





# **OLLI@WVU** Your Next Adventure Begins Here

Fall 2019 Charleston Course Catalog www.olliatwvu.org

# About OLLI at WVU

The Osher Lifelong Learning Institute at West Virginia University, known as OLLI at WVU, provides programs and educational opportunities designed for adults 50 and over.

OLLI at WVU, a membership organization affiliated with the School of Public Health, recognizes the unique experiences, capabilities, and wisdom of mature members of the community. OLLI at WVU emphasizes the sharing of ideas through peer learning, member participation, and collaborative leadership.

During four terms each year, OLLI at WVU offers courses, lectures, seminars, and field trips in such areas as music, literature, art, science, politics, nature, history, health, medicine, and economics. Live drama, movies, and interest groups add to the choices.

Courses are developed and taught by volunteers from the community who are passionate about their topics, avocations, and interests and who love to share their ideas.

Free from the pressures of tests and grades, OLLI members are learning simply for the joy of it.

#### **Supporters**

OLLI at WVU continues to grow as an organization with the unwavering commitment and generosity of our patrons and supporters. We acknowledge and thank the following:

- The Bernard Osher Foundation
- ♦ West Virginia University, President's Office
- WVU Foundation
- ♦ WVU School of Public Health (SPH)
- Edgewood Summit
- Schoenbaum Center
- ♦ B'nai Jacob Synagogue
- Temple Israel
- South Charleston Women's Club
- ♦ OLLI Board Members, Committee Members, and Volunteers
- OLLI \$100K Club
- Our Distinguished Instructors
- OLLI Members

#### The Bernard Osher Foundation

The Bernard Osher Foundation seeks to improve quality of life through the support of lifelong learning institutes such as OLLI at WVU. The Foundation was founded in 1977 by Bernard Osher, a respected businessman and community leader. The Foundation has now funded 120 Osher Lifelong Learning Institutes on campuses of colleges and universities from Maine to Hawaii. Funding for OLLI is contingent upon membership growth goals, so **membership matters**. To learn more about The Bernard Osher Foundation, please visit their website at <u>www.</u> osherfoundation.org.

#### OLLI Board of Directors (2019-2020)

Ed Johnson, President **Beverly Kerr, Vice President** Clark McKee, Secretary George Trapp, Treasurer Sarah Woodrum, SPH Rep. **Carolyn Atkinson** Hilary Attfield Lynn Baker **Gwen Gill** Kay Goodwin Kathy Hanko Linda Jacknowitz Sonja Jewel Kelley **Jane Martin Florita Montgomery** Gwen Rosenbluth

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Jascenna Haislet, Director Michelle Klishis, Professional Technologist Diane Cale, Program Assistant

# **Contact Us**

Osher Lifelong Learning Institute at WVU PO Box 9123 Morgantown, WV 26506-9123

(304) 293-1793 www.olliatwvu.org Email: olli@hsc.wvu.edu

#### **OLLI Office Hours**

9:00 a.m. - 5:00 p.m., Monday - Friday Closed weekends and University holidays

# **From Our President**

#### Greetings!

It's that time of year again—trees are ready to turn color, out-of-staters on Interstate 64 are still learning how to drive, and registration for the OLLI Fall term is upon us.



It's always a treat to see what is being offered—which previous instructors are back with new courses, what new instructors are planning for us, and what special events and field trips are on the horizon. You can check it all out in this catalog.

When it comes to OLLI, I often think of a song from *Cabaret*, (but with slightly altered lyrics:)

What good is sitting alone in your room? You can learn something new! Life is a cabaret, old chum. Come take a class or two!

See you soon!

Ed Johnson President, OLLI Board of Directors

### **From Our Director**

Thanks to the support and participation of its members and volunteers, the Osher Lifelong Learning Institute at WVU in Charleston has grown from less than 50 members to more than 200 over the past three years. And word continues to spread throughout the community.

In order to more easily recognize and reward our members while emphasizing the importance of community and connectedness, OLLI is establishing a low annual membership for those participating in the Kanawha Valley program.

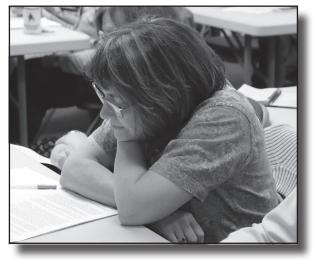
Beginning this fall, one must have a current OLLI annual membership in order to register for classes. Additional membership benefits will include:

- At least two free members-only events per year (no term registration fee required),
- The right to be added to a class wait list (members will be given priority when a seat opens up in a class),
- The right to register for unlimited classes with payment of term enrollment fee, and more!

