

# Summer 2024 Course Catalog

# Stay Curious!

Registration  
begins  
June 24

[olliatwvu.org](http://olliatwvu.org)



# GERIATRIC CARE

Aging sometimes means an increased potential for illness and health issues. At WVU Medicine, our caring team of board-certified geriatricians provides high-quality care for adults aged 60 and up. With our team approach to senior health, we'll work with you and your family or caregivers to prevent, diagnose, and treat diseases and possible disability that may occur with aging.

[WVUMedicine.org/Geriatrics](https://www.wvumedicine.org/Geriatrics)



 **WVUMedicine**

## TABLE OF CONTENTS

Letter from the Director.....	3
About OLLI at WVU .....	4
Contact Us.....	4
OLLI Membership .....	5
Financial Assistance .....	5
How to Register .....	5
Special Member Events.....	7
OLLI Summer Previews.....	7
Field Trips .....	8
Shared Interest Groups .....	8
Osher Online .....	10
Classroom Location & Symbol Key .....	13
Summer 2024 Classes	
Arts & Literature.....	12
Health & Wellness .....	14
History .....	15
Literature & Writing.....	17
Other Interests.....	17
Philosophy & Religion.....	18
Science & Nature.....	19
Social Sciences, Political, and Current Events.....	19
Technology & Training .....	20
Travel & Adventure .....	21
OLLI After Hours.....	15
Class & Event Updates.....	18
Volunteer for OLLI .....	18
Community Events .....	21
Schedule at a Glance (Morgantown).....	22
Schedule at a Glance (Kanawha Valley) .....	24
Travel with Collette .....	26
OLLI Policies .....	27
Thank You to Our Donors.....	28
Supporting Your OLLI .....	29
Mark Your Calendar.....	30
Teach for OLLI .....	30
Registration form .....	insert

## WELCOME TO THE OSHER LIFELONG LEARNING INSTITUTE AT WEST VIRGINIA UNIVERSITY (OLLI AT WVU)

Summer is a special time of the year. Longer days and warmer temps inspire adventure, exploration, energy, and growth! And it marks the beginning of a new OLLI year. What better time and way to explore new ideas and experiences, discover a new interest, or rekindle a neglected avocation than by diving into the enriching world of lifelong learning with OLLI at WVU!

In the following pages, you'll find a vibrant selection of educational opportunities curated by OLLI at WVU this summer, each designed to ignite your curiosity and expand your horizons. Many classes are taught by topic experts and accomplished professionals. Several others are presented by enthusiasts who want to share their knowledge with peers and believe that teaching is a great way to learn! Regardless of their background, OLLI's volunteer instructors, presenters, and facilitators are passionate about sharing with avid pupils.

But OLLI isn't just about what happens in the classroom. It's also about the friendships formed over coffee breaks, lively discussions sparked during lunchtime, and shared experiences that make learning even more meaningful. Shared interest groups (SIGs) and special member events foster the strengthening of personal relationships while participating in engaging activities. Whether you're discussing the latest book, film, or travel; debating an idea, theory, or discovery; or simply enjoying each other's company, you'll find that the camaraderie at OLLI is as enriching as the classes themselves.

Recognizing the benefits of volunteering, OLLI also encourages the involvement of members and friends beyond attending classes and events. We value the experiences and expertise of lifelong learners and rely on members' active participation in a wide variety of service opportunities. Learn more about volunteer opportunities at [olliatwvu.org/current-members/volunteer](https://olliatwvu.org/current-members/volunteer) or contact me at [olli@hsc.wvu.edu](mailto:olli@hsc.wvu.edu).

Whether you're a returning member or joining us for the first time, we're thrilled to have you embark on this enriching journey with us.

Jascenna Haislet  
Director, OLLI at WVU

## OLLI ADVISORY COUNCIL (2023-2024)

Joyce Bower  
Kenton Colvin  
David Foster  
Kristie Gregory, Chair  
Jack Hammersmith  
Carol Henry  
Leslie Lovett  
Joanna Lowley  
Rosana Schafer  
William Vieweg  
Nancy Wasson  
Stephen Wetmore  
Sarah Woodrum, SPH Rep.

## EMERITUS ADVISORS

Roger Dalton  
Jim Held  
Ed Johnson  
Bev Kerr

## OLLI STAFF

Jascenna Haislet, Director  
Michelle Klishis, Professional Technologist  
Diane Cale, Program Assistant  
Charlene Gaston, Office Volunteer  
Connie McCluskey, Office Volunteer

## THE BERNARD OSHER FOUNDATION

The Bernard Osher Foundation seeks to improve quality of life through the support of lifelong learning institutes such as OLLI at WVU. Founded in 1977 by Bernard Osher, a respected businessman and community leader, it has funded a national network of 125 Osher Lifelong Learning Institutes. Funding for OLLI is contingent upon membership growth goals, so **membership matters**. To learn more about the Bernard Osher Foundation, visit [www.osherfoundation.org](http://www.osherfoundation.org).

