that you wish to attend may already have a waiting list.

If you are unable to attend a class for which you are registered, please notify the OLLI office. Another person may be anxiously awaiting your cancellation so that he or she may participate in the class.

Please be respectful of the time and efforts of our volunteer instructors and your fellow OLLI members.



Look for this icon next to the course titles beginning on page 16!

This indicates that the instructor is a member of the OLLI Honor Roll and has taught at least 10 courses and 60 class session hours. If more than one instructor is listed, the Honor Roll member is in **bold**.

Mark Your Calendar!

Other Important Dates

| | |
|------------------|--|
| Oct. 11 | OLLI Board Meeting |
| Nov. 8 | Winter Course Proposals Due |
| Nov. 8 | OLLI Board Meeting |
| Nov. 27-29 | Thanksgiving Holiday, OLLI office closed |
| Dec. 13 | OLLI Board Meeting |
| Dec. 23 - Jan. 1 | Winter Holiday, OLLI office closed |
| Jan. 6 | Winter Registration Begins |
| Jan. 8 | OLLI Open House |
| Jan. 10 | OLLI Board Meeting |
| Jan. 21 | Winter Term Begins |
| Jan. 21 | Spring Course Proposals Due |

Your OLLI Name Badge

OLLI provides a name badge on a lanyard for each of our members. Please wear your badge when you attend OLLI classes and events. It helps us get to know each other!

New members can pick up their name badge in the member lounge and then keep it. If you need a new badge, please visit the OLLI office.

Contact Us

Physical Address:
Osher Lifelong Learning Institute
at West Virginia University
Mountaineer Mall, Suite C-17
5000 Green Bag Rd.
Morgantown, WV 26501

Mail Address:
OLLI at WVU
PO Box 9123
Morgantown, WV 26506-9123

(304) 293-1793
www.olliatwvu.org
Email: olli@hsc.wvu.edu
Like us on Facebook at
Osher Lifelong Learning at WVU

OLLI Office Hours

9:00 a.m. - 5:00 p.m.
Monday - Friday
Closed Saturdays, Sundays,
and University holidays

Can't make it to your class?

Please call the OLLI office
at 304-293-1793
to let us know so we can
open your seat to
someone on the wait list!



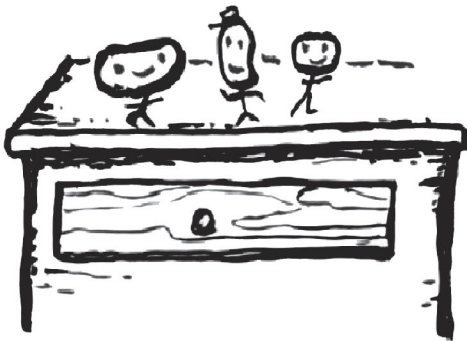
The Village at Heritage Point

Inspired senior living in the heart of Morgantown

**The Village at Heritage Point is proud
to be a sponsor of OLLI at WVU.**

Please call 304-285-5575 or
visit www.Heritage-Point.com

The Bean Counter: all beans considered



**Supporting OLLI at WVU
and healthy aging
through healthy food options.**

822 Kingwood Pike Morgantown, WV 26508
(304) 292-5974
gfbrown2@frontier.com

Want to join the growing list of
OLLI business partners and
sponsors?

Contact Jascenna Haislet, Director,
at jascenna.haislet@hsc.wvu.edu



Harmony

at Morgantown

***Supporting OLLI at WVU
& lifelong learning in Morgantown***

Harmony at Morgantown
(304) 212-4939
harmonyatmorgantown.com

What Will Your Legacy Be?

Lifelong learners value education - for themselves and others.

Osher Lifelong Learning Institute (OLLI) at WVU exists because of the unique experiences, capabilities, and wisdom of mature members of the community.

Daily we see the educational and social impact OLLI has on members. Funded through membership fees, donations, and grants, OLLI benefits from the generosity of like-minded lifelong learners. Each gift allows meaningful work that would not have happened otherwise.

Your consideration of a gift today or in the future for OLLI at WVU will benefit the programs and help secure your OLLI legacy.

Every gift has an impact.

Giving Today

- Give an **IRA gift**. Giving directly from your IRA, i.e., “charitable IRA rollover,” to OLLI is considered part of your required minimum distribution (RMDI), yet is not reported as income for tax purposes nor do you receive a charitable income tax deduction.
- Donate **securities**, i.e., stocks. You avoid capital gains taxes on the increased value.
- Give a gift that provides income to you. By **giving an asset (e.g., cash or securities/stocks) away**, it is possible to receive payments for your lifetime with a higher rate of return than you may be receiving now.
- Of course, **cash** is always an option.
- Give from a **donor-advised fund**. Gifts from these funds can also benefit OLLI at WVU.

With a variety of giving options, you can choose the gift that works best for you!

For more information, contact
Karen Galentine (kegalentine@hsc.wvu.edu) at 304-293-1828
or the OLLI office at 304-293-1793.

To give today, visit <http://olliatwvu.org/make-a-gift/>
or add your tax-deductible donation
to the enclosed class registration form.

*Thank you for your continued support of lifelong learning
and OLLI at WVU.*

Giving Tomorrow

- Provide a gift in your will (bequest), trust, or estate plan.
- Provide a gift through your retirement account, including IRA/Roth IRA or pension plan. List OLLI at WVU as a beneficiary or contingent beneficiary on plan documents.
- Donate a life insurance or annuity policy by listing OLLI at WVU as a beneficiary or as owner and beneficiary on plan documents.

Over the past three years, OLLI has been working to incorporate improved technology into our operations and create a stronger online presence. By doing so, we are working to provide a better experience for our members while reducing our carbon footprint. Below are some of the resources available to OLLI members. If you have questions or need assistance accessing these resources, please call the OLLI office at 304-293-1793.

Email

OLLI does not share your email address with anyone. We use your address only to inform you of important OLLI information and upcoming events. Be sure you're signed up for our email list so you don't miss any special news, messages from your instructors, receipts for registration, and more.

OLLI Website

The OLLI@WVU website (<https://olliatwvu.org>) is your resource for a great variety of information about our program, including class schedules, OLLI news, class handouts, FAQs about teaching, the OLLI member handbook, travel opportunities, minutes from board meetings, and much more. You can also access our registration site, <https://wvusph-olli.augusoft.net/>, from olliatwvu.org.

Friday E-bulletin

Every Friday morning, we send out a weekly email bulletin to let you know about upcoming events, as well as a digest of the next week's classes, meetings, and events. We strongly encourage you to join our Email ListServ so you're always in the know.

OLLI on Facebook

Follow OLLI on Facebook at Osher Lifelong Learning Institute at WVU. Find out when the latest catalog will be available online, see pictures from classes, learn about special events, and read interesting articles from a variety of sources.

Online Registration

You can register for your classes online at <https://wvusph-olli.augusoft.net/>. Instructions can be found on page 26.

If you've forgotten your username, that's ok! If you've forgotten your password, that's also ok! There are links for recovering both on our website, so as long as you know your email address, you can get back in.

This online registration system has allowed us to do away with paper receipts, so your receipts are sent directly to your inbox. Please double check to make sure your email address is correct in our system!

Please note that this portion of the WVU OLLI website is run by an outside vendor (Augusoft), so the URL (web address) will be different for online registration than for the main OLLI website.

Class Materials Online

We have created an online repository for class handouts: <https://olliatwvu.org/for-members/member-resources/document-repository/>. This page contains course handouts that instructors have given permission for posting, as well as technology-related handouts we hope you will find useful.

The technology handouts have hyperlinked indexes (so you can just click on a link to jump to the bit you want to learn about) and are regularly updated so you can always access the most up-to-date information we have available.

Go Green!

You can opt out of receiving our printed catalog. All classes and special events are listed on the OLLI registration site, and courses that are added after the catalog goes to print will be there as well. Members who opt out of the printed catalog will receive a PDF (electronic) copy of the catalog as soon as it is sent to the printer, even before it goes out in the mail.



Explore your creativity with OLLI at WVU.