For more information about our new fee structure, see page 4.

OLLI at WVU is committed to providing the highest quality lifelong learning experiences for older adults in the Kanawha Valley. I look forward to seeing you in class!

> Jascenna Haislet Director, OLLI at WVU



It's not difficult to get absorbed in a good OLLI class.

*OLLI stimulates one's mind with great courses and provides social interaction to enliven the whole person.* 

- OLLI member

# **OLLI Membership**

Membership is open to curious adults interested in programming designed specifically for those 50 and over who want to engage socially and intellectually.

# The Benefits of OLLI Membership

- A voice in OLLI governance
- The right to run for the OLLI Board or serve on a committee
- At least two free members-only events per year (no term registration fee required)
- The right to be added to a class wait list (members will be given priority when a seat opens up in a class)
- · Reduced prices for OLLI trips and special events
- The opportunity to make new friends and learn new things
- The right to register for unlimited classes with payment of term registration fee. OLLI classes are open to members only!

#### **Term Registration Fee**

- OLLI members may register for unlimited courses for \$25 per term.
- Other fees may apply and are noted on individual courses, events, or groups.
- Special Member Events are free to all current OLLI members unless otherwise noted.

Discounts are available for our volunteer instructors. Contact the OLLI office at 304-293-1793 for more information.

# **Financial Assistance Available**

OLLI at WVU tries to keep fees to a minimum while providing the highest quality experiences to our members. However, we recognize that membership and registration fees may be out of the reach of some individuals. Therefore, scholarships are available. To apply, ask for a confidential application at the OLLI office or fill out the form on our website at <u>www.olliatwvu.org</u>.

# How to Register

Individuals may purchase or renew a membership and register for classes in any of the following ways:

- Online at <u>www.olliatwvu.org</u> using Augùsoft Lumens.
- In person at the OLLI office at the Mountaineer Mall in Morgantown

• By mail, using the enclosed membership/registration form. Mail the form to: OLLI at WVU

PO Box 9123 Morgantown, WV 26506-9123

**Please make checks payable to the WVU Foundation.** *If you pay with a credit or debit card, the charge will show as: Nesius West Virginia Treasury Basics.* 

# Fall registration begins September 11, 2019

#### Your OLLI Name Badge

OLLI provides a name badge on a lanyard for each of our members. Please wear your badge when you attend OLLI classes and events. It helps us get to know each other!

New members will receive their name badge in the mail within 2-3 business days. If you need a new badge, please contact the OLLI office.



July 1<sup>st</sup> to June 30<sup>th</sup>.

# **Registration & Attendance Matter**

We understand that plans change, especially when you're asked to commit to something several weeks in advance. However, it is important to register for the classes that you wish to attend. Enrollment records help us demonstrate our members' active participation in the program when seeking funding from grant-makers and policy-makers. Also, we occasionally have classes which fill quickly so one that you wish to attend may already have a waiting list.

If you are unable to attend a class for which you are registered, please notify the OLLI office. Another person may be anxiously awaiting your cancellation so that he or she may participate in the class.

Please be respectful of the time and efforts of our volunteer instructors and your fellow OLLI members.

#### Mark Your Calendar!

Other Important Dates

Oct. 11	OLLI Board Meeting
Nov. 8	Winter Course Proposals Due
Nov. 8	OLLI Board Meeting
Nov. 27-29	Thanksgiving Holiday
	OLLI office closed
Dec. 13	OLLI Board Meeting
Dec. 23 - Jan. 1	Winter Holiday, OLLI office closed
Jan. 9	Winter Registration Begins
Jan. 10	OLLI Board Meeting
Jan. 21	Winter Term Begins
Jan. 21	Spring Course Proposals Due

**Class Location Key** 

B'nai Jacob Synagogue 1599 Virginia St E, Charleston Edgewood Summit 300 Baker Lane, Charleston Robert C. Byrd Courthouse 300 Virginia St., Charleston Schoenbaum Center 1701 5<sup>th</sup> Ave, Charleston Temple Israel 2312 Kanawha Blvd E., Charleston Women's Club of South Charleston 214 D St., South Charleston

# Did you know that volunteering can make you happier and healthier?

Find out how you can volunteer for OLLI at WVU on page 11.