## CONTACT US

**Osher Lifelong Learning Institute at WVU**  
(304) 293-1793 • [www.olliatwvu.org](http://www.olliatwvu.org) • [olli@hsc.wvu.edu](mailto:olli@hsc.wvu.edu)

**Main office (Morgantown)**  
Mountaineer Mall, Suite C-17  
5000 Green Bag Rd.  
Morgantown, WV 26501

***We recommend calling ahead or making an appointment as office hours may be limited.***

## ABOUT OLLI AT WVU

Dedicated to enriching the lives of older adults throughout West Virginia, the Osher Lifelong Learning Institute at West Virginia University (OLLI at WVU), an affiliate of the WVU School of Public Health, is a member-driven organization whose mission is to promote connection, curiosity, exploration, discovery, and discussion through learning and social engagement in non-credit classes, lectures, field trips, and events designed for adults 50+.

We value

- *The shared knowledge and talents of our members and volunteers.*
- *The support of our members for OLLI at WVU.*
- *A spirit of collaboration and respect among OLLI members and with West Virginia University.*
- *Excellence in all aspects of the life of OLLI at WVU. Innovation, creativity, and curiosity to develop and maintain a vibrant, member-driven program.*
- *Respect for diverse people, ideas, voices, and perspectives where all members feel valued.*
- *Working together to positively impact every part of OLLI at WVU.*
- *Partnering with people in the communities that we serve to support the mission and vision of OLLI at WVU.*

OLLI at WVU recognizes the unique experiences, capabilities, and wisdom of mature members of our communities and emphasizes the sharing of ideas through peer learning, member participation, and collaborative leadership.

***Courses are developed and taught by volunteers who are passionate about their topics, avocations, and interests, and love to share their ideas.***

OLLI at WVU continues to grow as an organization with the unwavering commitment and generosity of our patrons and supporters. We acknowledge and thank the following:

- The Bernard Osher Foundation
- West Virginia University, President's Office
- WVU Foundation
- WVU School of Public Health (SPH)
- OLLI Board Members, Committee Members, and Volunteers
- OLLI \$100K Club, Donors, and Sponsors
- Our Distinguished Instructors
- OLLI Members

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***I just loved the class I attended last week... I'm brand new to OLLI and so far it's been just wonderful.***

**- OLLI member**

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# OLLI MEMBERSHIP

Membership is open to curious adults interested in programs designed specifically for those 50 and over who want to engage socially and intellectually.

## Benefits

- *The opportunity to learn and to meet new friends.*
- *Discounts on travel and events in the community.*
- *At least one free Special Member Event per term.*
- *Access to the OLLI collection of Great Courses DVDs.*
- *A voice in OLLI governance.*
- *The right to be added to a course wait list.*
- *Access to Shared Interest Groups and technology assistance.*

## HOW TO REGISTER

The summer term runs July 15<sup>th</sup> through August 31<sup>st</sup>.

To register, you must have a current membership and have paid the required fees for the term.

Individuals may purchase or renew a membership and register for classes in any of the following ways:

- Online at <https://wvusph-olli.augusoft.net/>
- Call the OLLI office at (304) 293-1793
- By mail, using the enclosed membership/registration form. Mail to: OLLI at WVU  
5000 Green Bag Rd  
Morgantown, WV 26501

**Please make checks payable to the WVU Foundation.**

*If you pay with a credit or debit card, the charge will show as:*  
**WVU HSC PUBLIC HLTH OLLI OLLI@HSC.WVU.WV**

Membership is non-refundable. Refunds for registration and other fees are considered on a per-case basis.

## Summer Registration begins June 24, 2024

**Register Anytime!**

*Registration remains open throughout the term for most classes and events.*

**Annual  
membership  
\$30**

Membership year runs  
July 1<sup>st</sup> to June 30<sup>th</sup>

**Quarterly  
registration fee  
\$40**

**for unlimited courses**  
(payable only during quarters in  
which you register for classes)

**Save nearly 10%  
for the year by choosing the  
Annual Plus membership**

**Pay only \$175**  
for membership and four quarters of classes  
if you purchase by August 19, 2024.

\* Other fees may apply and are noted  
on individual courses, events, or groups.

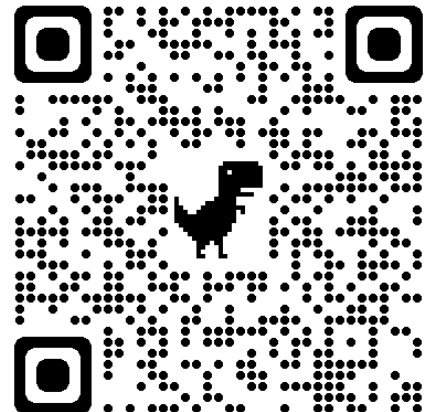
## FINANCIAL ASSISTANCE AVAILABLE

OLLI at WVU tries to keep fees to a minimum while providing the highest quality experiences to our members.