Fall 2019 Schedule at a Glance

| Page # | Class, Instructor | Time | Sessions | Date(s) | Location |
|--------------------------------------|--|------------------------|----------|------------------------------------|----------|
| <u>Monday</u> | | | | | |
| 23 | Microsoft Office: The Basics (Klishis) | 9:30 a.m. - 12:00 p.m. | 1 | Dec. 2 | CL |
| 21 | <i>The New Yorker</i> Discussion Group (Cooper, Racin) | 10:00 - 11:50 a.m. | 6 | Sept. 30 - Nov. 4 | A |
| 17 | Playing the Lap Dulcimer (Werner) | 10:00 - 11:50 a.m. | 6 | Sept. 30 - Nov. 4 | B |
| 25 | Yarn Arts Group | 12:45 - 2:35 p.m. | ongoing | Sept. 30 - Dec. 16 | A |
| 22 | Using Your Apple iPad & iPhone (Anderson) | 12:45 - 2:35 p.m. | 2 | Sept. 30 & Oct. 7 | B |
| 18 | Tick, Tick, Tick...(Long) | 12:45 - 2:35 p.m. | 1 | Oct. 14 | B |
| 15 | Irving Goodman Aging Lecture: Steve Thaxton | 1:00 - 2:00 p.m. | 1 | Sept. 16 | B |
| 21 | <i>The New Yorker</i> Discussion Group II | 3:00 - 4:50 p.m. | 6 | Sept. 30 - Nov. 4 | Other |
| 17 | Writing Right-Brained Poems (Sailer) | 3:00 - 4:50 p.m. | 6 | Sept. 30 - Nov. 4 | B |
| 18 | You Have an Appointment with an AI...(Karshenas) | 3:00 - 4:50 p.m. | 1 | Oct. 21 | A |
| 22 | Advanced Excel (Klishis) | 6:00 - 7:50 p.m. | 2 | Sept. 30 & Oct. 7 | CL |
| <u>Monday & Wednesday</u> | | | | | |
| 21 | Dinosaurs! (Smosna) | 3:30 - 4:50 p.m. | 6 | Sept. 30 - Oct. 16 | A |
| <u>Tuesday</u> | | | | | |
| 23 | Using Microsoft Word (Klishis) | 9:30 a.m. - 12:00 p.m. | 1 | Dec. 3 | CL |
| 18 | Yoga for Wellness (Hnizdo) | 10:00 - 11:50 a.m. | 6 | Oct. 1 - Nov. 5 | MDS |
| 16 | The Best Songs of Tin Pan Alley (Horacek) | 10:00 - 11:50 a.m. | 1 | Oct. 1 | A |
| 24 | The Incas and the Inca Trail (Attfield, Attfield) | 10:00 - 11:50 a.m. | 2 | Oct. 8 & 15 | B |
| 19 | The Vikings (Melby) | 10:00 - 11:50 a.m. | 4 | Oct. 15, 22, Nov. 5 & 12 | A |
| 21 | Understanding Alzheimer's and Dementia (Elavsky) | 10:00 - 11:50 a.m. | 1 | Oct. 22 | B |
| 17 | Opera as Drama (Nelson) | 10:00 - 11:50 a.m. | 3 | Oct. 29 - Nov. 12 | B |
| 14 | Ask a Geek (Klishis) | 12:00 - 1:00 p.m. | 5 | Oct. 8, 22, Nov. 12, 26, & Dec. 10 | CL |
| 20 | What the Ancients Knew, Part II (Reddy) | 12:45 - 2:35 p.m. | 2 | Oct. 1 & 8 | B |
| 16 | The Best of Country Music (Paull) | 12:45 - 2:35 p.m. | 6 | Oct. 1 - Nov. 12 | A |
| 19 | The Monongah Mine Explosion (Prezioso, Paull) | 12:45 - 2:35 p.m. | 1 | Oct. 22 | A |
| 19 | Fun with Shakespeare's Sonnets...(Almasy) | 12:45 - 2:35 p.m. | 2 | Oct. 22 & 29 | B |
| 22 | Facebook (Klishis) | 12:45 - 2:35 p.m. | 1 | Nov. 5 | B |
| 16 | Basic Watercolors (Witt) | 1:30 - 4:00 p.m. | | Oct. 1 - Dec. 17 | MAAG |
| 20 | Share More Stories (Rosenbluth) | 3:00 - 4:50 p.m. | 3 | Oct. 1 - 15 | A |
| 24 | Special Places: Famous Places, Part IV (Johnson) | 3:00 - 4:50 p.m. | 2 | Oct. 29 & Nov. 5 | A |
| 17 | MonRiver New Horizons Band (Gossett) | 4:00 - 5:50 p.m. | 6 | Oct. 1 - Nov. 5 | B |
| <u>Wednesday</u> | | | | | |
| 23 | Using Microsoft Powerpoint (Klishis) | 9:30 a.m. - 12:00 p.m. | 1 | Dec. 4 | CL |
| 19 | Mission Unaccomplished...(Hammersmith) | 10:00 - 11:50 a.m. | 2 | Oct. 2 & 9 | CR |
| 20 | The Mind (not mine) of the Mystic (Super) | 10:00 - 11:50 a.m. | 1 | Oct. 16 | A |
| 19 | American Automobile: A Brief History (Colvin) | 10:00 - 11:50 a.m. | 4 | Oct. 16 - Nov. 6 | B |
| 18 | Basic Nutrition and Food Safety at Home...(Brown) | 10:00 - 11:50 a.m. | 1 | Oct. 23 | A |
| 14 | Assistive Technology...(Britt, Cumpston) | 10:00 - 11:50 a.m. | 1 | Nov. 6 | A |
| 16 | A History of Film, Part II (Held) | 12:45 - 2:35 p.m. | 6 | Oct. 2 - Nov. 6 | A |
| 20 | A Taste of Wine...of Italy (Craig, Porter) | 12:45 - 2:35 p.m. | 1 | Oct. 9 | B |
| 17 | Personal and Family History Writing Projects (Sielen) | 12:45 - 2:35 p.m. | 2 | Oct. 16 & 23 | B |
| 17 | Old Time Radio Shows (Haislet) | 3:00 - 4:50 p.m. | 8 | Oct. 2 - Nov. 20 | B |
| 15 | Old Time Radio Shows Performance | 3:30 - 4:50 p.m. | 1 | Nov. 20 | B |
| 15 | Phipps Conservatory Winter Flower Show & Light Garden | 5:00 - 11:00 p.m. | 1 | Dec. 11 | FT |

Fall 2019 Schedule at a Glance

| Page # | Class, Instructor | Time | Sessions | Date(s) | Location |
|-----------------|---|------------------------|----------|------------------|----------|
| Thursday | | | | | |
| 15 | Rock & Roll Hall of Fame | 8:00 a.m. - 8:00 p.m. | 1 | Nov. 14 | FT |
| 23 | Using Microsoft Excel (Klishis) | 9:30 a.m. - 12:00 p.m. | 1 | Dec. 5 | CL |
| 22 | Classroom AV Training (Klishis) | 10:00 - 11:50 a.m. | 1 | Sept. 19 | ALL |
| 25 | Writers' Interest Group | 10:00 - 11:50 a.m. | ongoing | Oct. 3 - Dec. 19 | A |
| 20 | Old Testament Rituals...(Hampl) | 10:00 - 11:50 a.m. | 6 | Oct. 3 - Nov. 7 | B |
| 16 | Great Hits and Albums of 1967 (Wendell) | 12:45 - 2:35 p.m. | 6 | Oct. 3 - Nov. 7 | A |
| 16 | An Introduction to Self-Publishing (Sielen) | 1:00 - 2:50 p.m. | 1 | Oct. 17 | Other |
| 23 | Mail Merge & a Look at OneNote (Klishis) | 1:00 - 3:00 p.m. | 1 | Dec. 5 | CL |
| 22 | Technology Security (Klishis) | 1:00 - 4:00 p.m. | 1 | Oct. 3 | CL |
| 24 | Special Places: Famous Places, Part IV (Johnson) | 3:00 - 4:50 p.m. | 2 | Oct. 3 & 10 | B |
| 20 | Divine Comedy (Swanson) | 3:00 - 4:50 p.m. | 5 | Oct. 3 - 31 | A |
| 24 | Arctic Trip on a Vintage Ship (Venable) | 3:00 - 4:50 p.m. | 1 | Oct. 17 | B |
| 21 | Military Propaganda (Swanson) | 3:00 - 4:50 p.m. | 1 | Nov. 7 | A |
| 18 | Festive Holiday Fare (Gay) | 6:00 - 7:50 p.m. | 1 | Oct. 10 | Other |
| 24 | Arctic Trip on a Vintage Ship (Venable) | 6:00 - 7:50 p.m. | 1 | Oct. 17 | B |
| Friday | | | | | |
| 14 | Heritage Farm Museums & Village | 7:30 a.m. - 7:00 p.m. | 1 | Oct. 25 | FT |
| 16 | Fall Film Forum: (Held) | 12:45 - 4:00 p.m. | 8 | Oct. 4 - Dec. 6 | B |
| Saturday | | | | | |
| 18 | Introduction to Tai Chi and Qigong (Koehler, Pollard) | 10:00 - 10:50 a.m. | 6 | Oct. 5 - Nov. 9 | B |
| 25 | Tai Chi Interest Group | 11:00 - 11:50 a.m. | 6 | Oct. 5 - Nov. 9 | B |
| Sunday | | | | | |
| 24 | Take a Hike (Klishis) | TBA | 1 | Oct. 13 | Other |
| 14 | Team Trivia | 2:00 - 4:00 p.m. | 1 | Nov. 10 | B |

Classroom Key

All classes are held in the Mountaineer Mall in Morgantown, unless otherwise stated.

A - Classroom next to the OLLI office.

B - Classroom under the OLLI sign.

CL - Computer Lab, first door on the left down the hall next to B, near the restrooms.

CR - Mountaineer Mall Community Room, next to Senior Monongalians.

FT - Meet outside of Mountaineer Mall South Entrance doors.

MAAG - Morgantown Art Association & Gallery, Mountaineer Mall.

MDS - Morgantown Dance Studio, Mountaineer Mall.

Other - See course description for location.

OLLI members may enroll for any OLLI class, regardless of class location.

Special Member Events and Opportunities

***Special Member Events, unless otherwise noted, are free or discounted for current OLLI members!
Payment of term enrollment fee is not required.***

Ask a Geek

Michelle Klishis

Tuesdays, October 8, 22, November 12, 26, & December 10
12:00 - 1:00 p.m.

OLLI Computer Lab

Sometimes you have questions about technology that don't fit into a specific class or course or maybe you just have something that is driving you crazy. For those times, OLLI's Professional Technologist, Michelle Klishis, has created a regular technology question & answer session.

Be aware that sometimes the answer is "No, you can't do that," and sometimes the answer is, "I don't have a clue." As long as you're okay with getting "No" for an answer, Michelle is willing to field any and all questions. Also, feel free to send an email ahead of time if you think your question is going to be really complicated or beyond the scope of an hour-long session. Reach out to olli@hsc.wvu.edu with the subject Geek Question.

No question is too small or too silly to answer! And even if you think you don't know enough to ask your own question, you can usually learn a lot listening to someone else's questions! And Michelle can always ramble on about any tech topic if you get her started.

As a warning, Michelle's strengths are Android phones, Windows PCs, MS Office software, and digital security and privacy. Her weaknesses are Apple products and AV equipment. (i.e., Apple questions are most likely to be answered, "I don't know; I'll have to look into it.")

Heritage Farm Museums & Village

Friday, October 25, 7:30 a.m. - 7:00 p.m.
Huntington, WV

OLLI members: \$75 Non-members: \$82

Reservation deadline: Oct. 9. Payment due at the time of reservation. No refunds after Oct. 9.

Opened in 2006, Heritage Farm Museums and Village is home to more than 25,000 square feet of Appalachian artifacts in seven museums, dedicated to Progress, Industry, Transportation, Children's Activity, Bowe's Doll & Carriage, Country Store, and Heritage Museum. There are also hiking trails, artisan workshops, and re-enactions bringing Appalachian history to life. Join OLLI on a bus trip to Heritage Farm, where you will enjoy a two-hour guided tour, catered lunch, and time to explore on your own.

Assistive Technology:

Devices That May Make Life Easier

Nicole Britt, Doug Cumpston

Wednesday, Nov. 6, 10:00 - 11:50 a.m.

Classroom A

This course will be an informative discussion about assistive technology available to West Virginians. The instructors will bring a variety of devices to show regarding hearing, vision, mobility, and recreation. There will be discussion about the state-wide free lending library and sub-contractors within the state.