# Share your Passion: Teach for OLLI

OLLI at WVU draws volunteers from all walks of life to teach a wide variety of courses for adults 50 and older. Many OLLI instructors are current and retired teachers, university professors and administrators, business and civic leaders, and other professionals from the community who wish to share their knowledge and passion.

*Experience the joy of teaching free of tests and grades.* OLLI classes are offered simply for the joy of learning. Members are enthusiastic, engaged, and eager to learn.

Interested in teaching for OLLI? Visit our website at <u>www.olliatwvu.org</u> or call the OLLI office at 304-293-1793 for more information.

# **OLLI Fall Classes**

#### **The Atom, Nuclear Energy, Stars, and You** Mr. Edward Balthazar

Tuesdays, Oct. 1 - 15, 1:00 - 2:00 p.m. Schoenbaum Center

The first session of this course begins with an overview of the Atom and its properties. The second class delves into details of the nucleus, radioactivity, nuclear energy, and elementary particles. The course concludes with a description of stars, how they form, how they evolve, end, and the implications for ourselves.

**About the Instructor:** Ed Balthazar was a Registered Chemical engineer with 25+ years experience with the US Navy, Avtex Fibers, and Dupont, His second career began with tutoring services at WVSU. He then spent a decade as a Professor of Math and Science for University of Charleston. He obtained his BS at Drexel University and his Masters at Marshall.

### Day of Atonement, Day of Death -Yom Kippur

Rabbi Joe Blair Wednesday, Oct. 2, 10:00 - 11:30 a.m. Temple Israel

The most solemn day in the Jewish calendar is a time of introspection and self-examination. It calls us to evaluate our actions in light of life and death, offering us a much grander perspective. This course will look at how this holiday uses death and the symbols, liturgy, and rituals of death and end of life to awaken us more fully.

**About the Instructor:** Rabbi Joe Blair is the spiritual and religious leader of Temple Israel/B'nai Israel Congregaiton in Charleston.

#### From Grieving to Gratitude

Dr. Bob Harrison Thursdays, Oct. 3 & 10, 9:30 a.m. - 12:00 p.m. Schoenbaum Center

How should a person grieve the death of a loved one? For how long should one grieve? When is it time to leave the "City of the Dead," return from grief to memory, and be grateful for the deceased person's life? These are three questions Erich Korngold poses in his German opera, *Die Tote Stadt* ("From the City of the Dead"). Korngold wrote this lush, melodic opera in 1920 when he was just 23. This child prodigy fled to the United States from Germany and is credited with being the pioneer of composing music specifically for motion picture soundtracks. *Die Tote Stadt* is designed to be an introduction to German opera, which differs significantly from Italian and French operas. **About the Instructor:** Dr. Bob Harrison has been teaching opera appreciation classes for OLLI since OLLI came to the Charleston Area. He is an avid opera consumer and enjoys sharing his enthusiasm for opera with others.

# Poetry of the Immigrant Experience

Professor Arnold Hartstein Monday, Oct. 7, 10:00 - 11:00 a.m. Schoenbaum Center

America is often called a "nation of immigrants," a description that suggests the degree to which our national identity or psyche has been tied to the waves of immigrants who helped shape the American experience. We will sample and consider a number of poems drawn from the immigrant experience.

**About the Instructor:** Dr. Arnold Hartstein recently retired from West Virginia State University, where he taught English for 41 years.

#### All Things Paper

Ms. Karen Sponaugle, Mr. N. David Stern Friday, Oct. 11, 10:00 a.m. - 12:00 p.m. Schoenbaum Center

The instructors, a long-time art and craft teacher and a lover of paper engineering and origami, will introduce several forms of paper art, including pop up books, oragami and book folding. In addition to a "handson" workshop, participants will have an opportunity to examine some of the world's greatest pop up books, many of them by Robert Sabuda, considered to be the pre-eminent paper engineer of our time.

**Materials Needed:** Participants should bring scissors, ruler, and a glue stick.

**About the Instructors:** Karen Sponaugle and David Stern are retired teachers from the Kanawha County School Systerm. Both are collectors of pop-up books. Karen was an art, craft, and special education instructor. David was a music teacher. They have collaborated on many ventures.