However, we recognize that membership and registration fees may be out of the reach of some individuals. Therefore, fee waivers are available. We do ask that you pay what you can for the membership. A payment of as little as \$5 or \$10 will allow OLLI at WVU to include you as a paid member in our report to the Osher Foundation.

To apply, ask for a confidential application at the OLLI office or fill out the application form on our website at [olliatwvu.org/learn-more/scholarships/](http://olliatwvu.org/learn-more/scholarships/) or scan the QR code below.

Applications and information submitted are kept strictly confidential.



## TAKING CLASSES WITH OLLI @ WVU

**OLLI classes are open to all members, regardless of where they live.**

Morgantown members are invited to attend classes in the Kanawha Valley and members from the Kanawha Valley are welcome to attend classes in Morgantown. Members who reside further away are welcome to join us in person when they are in town.

Contact the OLLI office at 304-293-1793 to make arrangements.

OLLI instructors are volunteering their time and talents. **Please be respectful of your course instructors and fellow participants.** Exposure to new and different ideas is what OLLI is all about. We encourage you to embrace this philosophy and be respectful in classroom discussions.

**Zoom links will be emailed to those enrolled in online classes by 9:00 a.m. the morning of the class/event.**

Please check your inbox, as well as spam and junk boxes, for the email at least 30 minutes prior to the start of your class. If you do not see an email for your class, call the OLLI office at 304-293-1793. We're happy to resend the email.

### Need Assistance with Zoom?

Interested in taking an OLLI class but not sure how to use the online meeting software, Zoom? OLLI's professional technologist, Michelle Klishis, will walk you through the steps you'll need to take, from downloading and installing the Zoom app on your device, to entering the virtual classroom, to using the chat function, and more. If you don't have a computer or personal electronic device, learn how you can join Zoom with your phone. Contact the OLLI office to arrange a session.

***I've made many new friends over the years and enjoy feeling needed and part of this important group.***

**- OLLI member**

### Registration & Attendance Matter

We understand that plans change, especially when you're asked to commit to something several weeks in advance. However, it is important to register for the classes that you wish to attend. Enrollment records help us demonstrate our members' active participation in the program when seeking funding from grant-makers and policy-makers. Also, we occasionally have classes which fill quickly so one that you wish to attend may already have a waiting list.

If you are unable to attend a class for which you are registered, please notify the OLLI office at 304-293-1793 or email [olli@hsc.wvu.edu](mailto:olli@hsc.wvu.edu). Another person may be anxiously awaiting your cancellation so that he or she may participate in the class.

Please be respectful of the time and efforts of our volunteer instructors and your fellow OLLI members.

### Don't Forget Your OLLI Name Tag

We may recognize faces but we don't always remember names. Please help us remember you by wearing your OLLI name tag when attending classes and events in person.

OLLI provides a name tag for each of our members. New members can pick up their name badges from the OLLI office in Morgantown. If you are attending in-person in the Kanawha Valley, we are happy to mail you one.

If you need a new name tag, please let us know. We're happy to make one for you.



## SPECIAL MEMBER EVENTS & BENEFITS

*Special member events, opportunities, and interest groups, unless otherwise noted, are free for current OLLI members! Payment of term enrollment fee is not required.*

### Ask a Geek

Michelle Klishis

**By appointment only.**

**Request an appointment at <https://bit.ly/3PcyiwP> or email [olli@hsc.wvu.edu](mailto:olli@hsc.wvu.edu) (please include "Geek Question" in the subject line.) Note that it may take up to one week to receive a response.**

Sometimes you have questions about technology that don't fit into a specific class or course. For those times, OLLI's Professional Technologist, Michelle Klishis, can help. Members may request an appointment in-person in Morgantown or via Zoom. Please note that Michelle's strengths are Android phones, Windows PCs, Microsoft Office software, and digital security and privacy.

### OLLI at the Ballpark: WV Black Bears

Sunday, August 25, 4:00 p.m.  
Kendrick Family Ballpark



**Tickets:** OLLI Members: \$14.00 Non-members: \$15.00  
**Reservation deadline:** August 2. Payment due at the time of reservation. No refunds after reservation deadline.  
**Maximum Enrollment:** 25 suite seating

Join OLLI for an evening of baseball this summer as the Black Bears, West Virginia's own draft league team, take on the Frederick Keys. Bring your family and friends!

### Take a Hike: You Decide the Trail

Michelle Klishis, Michael Hyde

Friday, August 4, 9:00 a.m. - 12:00 p.m.  
Cooper's Rock State Forest



Take a hike with Michelle & Michael at Coopers Rock State Forest. As a group, participants will decide how strenuous or easy a hike they want. Check your email for details about how we'll decide on the trails. If it's raining heavily the scheduled day, the hike will be postponed one week.