About the Instructors: Nicole Britt has a degree in Sociology/Psychology and is a Paralegal. She has worked for 25 years in these fields with mental health agencies, substance abuse treatment centers, Assertive Community treatment teams, and with Title XIX Waiver services for those with developmental disabilities and community living. She became a member of the WVATS (West Virginia Assistive Technology System) team in June. Doug Cumpston has a criminal justice education with a history of working in mental health and disabilities services. He has been with WVATS for two years and has further education with Agribility and its technology. He is certified with JAWS (screen reader technology) and has ATP certification. He has presented nationally at AUCD and Farm Aid and locally at the botanic gardens.

Team Trivia

Sunday, November 10, 2:00 - 4:00 p.m.

Classroom B

Do you know what flightless bird is featured on New Zealand's one dollar coin? Join us for a fun afternoon of team trivia to find out! Attendees will form groups of two or three and work together to answer challenging trivia questions. Questions will be from various categories, including science, art, history, geography, transportation, culture, and more. Participants can build their points by guessing correct answers. The team with the most points at the end of the event will receive a prize. Form your own team or connect with another OLLI member at the event. Refreshments will be served.

Rock & Roll Hall of Fame

Thursday, November 14, 8:00 a.m. - 8:00 p.m.
Cleveland, OH

OLLI members: \$70 Non-members: \$77
Reservation deadline: Oct. 28. Payment due at the time of reservation. No refunds after Oct. 28.

The mission of the Rock & Roll Hall of Fame is to engage, teach, and inspire through the power of rock and roll. Dive into the history of the Hall of Fame and hear how inductees are chosen in the 45-minute presentation, *Long Live Rock: The History of the Rock & Roll Hall of Fame*. You'll then have time to explore the exhibits, including the Legends of Rock, the British Invasion, and an Elvis Retrospective.

The All Access Café is open for lunch. We will stop for dinner on the return trip.

Old Time Radio Shows Performance

Wednesday, November 20, 3:30 - 4:50 p.m.
Classroom B

After six weeks of rehearsal, OLLI members enrolled in *Old Time Radio Shows* this fall will share their work in a free performance for their friends and family. Show titles will be announced in October.

Phipps Conservatory Winter Flower Show and Light Garden

Wednesday, December 11, 5:00 - 11:00 p.m.
Pittsburgh, PA

OLLI members: \$40 Non-members: \$47
Reservation deadline: Nov. 21. Payment due at the time of reservation. No refunds after Nov. 21.

OLLI will visit the Phipps Conservatory and Botanic Gardens for a self-guided tour of the Winter Flower Show and Light Garden later in the day this year so we can enjoy the brilliance of the lighted decor. Don't miss this beloved Pittsburgh holiday tradition!

Participants are welcome to bring snacks for the bus trip as we will not be stopping for a meal.



Sharing photos with friends.

Irving Goodman Aging Lecture Series

13th Annual Lecture

Steve Thaxton

Executive Director
National Resource Center for
Osher Lifelong Learning Institutes

Monday, September 16
1:00 - 2:00 p.m.
Classroom B

The National Resource Center (NRC) for Osher Lifelong Learning Institutes is administered by the School of Professional Studies on the downtown Chicago campus of Northwestern University. The NRC serves as the convening center for the network of 123 independent Osher Lifelong Learning Institutes (OLLIs) on university or college campuses throughout all 50 states. The mission of the National Resource Center is to help OLLIs thrive by connecting OLLIs to each other and to resources, collaborating with OLLIs and partner organizations, consulting with OLLI leaders to find solutions, and celebrating the camaraderie and growth of OLLIs and their members.

Steve Thaxton joined Northwestern University School of Professional Studies as the executive director of the National Resource Center (NRC) for Osher Lifelong Learning Institutes (OLLI) in February 2015. He brought over 15 years of senior executive management and leadership experience from the media and broadcasting industry. Mr. Thaxton has led media organizations in change management, program development and multi-platform growth through digital and new media products. He's also served as an advisor and board member for numerous not-for-profit organizations, such as the United Way of Greater Portland, the Salvation Army, Southern Maine Community College and the University of Southern Maine. He earned his MS in adult and higher education from the University of Southern Maine in 2015.

*A Taste of OLLI Fall Open House
will be held following lecture.*

***Community events, hosted by OLLI at WVU,
are free and open to the public.
OLLI membership not required although
reservations are encouraged.***

Basic Watercolors

Susan Hall Witt
Tuesdays, Oct. 1 - Dec. 17
1:30 - 4:00 p.m.
MAAG



Honor
Roll
Faculty

Maximum Enrollment: 15

The class will explore how watercolors work and will apply that knowledge to painting greeting cards and small works. No experience is needed and no supplies are necessary for the first couple of lessons. Participants from previous sessions are welcome as we will expand our knowledge and apply it to more advanced work.

About the Instructor: Susan Hall Witt is a stained glass and watercolor artist. She teaches stained glass for the community schools program and continues to take classes and workshops to improve her skills.

The Best of Country Music

Joe Paull
Tuesdays, Oct. 1 - Nov. 12
12:45 - 2:35 p.m.
Classroom A



Honor
Roll
Faculty

Enjoy the best of country music. Each session will feature a noted country artist, including Willie Nelson, Waylon Jennings, Johnny Cash, Emmylou Harris, Patsy Cline and Jimmy Buffet.

About the Instructor: Dr. Paull has taught in the public schools and the graduate school at WVU.

The Best Songs of Tin Pan Alley

Leo Horacek
Tuesday, Oct. 1
10:00 - 11:50 a.m.
Classroom A



Honor
Roll
Faculty

Tin Pan Alley refers to a period in the first half of the 20th century when many very good popular songs were written. Some of the best composers were George Gershwin, Cole Porter, and Irving Berlin. The class will discuss the texts and hear the music of some of the greatest of these songs.

About the Instructor: Dr. Horacek is a retired professor of the WVU music department.

Fall Film Forum

James Held
Friday, Oct. 4 - Dec. 6
12:45 - 4:00 p.m.
Classroom B



Honor
Roll
Faculty

Our theme for fall is *Coulda, Shoulda... Didn't!* We'll watch another batch of fine films that never played in Morgantown. After a brief introduction to each film, we'll watch the film and then discuss it at the end. Films included are: *Can You Ever Forgive Me?*, *If Beale Street Could Talk*, *On Chesil Beach*, *The Forgiveness*, *The Wife*, *First Reformed*, *The Human Stain*, and *Hotel Mumbai*. Just about all film genres are included. Some have challenging content but all include top acting talent and directors and have moving to heart-shattering stories to tell.

About the Instructor: A lifetime cineaste [film enthusiast], Jim had a prominent role in the film industry, ushering and snack barring in Oceanside, CA, while still in his teens. He went on to live in Los Angeles, so close to Hollywood that he could often be found driving up and down Hollywood Blvd. late at night or stalking Pickwick Books for movie stars.

Great Hits and Albums of 1967

Barry Lee Wendell
Thursdays, Oct. 3 - Nov. 7
12:45 - 2:35 p.m.
Classroom A



Honor
Roll
Faculty

We're moving into 1967, when the music world changes and albums become more important than singles. We'll still have The Beatles and The Beach Boys, but we'll add The Doors, Cream, Aretha Franklin and Jefferson Airplane, among others.

About the Instructor: Barry's most recent classes were *Smokey Robinson* in the summer and *The Great Hits of 1966* last spring.

A History of Film, Part II

James Held
Wednesdays, Oct. 2 - Nov. 6
12:45 - 2:35 p.m.
Classroom A



Honor
Roll
Faculty

Part Two will cover approximately 1918-1939, focusing on the establishment of the studio and star systems, the Golden Age of the great producers and directors, the advent of sound and the establishment of an industry 90% founded by Jewish immigrants from Eastern Europe and Russia. It will cover how the studios influenced the exhibitors and built increasingly gorgeous picture palaces all over the United States and Europe. We'll see more of *The Story of Film*, *An Empire of Their Own*, and watch *Metropolis* and one other feature film TBA.

About the Instructor: See left.

Encore

An Introduction to Self-Publishing

Rae Jean Sielen
Thursday, Oct. 17, 1:00 - 2:50 p.m.
The Village at Heritage Point



Honor
Roll
Faculty

Do you have a novel, poetry book, nonfiction work, family history, travel journal, or memoir "in you" or already written that you'd like to see in print? In recent years, thanks to the Internet, self-publishing has become more accessible and popular. This course is designed for individuals who have wondered about self-publishing a book—for a private or public audience. Come get some big picture information to help you understand the options and what's involved. Main topics areas: 1) what is self-publishing? and 2) how does it work? The course will include Q&A, sample works, and a resource listing.

About the Instructor: Rae Jean Sielen is the co-founder/owner of Populore Publishing Company in Westover. For 20 years she has helped individuals, families, organizations, and businesses with a wide variety of publishing projects. She is especially passionate

The Arts

about encouraging others to preserve their personal and family stories.

MonRiver New Horizons Band

Jason Gossett
Tuesdays, Oct. 1 - Nov. 5
4:00 - 5:50 p.m.
Classroom B

The organization's motto, "It's never too late," means that one is never too old to make music. Founded by Dr. Lindsey Williams in 2016, the MonRiver New Horizons Band gives OLLI members the opportunity to explore the joy of making music. Whether you once played a band instrument but did not continue later in life or never played before, the New Horizons Band will help you tap into the music within.

Course Materials: *Essential Elements Method* book and music stand. Participants must provide their own instrument.

About the Instructor: Jason Gossett is an assistant professor in instrumental music education at West Virginia University where he teaches Instrumental Methods, History and Philosophy of Music Education, Psychology of Music, Percussion Pedagogy, and supervises student teachers. He holds a PhD in Music Education from Pennsylvania State University and a Masters and Bachelors in Music Education from Murray State University.

Old Time Radio Shows

Jascenna Haislet
Wednesdays, Oct. 2 - Nov. 20
3:00 - 4:50 p.m.
Classroom B

Mystery, suspense, drama, or comedy? Participants will choose an old-time radio show to rehearse and perform. No experience necessary.

About the Instructor: Prior to joining OLLI, Jascenna Haislet built a career in professional and academic theatre.

Opera as Drama

Byron Nelson
Tuesdays, Oct. 29 - Nov. 12
10:00 - 11:50 a.m.
Classroom B



The course provides an introduction to and critical analysis of the operas presented in the Met in HD series (shown locally on Saturday afternoons at the Regal Theatre) and the Pittsburgh Opera's Fall 2019 season. The operas for discussion are *Don Giovanni*, *Turandot*, *Manon*, *Madama Butterfly*, *Akhnaten* and *Florenzia en al Amazonas*. The goal of the course is to enrich the enjoyment of the performances, although one need not attend the operas to join the discussion.