#### **Guests of Value - Sukkot**

Rabbi Joe Blair Wednesday, Oct. 16, 10:00 - 11:30 a.m. Temple Israel

The Jewish holiday of Sukkot (Festival of Booths) incorporates the concept of Ushpizin (special guests, people who often represent values or traits that we wish to emulate and incorporate in our own life) who are invited to visit one in the Sukkah (hut or booth). We will look at who these have been traditionally, and discuss who the class participants might wish to invite to their own Sukkah, if anyone, to participate in this practice.

About the Instructor: see page 6.

### Bridge, Part II

Ms. Sarah Sentman Wednesdays, Oct. 16 - Nov. 6, 10:00 a.m. - 12:00 p.m. South Charleston Womans Club

Bridge, Part II, is a continuation of Beginning Bridge that was taught during the summer session of OLLI. Although not for the very beginner who has had NO experience with Bridge, the class will welcome all who are interested in playing and have some working knowledge of the game. Novice players are welcome.

**About the Instructor:** Sarah Sentman, certified bridge teacher, has been introducing people to the fun and challenge of bridge since 1998. She successfully completed ACBL Accreditation and Best Practices Certification. She is accredited as an Easybridge! Presenter and is recognized as a Master Teacher by The American Bridge Teachers Association.

Encore

# **Technology Security**

Michelle Klishis Thursday, Oct. 17 9:30 a.m. - 12:30 p.m. and 1:30 - 4:30 p.m. Schoenbaum Center Maximum Enrollment: 14 Skill Level I

"If you are not paying for it, then YOU are the PRODUCT." As more of our lives becomes digitized, it's important to make sure you are being safe with your electronic gadgets and online information. Anti-virus, malware, hacking, identity theft; all of these things make computers and smart phones sound terrifying, but there are simple steps you can take to make your data more secure, and to feel more comfortable surfing the web and shopping online.

**About the Instructor:** Michelle Klishis, OLLI's professional technologist. Michelle is a jack-of-all-trades and certifiable geek. Her degree in biology and work in a microbiology lab gave her absolutely no preparation for becoming a technology consultant, yet here we are. When not in front of computers, she is likely to be found reading or hiking (current accomplishment: hiking all of the state parks and forests in WV).

# Climate Change and its Effects on West Virginia

Mr. Jim Barach Monday, Oct. 21, 10:00 - 11:00 a.m. Schoenbaum Center

Climate change is already wreaking havoc on parts of the planet. How has it already affected West Virginia and what will it mean for the region's future? A look at what is causing climate change and whether or not anything can be done about it.

**About the Instructor:** Jim Barach is a 38-year veteran of broadcasting, mostly as a TV meteorologist. His work has taken him around the country to nine different cities, including some of the most challenging locations for weather forecasting. He has a BS in GeoScience from Mississippi State University and is certified by the National Weather Association and American Meteorological Society.

#### **Harvesting Healthy Habits**

Mr. Clinton Shrewsbury Tuesday, Oct. 22, 10:00 a.m. - 12:00 p.m. Schoenbaum Center

Our habits lead us to better health or towards disease the choice is ours. By building one healthy habit at a time you can harvest a path to better health for the future. Which path are you traveling down? Don't let the end of the year derail your success and begin your journey to better health today.

**About the Instructor:** Clinton Shrewsbury is Certified Health Coach and Personal Trainer and has earned a BS in Dietitics from Marshall University. He has been helping others harvest healthy habits for over 20 years.

#### Not Just an Old Guy in the Sky: Feminine Images of God

Ms. Abbey Pratt-Harrington Tuesday, Oct. 22, 1:30 - 3:30 p.m. Schoenbaum Center

The Christian God is often portrayed as male. While that is Biblical and important, it's not the only way God shows up or is presented. In this course, we'll look at the often ignored feminine images of God in the Christian Bible and what these images can mean for us today. The course is both informational and discussion based.

**About the Instructor:** Abbey Pratt-Harrington graduated from the Earlham School of Religion in 2013 with her Masters in Divinity. For four years, she led spiritual and professional growth scholarship programs at Earlham College. Currently she is a Spiritual Director/ Counselor and the co-host of the podcast, *The Bible* (According to my Sister).