### Twilight Trivia

Tuesday, August 20, 7:00 - 8:30 p.m.  
Zoom

Grab a beverage and some snacks, settle into a comfy chair with your laptop, tablet, or smart phone, and test your knowledge of trivia, and the trivial, against your fellow OLLI members during our quarterly virtual game night!

### Virtual Happy Hour

Sundays, July 14 - August 18, 6:30 - 7:30 p.m.  
Zoom

Join us for an on-line happy hour with OLLI members! We're going to chat and socialize and check in on each other! Take this opportunity to dress up and chat with people you haven't seen for a while or maybe haven't met, in person, before!



**OLLI  
Summer  
Previews**

**Learn how you can stay engaged and connected this summer with OLLI classes. Hear from instructors and meet other OLLI members!**

**Tuesday, June 18  
1:00 - 2:30 p.m.  
Kanawha Valley (Edgewood Summit)**

**Monday, June 24  
3:00 - 4:30 p.m.  
Zoom**

**Wednesday, June 26  
2:00 - 3:30 p.m.  
Morgantown (Mountaineer Mall)**

**Free and open to the public  
Register at <https://bit.ly/3W9VSR5>**

### National Aquarium

Wednesday, August 28, 8:00 a.m. - 7:00 p.m.  
Baltimore, MD

L1

OLLI members: \$115 Non-members: \$120

**Registration deadline:** July 31. Payment due at the time of reservation. No refunds after July 31.

Fee covers bus and admission. Meals are on your own.

Join OLLI for a visit to the National Aquarium in Baltimore this summer. The award-winning National Aquarium is one of the best in the

world, featuring more than 17,000 animals from more than 750 species of fish, birds, amphibians, reptiles, and mammals. Exhibits include *Australia: Wild Extremes*, where you can experience the natural wonders of an Australian river gorge; *Blacktip Reef*, a replication of an Indo-Pacific reef from multiple vantage points; and *Harbor Wetland*, a replication of a salt marsh habitat that once covered land that is now Baltimore. Virtual reality experiences with sharks, mantas, and humpbacks are available for an extra cost. Visit <https://aqua.org/> to learn more about what you can experience on August 28.



*The aquarium is home to three food vendors on-site. Information is available at <https://aqua.org/visit>. No outside food or beverages are allowed inside the aquarium. You can bring food to eat outdoors if you wish.*

**OLLI Shared Interest Groups (SIGs) offer members the opportunity to share a common interest in a social setting. Many meet year-round so you register only once per year, unless otherwise noted. SIGs are open to all OLLI members.**

### MORGANTOWN

#### Afternoon Walking Group

Facilitator: Kelly Yonta

Mondays & Thursdays, 3:00 - 4:30 p.m., Morgantown trails

The group meets behind Automax in Morgantown on Monday afternoons and behind Kroger in Sabraton on Thursdays. Other walks are usually scheduled during the week as well and announced through email. Times and places vary and may include some evenings.

#### Campus Club: Let's Do Lunch!

Facilitator: Dottie Rauch

2<sup>nd</sup> Thursday of the month (July - December)

11:30 a.m. - 1:00 p.m.

Maximum enrollment: 20

OLLI members enjoy getting together for self-pay lunches once a month at restaurants in Morgantown. The restaurants we choose provide the opportunity to eat a wide variety of foods, in a relatively quiet, accessible, and comfortable environment. In the summer, we may travel out to the Cheat Lake area for dining.

*Participants will need to register in early January for the winter/spring terms.*

#### Campus Club Morning Book Discussion

Facilitator: Lynne Ostrow

3<sup>rd</sup> Tuesday of the month (September - June)

10:00 - 11:30 a.m., Zoom & in-person in Morgantown

Members of the morning book discussion give input into the selection of books and create a list from the suggestions. The following criteria are used for the selection: at least one non-fiction choice, consideration of local or regional authors, stories with West Virginia ties, recommendations from members who have read a book or reviews of books, and current "buzz" about a book. New members are always welcome.

#### Drinks & Dinner

Facilitator: Jascenna Haislet

2<sup>nd</sup> Thursday of the month (August - May), 6:00 - 8:00 p.m.

Maximum enrollment: 15

Relax after a long day with drinks and dinner with OLLI friends. We'll meet at a local restaurant, be it a five-star diner



or provincial pub, for conversation and comradery. Participants pay for their own meals. Locations will be chosen from suggestions of participants.

### A Late Lunch

Facilitator: Diane Cale

3<sup>rd</sup> Wednesday of the month, 1:00 - 2:15 p.m.  
Maximum enrollment: 15

Meeting for lunch is such a popular activity for OLLI members that we've started a second group. With a focus on supporting local restaurateurs and expanding our palettes, we will visit diners, taverns, and eateries that offer unique dining experiences throughout Morgantown and surrounding area. Participants pay for their own meals. Locations will be chosen from suggestions of participants.