About the Instructor: Byron Nelson retired from the English Department of WVU after teaching for 40 years. He has taught classes on Shakespeare, opera, and Broadway musicals for OLLI.

Personal and Family History Writing Projects

Rae Jean Sielen
Wednesdays, Oct. 16 & 23
12:45 - 2:35 p.m.
Classroom: B



Topics for this course will include strategies for organizing material and considerations as you compile, write and produce your work (e.g., sources, voice, truth, scope, photographs, printing/binding). Participants will be able to begin identifying approaches suitable for their own goals, materials, audience, and budget. Handouts will be provided and examples of many completed projects shared. Topics related to commercial publishing ventures such as how to sell manuscripts, find agents, and negotiate contracts will not be covered.

About the Instructor: See page 16.

Playing the Lap Dulcimer

Judy Werner
Mondays, Sept. 30 - Nov. 4
10:00 - 11:50 a.m.
Classroom B



Enjoy learning to play more songs on the Appalachian lap dulcimer. Each week we will focus on different types of songs including fiddle tunes, waltzes, Irish songs, and Stephen Foster songs. No previous musical experience is necessary to learn to play this simple instrument. Lap dulcimers will be available to use during the class.

About the Instructor: Judy Werner has enjoyed playing the lap dulcimer for more than 12 years and she plays in two different dulcimer groups. She likes old-time traditional music and enjoys going to concerts and music festivals. She and her husband co-direct the Gardner Winter Music Festival held every February. She also enjoys playing the tin whistle and the bowed psaltery.

Writing Right-Brained Poems

Susan Sailer
Mondays, Sept. 30 - Nov. 4
3:00 - 4:50 p.m.
Classroom B



Maximum Enrollment: 12

This course may be taken by people who have already written many poems or by those who have written none but want to begin. At each of six sessions, participants will generate a poem, attempting to call upon their associative right brains for images rather than their linear and logical left brains. The instructor will always provide a model poem and exercises to help participants begin and continue their poems.

About the Instructor: Susan Sailer retired from the West Virginia University Department of English in 2000. She has published two books (*The God of Roundabouts* and *Ship of Light*) as well as two chapbooks (*COAL* and *Bulletins from a War Zone*). Her poems have appeared in such journals as *Kakalak 18*, *Minerva Rising*, *Persimmon Tree*, and *Conclave—Justifying the Margins*.

Basic Nutrition and Food Safety At Home and On The Go

Guendoline Brown
Wednesday, Oct. 23
10:00 - 11:50 a.m.
Classroom A

Learn all you need to know about nutrition and food safety; and a little bit more, in 100 minutes; or a little bit less. This course will be a review of some basic facts and concepts to guide you in making smart choices and decisions in a changing world.

About the Instructor: Guen Brown, Professor Emeritus of the West Virginia Extension Service at WVU, holds a PhD in Nutrition and Food Science. She has more than 35 years of teaching and research experience at several universities throughout the country. Guen was national president of the Society for Nutrition Education in 1993.

Festive Holiday Fare

Cindy Gay
Thursday, Oct. 10
6:00 - 7:50 p.m.
Spruce Street Methodist Church
Materials Fee: \$6.50
Maximum Enrollment: 18

Prepare and sample recipes for a holiday gathering: Mexicana Shrimp Kabobs, Spatchcock Poultry, Mozzarella Tomato Basil Salad, Cranberry Wassail. Prepare kabobs, salad and wassail that look and taste exceptional with little hassle. Learn how to spatchcock a bird, reducing the cooking time and providing even cooking of the finished product.

About the Instructor: Cindy Gay, a registered dietitian nutritionist, retired after a 37-year career with WVU Medicine. Since retirement, Cindy has conducted culinary demos at the Morgantown Farmers Market, taught Whole Grains classes throughout the state, and written for the Academy of Nutrition and Dietetics Stone Soup Blog.

Introduction to Tai Chi and Qigong

Bill Koehler, Cecil Pollard
Saturdays, Oct. 5 - Nov. 9
10:00 - 10:50 a.m.
Classroom B
Maximum Enrollment: 18

This course is an introduction to a version of Yang Style Tai Chi as modified and taught by Cheng Manching. In this course, students will learn the basic principles of Tai Chi and how to do the Tai Chi form.

About the Instructors: William Koehler, DMA, has studied and practiced T'ai Chi for over a period of 25 years, including the Chen Man Ching 37 posture Yang style, "Small Space T'ai Chi," and Yang 24 posture form. He studied for five years with Robert Larsen, a student of Chen Man Ching. Cecil Pollard is a semi-retired faculty member from WVU School of Public Health. During his career he has been involved in many community efforts to improve the health of West Virginians by working to increase physical activity, better nutrition, and developing healthier communities. In addition he has taught classes related to community assessment, research methods and data analysis. He has found Tai Chi to be an excellent method to improve his physical well being.

Tick, Tick, Tick....

Karen Long
Monday, Oct. 14, 12:45 - 2:35 p.m.
Classroom B

No...not a course on clock-making, but a discussion of ticks and tick-borne diseases in the U.S. Both are increasing. We'll also look at the geographical distribution and features of the ticks. The diseases, some recently discovered, that ticks can transmit will be briefly described.

About the Instructor: Karen Long is Associate Professor Emerita and retired from the WVU Department of Medical Laboratory Science where she taught clinical microbiology and immunology. She is currently a per

diem technologist in the microbiology laboratory at Monongalia General Hospital and loves to tell others about microbes and infectious diseases. She also teaches travel courses for OLLI members.

Yoga for Wellness

Eva Hnizdo
Tuesdays, Oct. 1 - Nov. 5
10:00 - 11:50 a.m.
Morgantown Dance Studio
Maximum Enrollment: 20



This beginner yoga class is focused on correct body alignment, is well suited for senior practitioners, and is designed to teach participants how to renew vital energy and create physical and mental well-being through regular practice of appropriate yoga poses. Generally, yoga poses increase strength and flexibility of the body and help to relax the mind through controlled breathing and meditation. Regular practice of yoga has a holistic impact on the body.

About the Instructor: Eva Hnizdo, PhD in epidemiology, is an Experienced Registered Yoga Teacher (E-RYT). Since 2006, she has taught yoga at NIOSH where she also worked as a research scientist and at Lakeview Fitness Center. She has been a practitioner of the Iyengar style of yoga since 1976.

You Have an Appointment with an AI: A Crossroad Between Machine and Medicine

Allie Karshenas
Monday, Oct. 21, 3:00 - 4:50 p.m.
Classroom A

With the rapid progression of Artificial Intelligence and cognitive computing, the next generation of Machine Learning (ML) technologies are finding their ways into medicine. The integration of clinical diagnosis and treatments into algorithm-driven ML has created a new set of challenges for physicians and caregivers to rethink the ways they are engaging with the patients and competing against the accuracy of machines in diagnostics and treatment decisions.

About the Instructor: Dr. Allie Karshenas is the Associate Vice President for Research and Institutional Advancements at WVU Health Sciences. He is also the Associate Vice President for Global Relations at WVU Health Sciences. He received his doctoral degree in Diagnostic Medicine and carried out his residency in Clinical Virology. Dr. Karshenas has over 35 years of pharmaceutical and academic experience.

American Automobile: A Brief History

Kenton Colvin

Wednesdays, Oct. 16 - Nov. 6

10:00 - 11:50 a.m.

Classroom B

Honor
Roll
Faculty

Participants will learn about the birth of the automobile and its related industry, the history of automobile manufacturing, the assembly line revolution, the impact of automobiles on society and the U.S. economy, why automobile companies went out of business, the automobile's effect on the railroads, the introduction of tail fins and compact cars, the muscle car era, the introduction of pony cars and 2-seater sports cars, quality concerns, the foreign automobile invasion, the automobiles of today, and much more. Participants will also learn about the impact of WWI, WWII, the Great Depression, the New Deal ('30s), unionization, the interstate highway system, government controls, and other events on the automobile industry.

About the Instructor: Kenton Colvin is retired from WVU Student Life after 18 years. Previously, he spent 26 years in manufacturing management with several corporations. He has taught industrial engineering courses as an adjunct instructor for 25 years and is currently teaching at WVU. He is a member of the Mon Valley Railroad Historical Society and enjoys reading about history.

Fun with Shakespeare's Sonnets (Well, Not All of Them)

Rudolph Almasy

Tuesdays, Oct. 22 & 29

12:45 - 2:35 p.m.

Classroom B

Understandably, OLLI offers few classes in reading literature. But to practice reading and sharing what might be going on in a few Shakespearean sonnets, this two-session class will enable participants to read a few of Will's best known sonnets: "Shall I Compare Thee to a Summer's Day," for example. Rather than talk about biography, the class will see how sonnets are composed and read and what their themes are. The second session would enable participants (who had taken home for "study" a few sonnets) to read aloud and share impressions based on their experiences in the first session.

About the Instructor: Rudy Almasy is a retired professor of English from WVU who taught, among other things, 16th and 17th century English literature, including Shakespeare's plays.

Mission Unaccomplished: Back to the Summit

Jack Hammersmith

Wednesdays, Oct. 2 & 9

10:00 - 11:50 a.m.

Mountaineer Mall Community Room

During the spring, we examined presidential summit conferences, starting with FDR and focusing on wartime strategy and US-USSR relations. Before we ran out of summits, however, we ran out of time. That class ended with Ronald Reagan. In this follow-up course, we will update the story, beginning with George Herbert Walker Bush, who, despite his skill at international diplomacy, was originally reluctant to follow the summit path Reagan and earlier presidents had forged. This two-session class will then selectively cover presidents Clinton, Bush, Obama, and Trump and the proliferation of summit opportunities.

About the Instructor: Jack Hammersmith, a 48 year WVU history department veteran, with appropriate battlefield stories and scars, has tested the patience and good will of many OLLI members in previous classes.

The Monongah Mine Explosion

Roman Prezioso, Joe Paull

Tuesday, Oct. 22

12:45 - 2:35 p.m.

Classroom A

Honor
Roll
Faculty

This course comes about due to a discussion in the spring class titled Bristol Sessions. The Monongah mine disaster occurred on December 7, 1907. This class will provide discussion and photographic evidence of the cause of the explosion and related events. The explosion at a Pennsylvania mine which happened at nearly the same time will also be discussed.