# **OLLI Fall Classes**

#### **Indian Ocean Journeys**

Dr. David Mould Mondays & Wednesdays, Oct. 23 - Nov. 4 1:00 - 2:00 p.m. Schoenbaum Center

Join historian and journalist David Mould as he traverses the Indian Ocean—from Madagascar through India and Bangladesh to Indonesia. It's an unpredictable journey on battered buses, bush taxis, auto-rickshaws and crowded ferries. Along the way, in markets, shops, roadside cafes and classrooms, he meets journalists, professors, students, aid workers, cab drivers, and slum-dwellers to learn how they view their past and future. In his latest book, *Monsoon Postcards: Indian Ocean Journeys*, he offers offbeat, witty and insightful glimpses into four countries linked by history, trade, migration, religion and a colonial legacy.

**About the Instructor:** David Mould, professor emeritus of media arts and studies at Ohio University, has traveled widely in Asia and southern Africa. Born in the UK, he worked as a newspaper and TV journalist before moving to the US in 1978. Kirkus Reviews describes him as "A genial travel guide ... an academic who does not write like an academic."

#### Beekeeping

Dr. Lewis Čook Monday, Oct. 28, 10:00 a.m. - 12:00 p.m. Schoenbaum Center

An introduction to beekeeping, this class will include the need to keep bees, where to get bees, equipment needed and parameters for locating bees. The types of honey bees will be described. Laws and regulations involved with beekeeping will be explained. Problems with bee health and diseases along with treatment will be presented. Organizations and help with beekeeping along with suggested references will be provided.

**About the Instructor:** Dr. Cook is a registered beekeeper and a member of the Fayette County Beekeepers Association and the West Virginia Beekeepers Association. He maintains four hives in Fayetteville.

#### 2x4x1 for MS Office Users

Ms. Susan Jenkins Tuesday, Oct. 29, 1:00 - 3:00 p.m. Schoenbaum Center

Two Microsoft Office applications, four tips each, and one customization tip for both. Learn tips and tricks for Microsoft Word and Excel, including how to customize the ribbon and shortcuts for everyday tasks. These tips and tricks apply to the various versions of the products for those who use Word and Excel often. **About the Instructor:** Retired from the West Virginia Office of Technology after 15 years as a technology trainer, Susan Jenkins has since done freelance training for ExecuTrain, Omni Strategic Technologies (formerly ContactPointe) and BridgeValley Community and Technical College on Microsoft Office products. She is a Certified Microsoft Office Master Instructor and a Certified Technical Trainer.

# What is Addiction and How Are We Treating IT?

Dr. Edward Eskew Friday, Nov. 1, 1:00 - 3:00 p.m. Schoenbaum Center

All of us have been impacted by the current addition epidemic in West Virginia. This class will provide an overview of the current crisis in WV and how those on the front lines are treating it.

**About the Instructor:** Dr. Eskew is the Medical Director of our Addiction Healing Center at St. Francis Hospital in Charleston and have over 10 years of experience treating addiction and its myriad of problems.

#### **Beginning Astronomy**

Dr. Lewis Cook Monday, Nov. 4, 10:00 a.m. - 12:00 p.m. Schoenbaum Center

Astronomy for those with limited knowledge about the subject. This class will cover navigation, terminology, and universe organization. The bulk of material will concentrate on own solar system and all of its bodies. It will describe not only the planets but all of the other bodies that are associated with our solar system, such as moons, Kuiper Belt,dwarf planets, planetoids, comets, meteors, the asteroid belt and our place in the universe. This talk is meant for those with little or no knowledge of astronomy. For those who have some experience in astronomy, it will serve as a review and perhaps an update.

**About the Instructor:** An overall "limited expert" in various fields, Dr. Cook holds a PhD in Geology and Paleontology and an MD from WVU, and a MS in Physical Anthropology from UCL-London. He practiced medice for 40 years in, Fayetteville, has taught medical geology as a member of the faculty at Concord University, and pursued graduate work in Astronomy at Swineburne University in Australia. Dr. Cook has been a member of Kanawha Valley Astronomical Society for 35 years.

**OLLI Fall Classes** 

# Marriage: What, How, Who, Why, and Beyond

Ms. Carolyn Atkinson Sunday, Nov. 10, 2:00 - 4:00 p.m. B'nai Jacob Synagogue

Whether you are married or single, please join our exciting Common Threads panel while we explore marriage in Catholicism, Judaism, Hinduism, Mormonism, Islam, and Protestantism. Has marriage changed since the Cleavers of the 1950s in *Leave It to Beaver*? Why? How? Bring your questions and ideas to this fascinating discussion.