### Mon River New Horizons Band

Facilitator: Ross Schlobohm

Mondays, 3:30 - 5:00 p.m., Morgantown A

The organization's motto, "It's never too late," means that one is never too old to make music. Founded in 2016, the MonRiver New Horizons Band gives OLLI members the opportunity to explore the joy of making music. Whether you once played a band instrument but did not continue later in life or never played before, the New Horizons Band will help you tap into the music within. Participants should be able to read music.

**Course Materials:** *Essential Elements Method* book and music stand. Participants must also provide their own instrument.

### Opera SIG

Shared facilitation

Meetings arranged via email

Whether you're a seasoned opera lover or just beginning to explore the art form, we invite you to join us. Group activities may include attending screenings together of the Met Opera at Regal Cinema and sharing rides to attend live performances at the Pittsburgh Opera and other regional venues.

### Walking Outdoors with Campus Club

Facilitator: Hope Covey

Thursdays, 9:00 - 10:00 a.m., Morgantown trails

The walking group meets at various rail trail locations in the community for a one-hour, three-mile round trip walk. Trails are generally level or have gradual elevation and the group is careful to avoid the downtown trail area due to traffic. Recognizing that some members walk faster than others, the groups may spread out in twos and threes to encourage and support each other.

### Yarn Arts

Mondays, 12:45 - 2:30 p.m., Morgantown A

Join your fellow OLLI members to share ideas, patterns, and workshop information and to support each other in knitting, crocheting, needle-point, and other yarn and thread arts.

## KANAWHA VALLEY

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### Take a Walk

Facilitator: Dan Fields

1<sup>st</sup> Tuesday of the month, 10:00 - 11:30 a.m.  
Charleston trails

Join OLLI members for a monthly, leisurely walk on various trails around Charleston. Participants must be able to complete a walk up to three miles in 90 minutes. Trails will be decided by the group via an email chat the week prior. Dogs on leashes welcome.

### Yarn Arts Kanawha Valley

Facilitator: Joe Watkins

Wednesdays, 2:00 - 4:00 p.m.  
Kanawha County Public Library

Join your fellow OLLI members to share ideas, patterns, and workshop information and to support each other in knitting, crocheting, needle-point, and other yarn and thread arts.

## ON ZOOM

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### Campus Club Evening Book Discussion

Facilitator: Hilary Attfield

2<sup>nd</sup> Tuesday of the month (September - June)  
7:30 - 9:00 p.m.

Believing that a good book is one that encourages a good discussion, the evening group tries to read an eclectic variety of books: novels, non-fiction, biography, etc. Books are suggested by members and the group tries to have books lined up two to three months in advance. Discussion of the book is always followed by social time to encourage friendship and catch up! New members are welcome and new voices appreciated.

Osher Online offers high quality shared, synchronous courses to members of participating OLLIs from across the network. This is a great opportunity to study with subject matter experts, learn with OLLI members from across the country, and experience this exciting new opportunity offered in partnership with the Osher NRC.

The program was created by the Osher National Resource Center (NRC) at Northwestern University to expand member access, institute collaboration, sharing of resources, and to ensure the legacy of the Osher Institutes.

All courses, held on Zoom, are six sessions, 90 minutes each, and are not recorded. They are delivered by the Osher NRC, and its staff will provide moderator and technical assistance.

Each course is  
**\$50.00 per person.**

*2024-25 OLLI membership is required.*

Registration for Osher Online  
summer term classes is open

**June 1 - 21**

*Additional seats may become  
available at a later date.*

## Bugs and Their Bizarre Biology

Brian O'Neill

Mondays, July 8 - August 12, 1:00 - 2:30 p.m., Zoom

Join this class to delve into the world of bugs, creepy crawlies, and anything without a backbone. Bugs are interesting, not gross (ok, maybe a little), and understanding their outlook on life can, in turn, change how we perceive the world. Based on biological principles, this course will explore these animals in our lives, society, homes, and even our bodies. Discussions and activities will be a part of every class to more deeply engage in how these creatures go about their lives.

**Brian O'Neill**, PhD, is an invertebrate biology professor and community ecologist at the University of Wisconsin – Whitewater. He has conducted research on a wide variety of invertebrates including: how the invertebrates of rivers of the U.S. Great Plains cope with floods; the food webs of temporary wetland communities in shortgrass prairies; and the ecotoxicology of common agricultural pharmaceuticals on wetland invertebrates. He has a productive international research initiative aimed at understanding the impact of humans on mammalian wildlife communities in South Africa, Costa Rica, Jordan, and the USA. His teaching interests include Aquatic Biology, Invertebrate Biology, Community and Introductory Ecology, and Introductory Biology for non-science majors.