About the Instructors: Roman Prezioso is a former teacher and administrator in the Marion County school system. He is originally from Monongah and is a noted researcher and scholar on the Monongah mine disaster. He currently serves as a state senator. Joe Paull is an OLLI honor roll instructor.

The Vikings

Earl Melby

Tuesdays, Oct. 15, 22, Nov. 5 & 12

10:00 - 11:50 a.m.

Classroom A

Honor
Roll
Faculty

Were the Vikings only barbaric pirates or were they the first modern Europeans? In addition to their pilfering, we will learn about their profound influence on Russia, England, France, Ireland, Iceland, Italy, Greenland, and the Byzantine Empire. The Vikings were excellent craftsmen, artisans, ship builders, traders and explorers. We will also learn about their travels to North America and a settlement in Newfoundland.

About the Instructor: Earl Melby, PhD, is an organic chemist who worked in universities and industry for many

years. He has previously taught OLLI courses on polymers, adhesives, safety of plastics, Vikings, Normans, Kings of England, the French Revolution, Napoleon Bonaparte, famous inventors, and the Churchills.

What the Ancients Knew, Part II: The Greeks, the Romans, and the Egyptians

Sumitra Reddy
Tuesdays, Oct. 1 & 8
12:45 - 2:35 p.m.
Classroom B



Much of the science and technology we see in “modern” times was created by ancient civilizations. What did the ancient Greeks, Romans, and Egyptians contribute? This will be covered in the class with accompanying videos.

About the Instructor: Sumitra Reddy grew up in India and came to the U.S. for graduate studies in physics. She has taught many OLLI classes on a variety of subjects that include the China-India connection through Buddhism, Magic Math, Artificial Intelligence, Musical instruments of India, Sanskrit and Bengali as World languages, travelogues, and more.

Share More Stories

Alan Rosenbluth
Tuesdays, Oct. 1 - 15
3:00 - 4:50 p.m.
Classroom: A



We all have stories--memories of childhood/family, life-changing events, losing loved ones, surprises, and even fantasies. Please read one or several of your stories. Not ready to share? Come listen, then you can contribute later. This is not a writing class--it's just for sharing and having fun.

About the Instructor: Alan Rosenbluth, a retired pharmacy professor and dean, has enjoyed creative writing for more than 25 years. Following retirement in 2001, he attended writing classes and workshops (in WV, NC, and CA) and has written dozens of short stories and memoirs involving sports, grandchildren, strange happenings, and high school memories.

A Taste of the Wine and the Wine Regions of Italy

Bob Craig, Ron Porter
Wednesday, Oct. 9
12:45 - 2:35 p.m.
Classroom B

Materials Fee: \$15.00 (payable day of class)



We will talk about the major wine regions of Italy, consider some of the unique features of the Italian wine industry and, primarily, enjoy tasting some of the excellent examples that will be provided.

About the Instructors: Bob Craig has enjoyed tasting wines from all over and has enjoyed visiting and learning about wines of the world. He has actively participated at OLLI since his retirement. Ron Porter is the wine consultant at Kroger. He will select and provide the wine to be tasted.

The Divine Comedy

Freya Swanson
Thursdays, Oct. 3 - 31
3:00 - 4:50 p.m.
Classroom A



This course will be an examination of Dante's *Divine Comedy* as a means for understanding medieval Christianity's cosmology, and how that architecture shapes modern views of heaven and hell.

About the Instructor: Freya Swanson is an ordained Universalist minister who enjoys teaching OLLI courses on a variety of religious subject matter.

The Mind (not mine) of the Mystic

Joe Super
Wednesday, Oct. 16
10:00 - 11:50 a.m.
Classroom A

What is mysticism? The answer is both simple and complex. In this discussion we will borrow from history, theology, and philosophy to try to arrive at some definition of mysticism, and, as importantly, an understanding of what has driven men and women toward mystical experiences. A brief bibliography of some of the instructor's favorite authors will be available for those who want to further their understanding of mysticism.

About the Instructor: Joe Super is a Professor Emeritus of History who has spent a long time thinking and reading about mysticism.

Old Testament Rituals: Don't Try These at Home!

Joseph Hample
Thursdays, Oct. 3 - Nov. 7
10:00 - 11:50 a.m.
Classroom B



How can you tell if your wife is unfaithful? When is everyone's sin purged from the sanctuary? What is the proper treatment for leprosy? Who should a childless widow marry? The Hebrew Bible provides rituals for these



Rachel Eddy and guest entertain OLLI members with a special members-only performance.

and many other real-life situations Sorry, the instructor cannot accept responsibility for the consequences of compliance.

About the Instructor: Rabbi Joe Hample was born in Buffalo, educated at Harvard, and long employed at Wells Fargo Bank in California. Ordained in 2009, he worked as a full-time prison chaplain before coming to Morgantown in 2012. Now the spiritual leader at Tree of Life Congregation on South High Street, Rabbi Joe seeks to make Judaism accessible to everyone.

Science and Math

Dinosaurs!

Richard Smosna
Mondays & Wednesdays
Sept. 30 - Oct. 16
3:30 - 4:50 p.m.
Classroom A



This course will be everything you ever wanted to know about dinosaurs: who they were, what they looked like, how they behaved, who ate whom.

About the Instructor: Richard Smosna is an emeritus professor at WVU who has taught geology since the Jurassic Period, presenting courses in environmental hazards, history of Earth, dinosaurs, human evolution, oceanography, and petroleum.

Understanding Alzheimer's and Dementia

Megan Elavsky
Tuesday, Oct. 22
10:00 - 11:50 a.m.
Classroom B

This course will provide an overview of dementia, including the types and the presenting features. We will also review the 10 warning signs of Alzheimer's.

About the Instructor: Dr. Megan Elavsky is a clinical pharmacist at the WVU Medicine Department of Family Medicine and is an Assistant Professor with the College of Pharmacy.

Military Propaganda

Richard Swanson
Thursday, Nov. 7
3:00 - 4:50 p.m.
Classroom A

This course is a history and presentation of military propaganda with analysis and will extend to political propaganda. The everyday experience of being subjected to propaganda will be discussed.

About the Instructor: Richard Swanson is a graduate of the Special Warfare School's Unit Officer Propaganda Course. He worked in Vietnam as a propaganda officer and was Chief of the Propaganda Development Center for I Corps. He has a masters degree in counseling and is retired as a Licensed Professional Clinical Counselor.

The New Yorker Discussion Group

Margot Racin, Kristen Cooper
Mondays, Sept. 30 - Nov. 4
10:00 - 11:50 a.m.
Classroom: A



Join us to discuss a range of topics from recent issues of *The New Yorker*. Members of the group choose articles, fiction, and topics to be discussed each week. All viewpoints welcome! A subscription to *The New Yorker* is strongly recommended.

About the Instructors: Margot Racin is retired after 30 years in the WVU English Department. She has coordinated these discussions in previous terms and looks forward to even more stimulating discussions. Kristen Cooper is a publicist with experience in the publishing industry at magazines including *The New Yorker*, *Better Homes & Gardens*, *Travel & Leisure*, and *House & Garden*.

The New Yorker Discussion Group II

Ann Davidson
Mondays, Sept. 30 - Nov. 4
3:00 - 4:50 p.m.
The Village at Heritage Point

This class will be held at Heritage Point, but all OLLI members are welcome to attend. The class will choose which articles to discuss. Many are pertinent to current affairs and others are just interesting. A subscription to *The New Yorker* is not necessary. Come join us!

About the Instructor: Ann Davidson is retired from 20+ years in medical research at WVU. She was introduced as a teenager to *The New Yorker* by her parents and has enjoyed the articles ever since.



Touring the WVU Art Museum.

Technology and Training

Unless otherwise noted, the classes will be taught by Michelle Klishis, OLLI's professional technologist. Michelle is a jack-of-all-trades and certifiable geek. Her degree in biology and work in a microbiology lab gave her absolutely no preparation for becoming a technology consultant, yet here we are. When not in front of computers, she is likely to be found reading or hiking (current accomplishment: hiking all of the state parks and forests in WV).

Advanced Excel

Mondays, Sept. 30 & Oct. 7
6:00 - 7:50 p.m.
OLLI Computer Lab

Maximum Enrollment: 14

Skill Level III

Fee: \$30 for non-OLLI members

Microsoft Excel is an amazing program that does more things that you might imagine, so it has an overwhelming array of functions and formulas. This class will show you a few basic things that can make your use of Excel easier and more efficient.

For this course you will be expected to be comfortable using the Excel program, including navigating the Office suite, and being able to use tools like autosum, autofill, paste special, and basic filtering.

This class will go over the basics of conditional formatting, time & date calculations, if and count statements, headers & footers, making and formatting charts, and a few other things as time permits, which should allow you to quickly and easily get your workbooks to give you the information you need.

Facebook

Tuesday, Nov. 5, 12:45 - 2:35 p.m.
Classroom B

Skill Level I

If you are on any form of social media, you are probably on Facebook. And even if you're not on Facebook, you have almost certainly heard about all the problems Facebook is having with privacy laws and governments around

the world. Facebook is in many senses a monopoly, and we are stuck playing in their sandbox, so in this class we'll discuss some of the problems with Facebook, as well as what you can do to help protect your privacy. This class will NOT be held in the computer lab, so you will need to bring your laptop or tablet to class if you want hands on assistance in changing your Facebook settings.

Technology Security

Thursday, Oct. 3, 1:00 - 4:00 p.m.
OLLI Computer Lab

Maximum Enrollment: 14 *Encore*

Skill Level I

"If you are not paying for it, then YOU are the PRODUCT." As more of our lives becomes digitized, it's important to make sure you are being safe with your electronic gadgets and online information. Anti-virus, malware, hacking, identity theft; all of these things make computers and smart phones sound terrifying, but there are simple steps you can take to make your data more secure, and to feel more comfortable surfing the web and shopping online.

Using Your Apple iPad/iPhone

Taylor Anderson
Mondays, Sept. 30 & Oct. 7
12:45 - 2:35 p.m.

Classroom B

Maximum Enrollment: 16 *Encore*

Skill Level I

This course covers iOS 11 for the iPhone and iPad. We'll look at features of this state-of-the-art operating system and the incredibly useful devices on which it runs. We'll explore the basic knowledge and skills you'll need to use your device effectively and efficiently, like the various gestures you use to control the operating system and how to find and install third party apps.