**About the Instructor:** Carolyn Atkinson has a BA in psychology from WVU and worked as a litigation paralegal at Robinson & McElwee for over 25 years.

#### The Way Courts Work - And Don't Work!

Judge Joseph Goodwin Thursdays, Nov. 14 & 21, 3:00 - 5:00 p.m. Robert C. Byrd Federal Courthouse 6<sup>th</sup> Floor Courtroom

The course will be conducted as a roundtable discussion on the court process - lawyers, judges, disputing parties and jurors. Question and comments could pertain to alternative dispute resolution and plea bargaining. Class members should bring questions, comments, and concerns for discussion and resolution.

**About the Instructor:** Judge Goodwin has enjoyed the presentations and discussions he has participated in with OLLI. His years at WVU as a theatre major and law student as well as his military teaching experience stands him in good stead as a jurist and teacher. He has served in the Federal Judiciary for over 25 years.

#### Planes, Trains, and Automobiles in WV, Parts I & II

Mr. Ed Johnson Thursday, Nov. 14 **Part I:** 10:00 a.m. - 12:00 p.m. **Part II:** 1:00 - 3:00 p.m. Friday, Nov. 15 **Part I:** 10:00 a.m. - 12:00 p.m. **Part II:** 1:00 - 3:00 p.m. Edgewood Summit



A look at transportation modes in WV, both historical and contemporary, topics of this class will include airports, railroads, roads and highways, plus a little on water transportation.

**About the Instructor:** Ed Johnson is the creator/ curator of a website for students and educators of West Virginia Studies, mh3wv.org

#### **Special Member Event**

Heritage Farm Museums & Village

Friday, October 25, 10:00 a.m. - 4:00 p.m. Huntington, WV

#### OLLI members: \$75 Non-members: \$82 Reservation deadline: Oct. 9. Payment due at the time of reservation. No refunds after Oct. 9.

Opened in 2006, Heritage Farm Museums and Village is home to more than 25,000 square feet of Appalachian artifacts in seven museums, dedicated to Progress, Industry, Transportation, Children's Activity, Bowe's Doll & Carriage, Country Store, and Heritage Museum. There are also hiking trails, artisan workshops, and re-enactions bringing Appalachian history to life. Join OLLI on a bus trip to Heritage Farm, where you will enjoy a two-hour guided tour, catered lunch, and time to explore on your own. (*If you wish to skip the bus and just meet us there, subtract \$35 from the cost.*)

OLLI membership has opened a whole new world for me and has given me a challenging and very rewarding activity for my retirement years. - OLLI member

# **OLLI@WVU Online Resources**

Over the past three years, OLLI has been working to incorporate improved technology into our operations and create a stronger online presence. By doing so, we are working to provide a better experience for our members while reducing our carbon footprint. Below are some of the resources available to OLLI members. If you have questions or need assistance accessing these resources, please call the OLLI office at 304-293-1793.

#### Email

OLLI does not share your email address with anyone. We use your address only to inform you of important OLLI information and upcoming events. Be sure you're signed up for our email list so you don't miss any special news, messages from your instructors, receipts for registration, and more.

#### **OLLI Website**

The OLLI@WVU website (https://olliatwvu.org) is your resource for a great variety of information about our program, including class schedules, OLLI news, class handouts, FAQs about teaching, the OLLI member handbook, travel opportunities, minutes from board meetings, and much more. You can also access our registration site, https://wvusph-olli.augusoft.net/, from olliatwvu.org.

#### Friday E-bulletin

Every Friday morning, we send out a weekly email bulletin to let you know about upcoming events, as well as a digest of the next week's classes, meetings, and events. We strongly encourage you to join our Email ListServ so you're always in the know.

#### **OLLI on Facebook**

Follow OLLI on Facebook at Osher Lifelong Learning Institute at WVU. Find out when the latest catalog will be available online, see pictures from classes, learn about special events, and read interesting articles from a variety of sources.

#### **Online Registration**

You can register for your classes online at https://wvusph-olli.augusoft.net/. Instructions can be found on page 26. If you've forgotten your username, that's ok! If you've forgotten your password, that's also ok! There are links for recovering both on our website, so as long as you know your email address, you can get back in.

This online registration system has allowed us to do away with paper receipts, so your receipts are sent directly to your inbox. Please double check to make sure your email address is correct in our system!