## James Baldwin: Speaking to US at 100

Catherine Frank

Thursdays, July 11 - August 15, 1:00 - 2:30 p.m., Zoom

**Required textbooks** (all by James Baldwin):

*Go Tell It on the Mountain* (1952), ISBN: 978-0375701870  
and *Giovanni's Room* (1956), ISBN: 978- 0141032948

American writer James Baldwin (1924-1987) may be best known as an activist and essayist, but he was also a groundbreaking writer of novels and short stories. While he was born 100 years ago, his voice sounds fresh, urgent, and relevant to our evolving understanding of what it means to be American. We will read two of Baldwin's novels, *Go Tell It on the Mountain* and *Giovanni's Room*, in which he explores race, religion and sexuality. We will analyze Baldwin's unique voice and talent as a writer. Together we will discuss the ways Baldwin uses his fiction to help us understand what connects us as human beings, despite our differences.

**Prerequisites:** Participants should be willing to read and engage with complex texts addressing challenging subjects.

**Catherine Frank**, PhD, has taught more than 60 original OLLI courses in 24 years, both as a volunteer and as director for OLLI at UNC Asheville. She holds three degrees in English from UNC Chapel Hill where she wrote her dissertation on Thomas Hardy's poetry. She developed her interest in African American literature on her own but hopes and believes that through literature we can develop understanding for lives we do not live ourselves and by reading together we enhance our ability to understand literature and life.

## An Introduction to the National Park System

Constantine (Costa) Dillon

Wednesdays, July 10 - August 14, 1:00 - 2:30 p.m., Zoom

There are more than 400 parks in the National Park System spanning 11 time zones. Have you ever wondered how a place becomes a park, what it takes to manage a park, or why there are so many different types of parks? Take a behind-the-scenes look at the national parks as we reveal the laws, regulations, policies, and practices of managing these special places of American nature and history. Explore both famous and lesser-known parks and prepare yourself for your next park visit with a better understanding of fees, costs, lodging and camping opportunities, reservation systems, and best times to visit. National parks are in the news almost every day. Become a national park "insider" by learning more about these memorable places.

**Constantine (Costa) Dillon** is a retired National Park Service ranger and superintendent who worked in more than a dozen parks in his 35-year career. His awards include the Department of the Interior's Meritorious Service Award and the National Parks Conservation Association's

Stephen Mather Award. In addition to his time working in parks, Costa was also the Chief of Training and Employee Development for the National Park Service and managed the National Park Service's Albright Training Center at the Grand Canyon. He has a BS in Environmental Planning and Management (Park Option) from the University of California, Davis, and a Master of Public Administration from the University of Colorado.

## The Great Films from the 1920s to the 1960s

Jeremy Fackenthal

Tuesdays, July 9 - August 13, 1:00 - 2:30 p.m., Zoom

This course will give an introduction to film movements and some of the greatest films made (according to critics...but you can judge for yourself) from the 1920s to the 1960s. We will begin by discussing how and where films were made in the 1920s and how the filmmaking process evolved over the next 40+ years. We will also cover what to look for as you watch the films selected for the course. During weeks 2 through 6, we will watch at least one film during the week, and then during the class session will unpack the film in terms of style, story, filmmaking technique, and impact on society and culture. Over the six weeks of the course you will discover some of the best films made and learn about what makes them great.

**Jeremy Fackenthal**, PhD, is an independent filmmaker and nonprofit director. In addition, Jeremy served as Director of the Common Good International Film Festival from 2019 through 2023. After completing a PhD in Philosophy of Religion and Theology from Claremont Graduate University, he began using his philosophical background beyond the academy to raise questions and craft narratives. Jeremy shot and edited a short documentary on spoken word poetry as a means of personal formation for adolescents, and he is currently working on a feature-length documentary. From making films to curating a film festival, Jeremy enjoys films as an art form, a means of expression, and of course as entertainment.

## Women Psychoanalysts: Stories and Theories

Oliva M. Espin

Tuesdays, July 9 - August 13, 7:00 - 8:30 p.m., Zoom

The women included in this course were practitioners of psychoanalysis and wrote extensively about their work. These women have been selected because of the significance of their thought for psychoanalytic practice. Some of them were ostracized by other psychoanalysts and the importance of their thought may have been neglected, ignored, or forgotten, and their work may have been derogated. We will articulate what is different about the

contributions of women to psychoanalytic theory. And we will concentrate on women who were considered important: Karen Horney, Melanie Klein, Anna Freud, Ana Maria Rizzuto and others. The goal of this series is to bring out the indisputable contributions of these four women to psychoanalysis and the practice of psychotherapy.