About the Instructor: Taylor Anderson is a senior at WVU studying multidisciplinary studies with areas in human services, child development and family studies, special education, military science, and strategic social

media. In her spare time, she enjoys volunteering for Stepping Stones and On Eagles Wings. Her interest in teaching for OLLI stemmed from wanting everyone to have the capabilities of using modern technology.

*Free to all
OLLI instructors
& members.*

Classroom AV Training

Thursday, Sept. 19,
10:00 - 11:50 a.m.
Classrooms A, B, CL
Skill Level I

This hands-on workshop is open to all instructors and members interested in learning about the equipment and technology available in the OLLI classrooms. New ideas are welcome as we develop quick reference sheets and instruction manuals. Want to teach or host a course and concerned about the technical side? This workshop is for you!

Technology Skill Level Key

Level I

No experience necessary. We'll go slowly so you can ask lots of questions. If you fear technology, this is the place for you.

Level II

Still plenty of time for questions but you'll be expected to have a basic understanding and familiarity with the operating system and generally how programs within the operating system work.

Level III

This is no place for the faint of heart. You should be comfortable with navigating the operating system and using programs within that operating system. There will probably be prerequisites.

OLLI Computer Camp with Michelle Klishis

Encore

OLLI is offering the Microsoft Office series all in one week this fall, December 2 - 5. Classes will meet in the computer lab. The maximum enrollment is 14 for each class.

**Honor
Roll
Faculty**

Microsoft Office: The Basics

Monday, Dec. 2, 9:30 a.m. - 12:00 p.m.

Skill Level I

The course will take you through commands that are common to all programs in the Microsoft Office suite. We'll look at using the ribbon, shortcuts, formatting text and documents, adding images and more. Even if you have used Microsoft Office in the past, you will still walk out of this class learning something you didn't know.

This class is a required prerequisite for the rest of the Microsoft Office suite.

Using Microsoft Word

Tuesday, Dec. 3, 9:30 a.m. - 12:00 p.m.

Prerequisite: Office Basics

Skill Level I

This class will look at making Microsoft Word do what YOU want it to do (instead of Word making you fit into its preferences). We'll cover tricks of moving around and selecting text, how to format the text and layout of a document, as well as using tables and columns. We'll even look at page numbering and tables of contents, all of which allow you to create a document you can be proud of!

Using Microsoft PowerPoint

Wednesday, Dec. 4, 9:30 a.m. - 12:00 p.m.

Prerequisite: Office Basics

Skill Level I

If you'd like to teach an OLLI class—or make the class you do teach even better—PowerPoint is the most common tool for giving presentations. This class will show you how to make a slide show, and the tools that exist within PowerPoint that will make giving your presentation easier. We will also look at how to use PowerPoint to make a photo album—an automatic slide show that displays pictures, such as you might see at a family reunion or wedding.

Using Microsoft Excel

Thursday, Dec. 5, 9:30 a.m. - 12:00 p.m.

Prerequisite: Office Basics

Skill Level II

Excel is Microsoft's spreadsheet program, which makes it sound like something for business use only, but Excel is really an amazing organizational tool or information. Some things you can use Excel for: address books, tracking daily exercise, maintaining a budget, or even creating a database to keep track of all the books you buy for kids.

Mail Merge & a Look at OneNote

Thursday, Dec. 5, 1:00 - 3:00 p.m.

Prerequisites: Microsoft Word, Microsoft Excel

Skill Level II

If you've ever had to send a letter to multiple people—or to address envelopes for a mass mailing—you know how time consuming it can be. Mail merge is a way to take a list of names and addresses and automatically insert them into letters or mailing labels. We'll also take a quick peek at OneNote, Microsoft's notebook program—possibly the most underused but useful program MS has ever created.



OLLI members enjoy hands-on learning opportunities.



OLLI classes are engaging.

Offered Twice

Arctic Trip on a Vintage Ship

Wallace Venable
Thursday, Oct. 17
3:00 - 4:50 p.m. & 6:00 - 7:50 p.m.
Classroom B



Cruising the coast and fjords of Norway has become more popular recently. In reality, the Hurtigruten (coastal express) boats have been carrying tourists as well as mail and freight far north of the Arctic Circle for more than a century. In May, Wally and Norma made the Hurtigruten 11 day round trip cruise from Bergen to Kirkenes. They chose to take one of the last cruises on the Lofoton, a 50+ year old ship handling cargo with cranes, and carrying only about 120 passengers. They talked and dined with American, Swiss, German, French, British, and Scandinavian passengers and took lots of pictures.

About the Instructor: Wally Venable has been cruising inland and coastal waters in a wide variety of boats, ships, and countries for about 50 years.

The Incas and the Inca Trail

Michael Attfield, Hilary Attfield
Tuesdays, Oct. 8 & 15
10:00 - 11:50 a.m.
Classroom B

The class will provide some history of the Incas, including their remarkable empire and their conquest by the Spanish. The main focus will be a hike on the Inca Trail to Machu Picchu undertaken by the instructor and Hilary Attfield in 2006. Our guide took a video of our activities in Cusco, including the Inti Raymi festival and some local Inca historical and other sites, as well as our three-day walk on the trail in the Andes to Machu Picchu. These videos, as well as videos providing information on the life and times of the Incas, will be shown.

About the Instructors: Michael Attfield is an epidemiologist who worked for 34 years researching occupational lung diseases at the National Institute for Occupational Safety and Health in Morgantown. Hilary Attfield was a high school teacher in Scotland and an editor at WVU Press.



Offered Twice

Special Places in WV: Famous Places IV

Ed Johnson
Thursdays, Oct. 3 & 10, 3:00 - 4:50 p.m.
Tuesdays, Oct. 29 & Nov. 5, 3:00 - 4:50 p.m.
Classroom A

We'll pick up where we left off in the summer term, continuing our journey up the center of the state from the New River/Greenbrier Valley Region, into the Mountain Lakes Region, and possibly even to Mountaineer Country.

About the Instructor: Ed Johnson is the creator/curator of a website for students and educators of West Virginia Studies, mh3wv.org



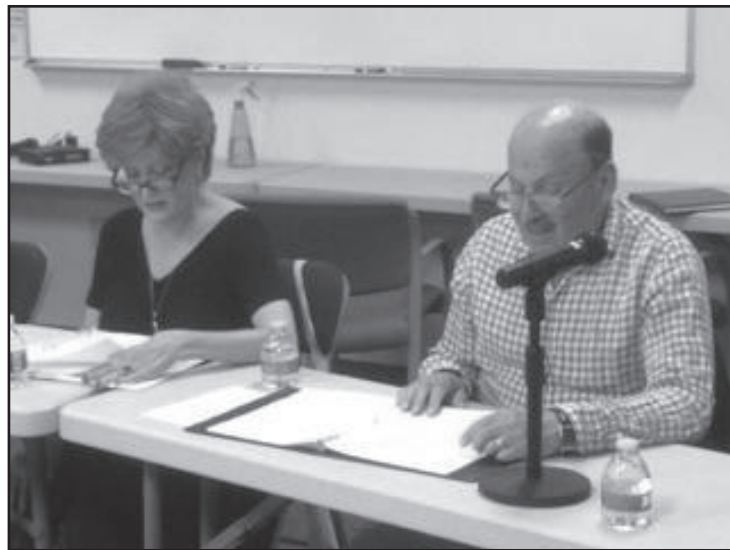
Zip line adventure in the WVU Research Forest.

Take a Hike

Michelle Klishis
Sunday, Oct. 13
Time TBA
Coopers Rock State Forest



Take a hike with Michelle at Coopers Rock State Forest and maybe even enjoy some fall color. All the good trails at Coopers Rock have at least 500 feet of elevation change, so be prepared to go uphill. We'll decide the trails ahead of time, but a good loop will generally be three to five miles. Check your email for details about how we'll decide on the trails. If it's raining heavily the scheduled day, the hike will be postponed one week.



OLLI members performing old radio show thrillers for an audience of friends and family.

Collette Travel *Spain's Classics*

April 18 - 28, 2020
11 Days • 14 Meals

Highlights:

Madrid, Royal Palace, Toledo, Cordoba, Seville, Flamenco Show, Granada, The Alhambra, Valencia, Choice on Tour, Paella Experience, Barcelona, La Sagrada Familia, Parc Güell

Reservation & Deposit Due: October 14, 2019

Double occupancy from \$3,999* pp

Landmark Tours *Savannah, Charleston, & Asheville: Treasures of the Southeast*

March 30 - April 5, 2020
7 Days • 10 Meals

Highlights:

Savannah Historic District, Tour of Magnolia Plantation, Historic Beaufort, Charleston Historic District, Charleston Tea Plantation, Harbor Dinner Cruise, Tour of Biltmore Estate

Reservation & Deposit Due: November 1, 2019

Double occupancy from \$2,795* pp

* All rates are subject to change based on air inclusive package from PIT

For more information about this trip and others, pick up a brochure in the OLLI Member Lounge or contact the OLLI office at 304-293-1793.

OLLI Interest Groups are open to OLLI members at no additional charge. Payment of term fee not required. Some restrictions may apply. See description for more detail.

Yarn Arts Group

On **Mondays from 12:45- 2:35 pm in Classroom A**, join others to share ideas, patterns, and workshop information and to support each other in knitting, crocheting, needle-point, and other yarn and thread arts.



Enjoying some laughs over the knitting needles.

Writers' Interest Group

Having a hard time finding time to work on your life story, novel, poetry, journal, or letters? Come write in a quiet, comfortable, supportive environment. Bring paper, pen, laptop, etc. There will be at least 1.5 hours of quiet writing time each session.

**Thursdays, 10:00 - 11:50 a.m.
Classroom A**

Tai Chi Interest Group

This group provides an opportunity for OLLI members previously enrolled in Intermediate Tai Chi with Doug Myers to continue practicing together. The group will meet on **Saturdays from 11:00 - 11:50 a.m. in classroom B**. Enrollment by permission of OLLI.

WVU School of Theatre and Dance 2019-20

The WVU School of Theatre and Dance presents another exciting series of performances during the upcoming 2019-20 season. Join your fellow OLLI members for matinee performances at the Creative Arts Center. Special group ticket prices are available. Mark your calendars now for the following performances and watch the OLLI website and the Friday eBulletins for more details about the productions and corresponding events.