Please note that this portion of the WVU OLLI website is run by an outside vendor (Augusoft), so the URL (web address) will be different for online registration than for the main OLLI website.

#### **Class Materials Online**

We have created an online repository for class handouts: https://olliatwvu.org/current-members/documentrepository/. This page contains course handouts that instructors have given permission for posting, as well as technology-related handouts we hope you will find useful.

The technology handouts have hyperlinked indexes (so you can just click on a link to jump to the bit you want to

learn about) and are regularly updated so you can always access the most up-to-date information we have available.

#### Go Green!

You can opt out of receiving our printed catalog. All classes and special events are listed on the OLLI registration site, and courses that are added after the catalog goes to print will be there as well. Members who opt out of the printed catalog will receive a PDF (electronic) copy of the catalog as soon as it is sent to the printer, even before it goes out in the mail.



Lively discussions are often a part of an OLLI class.

# **Volunteer for OLLI**

As a non-profit membership organization, OLLI depends on the generous support of our volunteers. Volunteers are the lifeblood of our program, helping to ensure that OLLI is able to provide the highest quality courses, lectures, workshops, trips, and more for our members.

Your volunteer experience can be molded to fit your interests, talents, and schedule. All members have something to offer and are encouraged to share their time and expertise with their peers.

#### Ambassadors

OLLI Ambassadors help spread the word about our program by sharing their experiences and inviting friends, family, and others to join them for a class.

#### **Board Members**

The Board of Directors is the governing body of OLLI at WVU, providing leadership to committees and staff. With input from the committees, the Board establishes organizational priorities and financial and program policies. Board members are elected by the membership to serve a two-year term and may be re-elected for a second term.

#### **Class Hosts**

Class hosts greet members and ask them to sign in as they arrive for a class, remind members to turn off their cell phones, introduce the instructor, assist with class needs, and distribute course feedback forms.

#### Instructors

Our program depends on the generosity of our volunteer instructors to teach the quality courses and learning experiences offered throughout the year. OLLI instructors, drawn from all walks of life, share their knowledge and expertise of their chosen careers, fields of study, or hobbies about which they are passionate. Free from tests or grades, instructors experience the joy of teaching students who are enthusiastic, engaged and eager to learn.

#### **Charleston Curriculum Committe**

Committee members recruit members and volunteer instructors for our program. They meet quarterly to review course proposals and plan future programming, and represent OLLI at community functions, such as health fairs and social group meetings.

#### How to Become a Volunteer

To become an OLLI volunteer, contact the OLLI office at 304-293-1793 or submit the Volunteer Information Form online at http://www.olliatwvu.org.

### **Policies and Procedures**

#### Weather and Holiday Policy

OLLI members are personally responsible for their own safety and must exercise good judgment when making travel choices in inclement weather. When Kanawha County Schools are closed for inclement weather, OLLI activities are cancelled. School delays do not affect OLLI activities. The decision to cancel activities is at the discretion of the Director when a county calls for early dismissal due to the weather. The decision to cancel weekend activities due to weather is at the discretion of the instructor. Registered participants will be notified. The OLLI office observes WVU holidays.

#### **Liability Disclaimer**

Individuals acknowledge and assume any and all risk associated with participation in OLLI at WVU activities. OLLI at WVU makes no representation regarding the appropriateness of any activity for an individual. OLLI at WVU disclaims any and all liability for each individual's participation in any activities. If a course involves physical activity, participants are responsible for wearing the proper attire and using the proper equipment (if applicable). It is highly recommended that participants consult their physician before participating in physical activity.

#### **Class Disclaimer**

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#### Refunds

Membership is non-refundable. Refunds for registration and other fees are considered on a per-case basis.

#### **Non-Discrimination Statement**

WVU is an EEO/Affirmative Action Employer. Underrepresented class members are encouraged to apply. This includes minorities, females, individuals with disabilities and veterans.



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# OLLI at WVU - Your Next Adventure Begins Here

# **Fall Registration Begins September 11**

Phone: 304-293-1793 Website: www.olliatwvu.org Email: olli@hsc.wvu.edu

# Benefits of OLLI Membership

Staying intellectually stimulated and socially active are proven components of healthy aging. Membership in OLLI provides these benefits through:

- More than 75 courses and activities per year in such areas as the arts, health and wellness, humanities, math and science, and more.
- Social events
- Travel programs
- Volunteer opportunities