**Oliva M. Espin**, PhD, is Professor Emerita in the Department of Women's Studies at San Diego State University and the California School of Professional Psychology of Alliant International University. A native of Cuba, she received her BA in Psychology from the University of Costa Rica and her PhD from the University of Florida, specializing in counseling and therapy with women from different cultures and in Latin American Studies. She has done post-doctoral work at Harvard University with a fellowship from the National Institute of Mental Health.

## The World's Fascination with the Automobile

Pandora Paúl Sardon

Saturdays, July 13 - August 17, 11:00 a.m. - 12:30 p.m. Zoom

The automobile has shaped the way we conduct modern life — from the way we eat our meals down to the songs we sing. It is endlessly fascinating to learn where we have come from and where we are going on our automotive journey. This course will make relevant the impact of the automobile on our everyday lives so even those who do not tout the title of "gearhead" may enjoy the experience and walk away with more knowledge and insight into our world than they had before.

**Pandora Paúl Sardon** is the Curator at America's Automotive Trust and LeMay America's Car Museum in Tacoma, WA. She grew up in Southern California enjoying drives in her father's red '59 Convertible Corvette, her mom's '70 Opel GT, and cruising while in high school in her '77 Malibu Classic station wagon. Her career has included both work and play in museum education, training, and curation. Pandora was part of the team at the San Diego Automotive Museum, creating award-winning exhibits. She has served on the Board of Directors of the National Association of Automobile Museums. She loves to showcase vehicles that have not been seen before, as well as interpreting cars in unique ways that inspire conversation and create wonder and awe. She believes that automobiles are snapshots of our culture.

# Stay Curious.

# SUMMER 2024 CLASSES

## THE ARTS & ART HISTORY

### A Behind-the-Scenes Look at Masterpiece Classics

Andrea Elkins

Tuesdays, July 16 - August 6, 3:00 - 4:30 p.m.  
Zoom & Morgantown B

Dive into characters featured in the classic Masterpiece shows *All Creatures Great and Small*, *Call the Midwife*, *Downton Abbey*, and *Mr. Selfridge*.

**Andrea Elkins** is a community theater actor and singer. She has a love for musicals and television.

### Don Knotts, Part II

Ed Johnson\*

Tuesdays, August 13 & 20, 10:00 a.m. - 12:00 p.m.  
Zoom & Morgantown B

Following OLLI's spring term class celebrating Morgantown's own Don Knotts, this class will continue to explore the extensive work of the actor, including many of his later endeavors.

**Ed Johnson** is the creator and curator of [www.mh3wv.org](http://www.mh3wv.org), a website for West Virginia Studies students and educators; he was a longtime business professor and a former cast member at Walt Disney World.

### Fabergé Eggs and the Romanov Imperial Family

Melora Cann\*

Wednesday, July 24, 10:00 a.m. - 12:00 p.m.  
Schoenbaum Family Center  
Wednesday, August 14, 10:00 a.m. - 12:00 p.m., Zoom

This presentation is a fascinating tour of some of the most exclusive, rare and sumptuous sculptural art in the western world – the Fabergé eggs. These eggs were originally commissioned by the Russian Imperial family in the late 1800s. Tsar Alexander III wanted a richly jeweled egg as an Easter gift for his wife so Russian jeweler Peter Carl Fabergé got to work and produced the very first Fabergé egg in 1885. The celebrated series of Imperial Easter eggs was created for the Russian Imperial family from 1885 to 1916, when the company was run by Peter Carl Fabergé. These creations are inextricably linked to the last Romanov family.

**Melora Cann** has been an art educator for over 40 years. She has studied art history internationally in Italy, the Netherlands, Spain, Great Britain, Germany and Mexico. She lived and taught in northern Italy for 24 years. She has been teaching art history classes for OLLI at WVU since 2017.

### Factories in the Fields: an Experiment in Agriculture and Rural Industry

Elizabeth Satterfield

L2

M

Tuesday, July 23, 10:00 a.m. - 12:00 p.m.  
Arthurdale

**Materials Fee:** \$8.50 Reservations and payment due by July 15. No refunds after July 15.

Take a tour of the first New Deal community of Arthurdale! Founded 90 years ago in 1934, Arthurdale was a pet project of First Lady Eleanor Roosevelt. Step back in time with this guided tour, which includes a new exhibition as well as an updated audio tour of an original homestead. The new exhibition, titled *Factories in the Fields: an Experiment in Agriculture and Rural Industry*, explores the intersection of subsistence agriculture and rural industry in the Arthurdale community. The exhibition features interactive elements that are fun for all ages as well as two historic Co-Op Tractors manufactured in the 1930s.



**Note:** *There is a considerable amount of walking and standing on the tour. Chairs and breaks will be available throughout the tour as well as a golf cart to transport visitors down to our homestead house. But accessibility is limited, and visitors should prepare to be active on the tour.*

**Elizabeth Satterfield** is the Curator and Director of Education at Arthurdale Heritage. She grew up exploring historic sites and natural wonders throughout West Virginia. She holds a BA in history and dual Master's in Public History and Public Administration from WVU.