Mud

by Maria Irene Fornes
For mature audiences only
Sunday, Oct. 6, 2:00 p.m.
Gladys G. Davis Theatre

The Phantom Tollbooth

by Susan Nanus
Sunday, Oct. 27, 2:00 p.m.
Metropolitan Theatre

Twelfth Night

by William Shakespeare
Sunday, Dec. 8, 2:00 p.m.
Gladys G. Davis Theatre

Dance Now!

Saturday, Feb. 8, 2:00 p.m.
Lyell B. Clay Concert Theatre

Hedda Gabler

by Henrik Ibsen
Sunday, Mar. 8, 2:00 p.m.
Gladys G. Davis Theatre

Head Over Heels

by James Magruder
Music and Lyrics by the Go-Go's
Sunday, Apr. 26, 2:00 p.m.
Lyell B. Clay Concert Theatre

Join *Bonnie and me*, Fridays at 12:45 p.m. @ OLLI

- Jim Held



October 4: *The Wife*

To open our fall season of 8 films that should have played in Morgantown, but didn't, we make a visit to one of my favorite novelists, Meg Wolitzer, to pry open a marriage beginning on the day the call comes from Stockholm that the husband has been awarded the Nobel Prize for literature. Layer after layer, we discover the secret that has been hidden for 30 years. As the couple, brilliantly portrayed by Glenn Close and Jonathan Pryce, make their way to Sweden for the Nobel ceremonies, we see what the secret has done to these two. You may or may not figure out what the great secret is, but if you're familiar with Wolitzer's work, you might think it was obvious from the start. How could he...? Why would she...? Come and find out, or read the novel before you see the film. 2017. 100 minutes.



October 11: *First Reformed*

If you saw any of the films Richard Linklater and Ethan Hawke made (*Boyhood* most recently or *Before Sunrise*, et. al.), Ethan's performance as a struggling Dutch Reformed minister will just give you the heart flutters! This faith is the one followed by Vincent van Gogh's strict father, based largely on the very strict observance of Calvinist theology...and we know what happened to van Gogh! The script is based on *Diary of a Country Priest* by French writer Georges Bernanos, re-set in Snowbridge, NY. We come into the story as Rev. Ernst Toller (Hawke) is undergoing a deep crisis of faith. His small church is owned by a mega-church and has been reduced to a tourist attraction. A cascade of events and feelings seem to lead Toller to end his life...but will he? Did he? You be the judge. 2017. 113 minutes.



October 18: *Can You Ever Forgive Me?*

You have never seen Melissa McCarthy like this! She made her fame and fortune playing large, bumper-cars of characters in farcical situations: *Bridesmaids*, *The Heat*, *Spy* and *The Boss*. She rose from *Saturday Night Live* and worked hard to reach her goal of being taken seriously...and this film gives us her Oscar nominated role of Lee Israel, a biographical look at a failed writer who begins to create letters from dead celebrities, often filled with shocking details, that she sells on a constantly hungry market for such stuff. Does crime pay? Will Lee be sent to prison? What has she learned from her escapades? 2018. 107 minutes.



November 1: *If Beale Street Could Talk*

In college, I was introduced to the novels and essays of James Baldwin, then and now at the top rank of African-American writers that had to find fame and acceptance by living in Paris for years. He was black, gay, and poetic to the depths of his soul. In this film, we are presented with a non-linear telling of an all-too-frequent story found on the streets of Black Americans trying to find their way in a white-dominated world and legal system. We'll see how Baldwin's enthusiastic positive outlook seeks to provide an ending that may be temporarily grim but also filled with hope for a better future. Directed by Barry Jenkins (*Medicine for Melancholy*, *Moonlight*) and nominated for a shelf of awards! 2018. 117 minutes.



November 8: *On Chesil Beach*

Another of my favorite authors is Ian McEwan, author of *Amsterdam*, *Atonement* and most recently, *Machines Like Me*. His brief novels focus like a laser on one topic, one or two characters, and the snarls they find themselves in because of some disaster or event. Here, in 1962, we have a young couple, Edward Mayhew and Florence Ponting, just married and about to have their wedding night. What could go wrong? Well, this is the 60s and our couple from different classes and temperaments tries to find their way to a successful sexual relationship...but...the film takes us through 2007 to see what happens to this pair after their stumbling and unforgiving attempts to consummate their marriage. Plenty to think about. Actors are Saoirse Ronan and Billy Howle and directed by Dominic Cooke. 2017. 110 minutes.



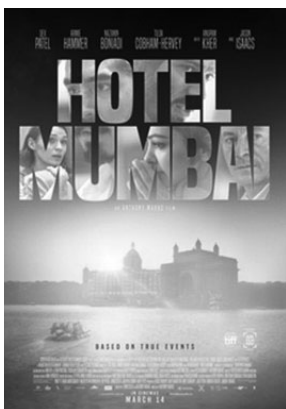
November 15: *The Human Stain*

Do we have a FEAST of great actors in this film: Anthony Hopkins, Nicole Kidman, Gary Sinise and Ed Harris! We also have a great novel by Phillip Roth and the director Robert Benton. After his death, there seems to be a flurry of Roth projects—*The Plot Against America* is being made for HBO. Our story involves a small college dean, a young writer surviving cancer, an affair between the dean and a semi-literate younger woman...and that stain in the title. What can it mean? Roth, who has so eloquently written about growing up and living Jewish, goes back to his younger days looking for love, sometimes in all the wrong places. When we find out what the dean's secret is...we are given some tough questions to handle in order to find out just how racist we may be. Ouch! 2003. 106 minutes.



November 22: *The Forgiven*

From director Roland Joffe (*The Killing Field*, *The Mission*) comes this film adaptation of a play, *The Archbishop and the Antichrist* by Michael Ashton. Forest Whitaker plays Archbishop Desmond Tutu and Eric Bana plays the fictional character of Piet Blomfeld, an ex-security guard and potential witness for the Truth and Reconciliation Commission that enabled South Africa to move beyond apartheid into a new democratic government lead by Nelson Mandela. Mandela and Willem deKlerk were awarded the Nobel Peace Prize in 1993 for their joint efforts to end apartheid. While not universally acclaimed by critics, Joffe's film is an important primer on what apartheid was and why it had to be ended. The partnership of Tutu, Mandela and deKlerk was a remarkable testament to the power of forgiveness. 2017. 115 minutes.



December 6: *Hotel Mumbai*

Finally, we come to a powerful and needful portrayal of the terrorist attack on the famous Taj Mahal Palace in Mumbai, India. The cast is led by Dev Patel (*Slumdog Millionaire*, *The Best Exotic Marigold Hotel 2* and *The Newsroom*) and Armie Hammer (*Call Me by Your Name*, *On the Basis of Sex*). The hotel is just one of 12 locations across Mumbai that were attacked. The local police have neither training nor numbers enough to overcome this madness, so they await special forces troops from Delhi. The film accurately and dramatically portrays the fight by hotel staff and residents to survive the attackers and re-open the hotel. The film had very good reviews, and a 75% rating on Rotten Tomatoes, but had some difficulty being sold to places in the world having terrorist activities of their own. It was based on the 2009 documentary, *Surviving Mumbai*. 2018. 125 minutes.

Volunteer for OLLI

As a non-profit membership organization, OLLI depends on the generous support of our volunteers. Volunteers are the lifeblood of our program, helping to ensure that OLLI is able to provide the highest quality courses, lectures, workshops, trips, and more for our members.

Your volunteer experience can be molded to fit your interests, talents, and schedule. Opportunities may be short-term project-oriented tasks or ongoing general support, team or solo tasks, on-site or in the community. All members have something to offer and are encouraged to share their time and expertise with their peers.

Ambassadors

OLLI Ambassadors help spread the word about our program by sharing their experiences and inviting friends, family, and others to join them for a class.

Board Members*

The Board of Directors is the governing body of OLLI at WVU, providing leadership to committees and staff. With input from the committees, the Board establishes organizational priorities and financial and program policies. Board members are elected by the membership to serve a two-year term and may be re-elected for a second term.

Class Hosts

Class hosts greet members and ask them to sign in as they arrive for a class, remind members to turn off their cell phones, introduce the instructor, assist with class needs, and distribute course feedback forms.

Event Hosts and Staff

OLLI sponsors several open houses and special events throughout the year. Volunteers are needed to assist with shopping, set-up, and greeting visitors before, during, and after the event.

Instructors

Our program depends on the generosity of our volunteer instructors to teach the quality courses and learning experiences offered throughout the year. OLLI instructors, drawn from all walks of life, share their knowledge and expertise of their chosen careers, fields of study, or hobbies about which they are passionate. Free from tests or grades, instructors experience the joy of teaching students who are enthusiastic, engaged and eager to learn.

Office Support

Sometimes we just need a little help around the office. Volunteers can help by refreshing the coffee in the member lounge, answer the phones, making copies, filing, and other light administrative duties.

** To review official descriptions of the OLLI Board of Directors and committees, please refer to the By-Laws, available online at olliatwvu.org, in the OLLI office, or in the member lounge.*

Project Team Member

Perhaps you have a special skill that OLLI could take advantage of for a specific project. Are you fluent in Adobe InDesign or video-editing? Or are you handy with a paint brush or power tools? Do your talents include fundraising or organizing? There are several projects on which we can use your help!

Registration Assistants

The first week of class registration each term is a busy one for the office staff. Volunteers can answer questions and help members register for classes. If you're comfortable with computers and online shopping, we can teach you how you can help.

Standing and Ad Hoc Committees*

OLLI has several standing committees that work together to keep our program running. Which one fits you best?

Curriculum Committee

Not only does this committee review all instructor proposals and discuss the merits of each one before choosing which courses to include in the next term's offerings, it also reaches out to everyone for new ideas and areas of interest. They review suggestions made on the course evaluation forms, review the comments about each course, and discuss policies relating to the curriculum.

Catalog Committee

A sub-committee of the curriculum committee, members review the courses submitted each term for grammar, wording, and consistency; edit the course catalogs; and make suggestions about additional content and design.

Facilities & Technology Committee

Working with the Director, this committee considers what improvements should and/or can be made to our classrooms, member lounge, offices, and storage spaces. They monitor how current space is used and consider future facility and technology needs.

Finance Committee

The finance committee, chaired by the Board Treasurer, develops the annual operating budget to be approved by the membership, reviews OLLI income and expenses throughout the year, and makes recommendations regarding membership and enrollment fees.

Fundraising Committee

In order to keep our member and enrollment fees affordable to all, OLLI relies heavily on contributions from both internal and external sources. Working with the WVU School of Public Health Development Director, this committee is responsible for planning and carrying out an annual fundraising campaign. Identifying and writing grants; recruiting OLLI sponsors; encouraging giving by

members; and promoting annual, legacy, and tribute gift opportunities are important activities with which we need assistance.

Irving Goodman Aging Lecture Series Committee

The Irving Goodman Aging Lecture is an annual event and a highlight of OLLI at WVU. The committee considers topics of interest, researches options, recruits the speaker, and organizes the event each year.

Marketing Committee

In consultation with the Director, the marketing committee creates and implements an annual campaign to recruit new members, form community partnerships, and increase community awareness of OLLI at WVU. Committee members help distribute course catalogs to libraries, senior centers, and other locations; staff tables at health/wellness and senior fairs; and encourage media coverage of OLLI events.

Member Relations Committee

The member relations committee works to increase member retention and works with other committees to address the needs of current members through special programming and membership benefits.

Nominating Committee

This committee meets just a few times a year and is responsible for keeping track of who is a member of the Board of Directors and when his or her term expires. They then brainstorm ideas for new board members and compose a slate to be voted on at the annual meeting in June of each year. The committee also prepares a slate of officers of the board to be voted on at the first meeting of the new OLLI membership year.

Social Events Committee

The social events committee suggests, researches, organizes, and promotes special member events; works with other committees to organize and staff the quarterly open houses; and plans the annual business meeting.

Travel Committee

A sub-committee of the curriculum committee, members will meet to talk about and help organize trips of interest to OLLI members.

How to Become a Volunteer

To become an OLLI volunteer, contact the OLLI office at 304-293-1793 or submit the Volunteer Information Form online at <http://www.olliatwvu.org>.

OLLI membership has opened a whole new world for me and has given me a challenging and very rewarding activity for my retirement years.

- OLLI member

Curious About Teaching for OLLI?

OLLI at WVU draws volunteers from all walks of life to teach a wide variety of courses for adults 50 and older. Although many of our instructors are teachers, professors, or business and civic leaders, many others are community members with a desire to share their knowledge and passion with their peers.

Experience the joy of teaching free of tests and grades.

OLLI classes are offered simply for the joy of learning. Members are enthusiastic, engaged, and eager to learn. And you don't have to grade exams!

Courses are offered during Fall, Winter, Spring, and Summer terms in the areas of arts, literature, history, philosophy and religion, current events, political affairs, science, math, health and wellness, travel, and more. Courses may be from one to six sessions. Most sessions last about two hours.

Most courses are held in the Mountaineer Mall in Morgantown, although OLLI has a branch in Charleston as well.

Interested in teaching for OLLI? Visit our website at www.olliatwvu.org or call the OLLI office at 304-293-1793 for more information.

Register for OLLI Online

Browse the OLLI catalog, purchase or renew a membership, and register for classes and events online.

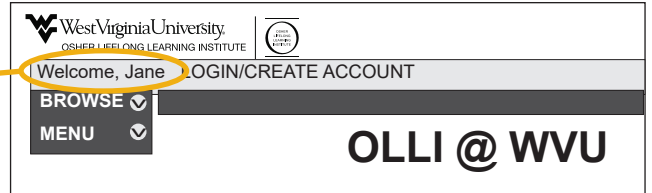
1. Go to olliatwvu.org

2. Click on **Register Here** on the left side of the screen.



3. You will be redirected to <https://wvusph-olli.augusoft.net>
Click on **LOGIN/CREATE ACCOUNT**.

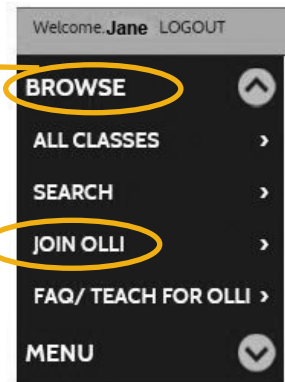
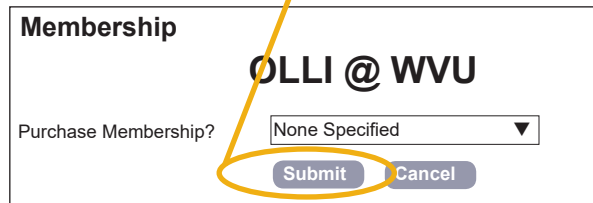
4. If you have been an OLLI member in the last two years, you already have an account.
Contact the OLLI office if you need your username and password.
Please do not create a new account.



5. You will see **Welcome, Your Name** in the gold bar above **BROWSE** on the left side of the screen if your login was successful.

6. Click **BROWSE** to purchase or renew a membership or browse OLLI classes and events.

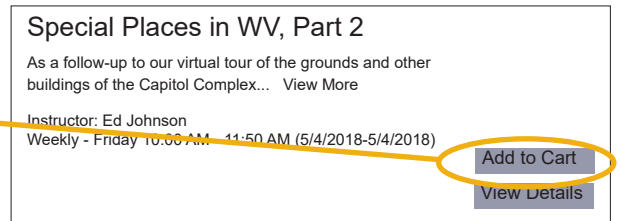
7. If you are purchasing or renewing a membership, click on **JOIN OLLI**, select the appropriate membership and click **Submit**.



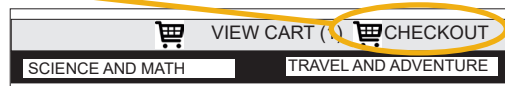
8. To register for classes and events, click on **BROWSE**, then **ALL CLASSES**.

If you know the name of the name of the class for which you wish to register, you can type it in the **Search box** in the upper right corner and click on the blue **GO>** button.

10. To select a class or event, click on the **Add to Cart** button on the right side below the class information.



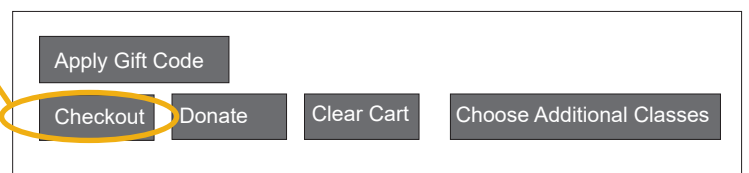
11. When finished making your selections, click on **CHECKOUT** next to the **VIEW CART** on the right in the gold bar.



12. Review your selections and check the box next to **Agree to Refund Policy** to the right of each class on your list.

13. Click on the blue **CHECKOUT** button at the bottom of your order.

If there is a balance due, you will be taken to a screen to enter your credit card information.
If there is no balance due, you will be taken to the Order Complete screen.



Policies and Procedures

Class Disclaimer

OLLI at WVU presents programs of interest for general guidance only. It does not engage in rendering legal, medical, financial, or other professional advice and services.

Information presented in an OLLI program should not be used as a substitute for consultation with a professional legal, medical, financial, or other competent adviser. Before making any decision or taking any action, program participants should consult a professional legal, medical, financial, or other competent adviser.

All information is provided “as is,” with no guarantee of completeness, accuracy, timelines or of the results obtained from the use of the information, and without warranty of any kind, expressed or implied, including, but not limited to warranties of performance, merchantability, and fitness for a particular purpose. Neither OLLI at WVU nor its information providers will be responsible to any program participant or anyone else for any decision made or action taken in reliance on the information presented by OLLI at WVU, or for any consequential, special or similar damages, even if advised of the possibility of such damages.

Classroom Etiquette

OLLI instructors are volunteering their time and talents. Please be respectful of your course instructors and fellow participants by:

- staying on topic during discussions
- attending only courses for which you have registered
- turning off your cell phone
- not wearing fragrances out of respect for those with allergies
- moving questions/conversations following the stated end time of the class to the hall so the next instructor and class can access the classroom

Exposure to new and different ideas is what OLLI is all about – we encourage you to embrace this philosophy and be respectful in classroom discussions.

Classroom Temperature

To save energy, the classroom thermostats are set to specific temperatures. Please dress accordingly to help make your class experience comfortable.

Liability Disclaimer

Individuals acknowledge and assume any and all risk associated with participation in OLLI at WVU activities. OLLI at WVU makes no representation regarding the appropriateness of any activity for an individual. OLLI at WVU disclaims any and all liability for each individual's participation in any activities. If a course involves physical activity, participants are responsible for wearing the proper attire and using the proper equipment (if applicable). It is highly recommended that participants consult their physician before participating in physical activity.

Media Releases

Media releases are available and kept on file in the OLLI office. Please be sure to fill one out and let us know if you do not want to be shown in OLLI photographs and media.

Non-Discrimination Statement

WVU is an EEO/Affirmative Action Employer. Underrepresented class members are encouraged to apply. This includes minorities, females, individuals with disabilities, and veterans.

Personal Assistive Hearing Devices

OLLI classrooms A and B are now equipped with personal assistive hearing devices for member use. A small personal receiver enhances sound projected through the audio-visual system in the classroom. Users may choose to use ear-buds, surround earphones, or a headset. Some hearing aids are able to use a neckloop telecoil coupler. To use a personal assistive hearing device, come to the OLLI office prior to your class to sign one out.

Refunds

Membership is non-refundable. Refunds for registration and other fees are considered on a per-case basis.

Weather and Holiday Policy

OLLI members are personally responsible for their own safety and must exercise good judgment when making travel choices in inclement weather. When West Virginia University, Monongalia or Kanawha County Schools are closed for inclement weather, OLLI activities are cancelled. County school delays do not affect OLLI activities. The decision to cancel activities is at the discretion of the Director when a county calls for early dismissal due to the weather. The decision to cancel weekend activities due to weather is at the discretion of the instructor. Registered participants will be notified. The OLLI office observes WVU holidays.



Members visited the Frank & Jane Gabor West Virginia Folklife Center at Fairmont State University.



OLLI at WVU - Your Next Adventure Begins Here

Fall Registration Begins September 11

Phone: 304-293-1793

Website: www.olliatwvu.org

Email: olli@hsc.wvu.edu

Benefits of OLLI Membership

Staying intellectually stimulated and socially active are proven components of healthy aging. Membership in OLLI provides these benefits through:

- More than 200 courses and activities per year in such areas as the arts, health and wellness, humanities, math and science, technology, and more.
- Social events
- Travel programs
- Interest Groups
- Volunteer opportunities