### Film Forum: Summer Musicals V

James Held\*

M

Thursdays, July 18 - August 22, 12:45 - 3:30 p.m.  
Morgantown B

In our fifth summer of great musicals, we'll dip into the historical archives to see a Busby Berkeley choreographed film (title TBA), continue our celebration of Meryl Streep with *Mama Mia*, see the hugely successful musical version of *The Producers*, then look at two classic film musicals: *Kiss Me Kate* and *South Pacific*. We'll end with the charming and hilarious *Hairspray*, that gets everyone dancing and singing. Join Jim and Bonnie for some exciting films and good conversations after the showings.

**Jim Held** taught theater and dramatic literature at WVU for 35 years, retiring in 2015. He has taught over 65 courses

## SUMMER 2024 CLASSES

for OLLI focused on film, plays and playwrights, and classic literature. He has hosted Film Forum since 2015. Film has remained a constant in Jim's life with his wife Bonnie.

### Gustav Klimt, Viennese Artist of the Fin de Siècle

Melora Cann\*

Wednesday, July 31, 10:00 a.m. - 12:00 p.m.  
Schoenbaum Family Center  
Wednesday, August 21, 10:00 a.m. - 12:00 p.m., Zoom

Gustav Klimt (1862-1918) was born near Vienna and practiced his art there. Fin de Siècle literally means "end of the century" in French, and was applied to the art and artists practicing a sense of emotional connection that embraced symbolism, decadence, sensuality and elegant ennui. Their manners and art often expressed a belief in the inevitability of the end of civilization with the turn of the century, though art of this era actually continued up to 1914 and World War I. Klimt's art was strongly influenced by Japonisme and by mosaics (after a visit to Ravenna, Italy). His art was uniquely decorative, decadent, often erotic or suggestive, and always extremely elegant and complex. His best known painting, *The Kiss*, is stylized, detailed, colorful and ornamental.

See instructor biographer on previous page.

### Portraits of British Royalty

Melora Cann \*

Wednesday, July 17, 10:00 a.m. - 12:00 p.m.,  
Schoenbaum Family Center  
Wednesday, August 7, 10:00 a.m. - 12:00 p.m., Zoom

This class was inspired by *The Oxford Book of Royal Anecdotes* edited by Elizabeth Longford (Oxford University Press, 1989). Today there is the Royal Collection Trust (established in 1987) which is a department of the Royal Household. The Royal Collection Trust looks after the Royal Household and manages the public opening of the official residences of His Majesty The King. Using these and other sources, this class will survey notable, select portraits (needlework, painting, sculpture, stained glass, and photography) of the kings and queens of Britain over the span of centuries. While not all inclusive, it will be a stroll through history and a chance to see some of the British Royalty of different eras, with an eye to the artistry of the creators of these portraits.

See instructor biographer on previous page.

## Classroom Location Key

**Morgantown** - Mountaineer Mall, 5000 Green Bag Rd  
A - Classroom next to the OLLI office  
B - Classroom under the OLLI sign  
CL - Computer Lab, first door on the left down the hall next to B.

### Kanawha Valley

Edgewood Summit Retirement Community, 300 Baker Ln  
Schoenbaum Family Center, 1701 5th Ave.  
Kanawha County Public Library, 123 Capitol St.


### Other


Z - online via Zoom.  
Other - See course description for location.

## Symbol Key


Throughout OLLI's course catalog, you will see various symbols next to names, locations, and event titles. Below is a list of those symbols and what they mean.


\* An asterisk next to an instructor's name indicates that the instructor is a member of the OLLI Honor Roll and has taught at least 10 courses and 60 class session hours.


 This symbol next to a class or event indicates that it will be held in-person in Morgantown.

 This symbol next to a class or event indicates that it will be held in-person in the Kanawha Valley.

Field trips, exercise classes, and outdoor adventures may include an activity level designation. The best indicator of what to expect is explained in the event description, but we have developed this rating system to help you decide if you wish to participate. Please note that these ratings are for guidance only and conditions may change.

 Participants should be able to walk on flat surfaces at a leisurely pace. Activities may include some steps, boarding a bus, and standing for short periods of time during presentations. Accessible accommodations may be able to be arranged upon request.

 Participants should be able to walk on uneven surfaces that are not always paved. Activities may include walking up and down steps and small inclines, boarding a bus, standing for longer periods of time, and engaging in light exercises. Accessible accommodations may be able to be arranged upon request.

 Participants should be in good physical health, able to do all of the above, and participate in active medium endurance exercise and adventure activities.

## SUMMER 2024 CLASSES

### William Shakespeare for Fun and Profit

Bob Harrison\*

Thursday, August 1, 10:00 a.m. - 12:00 p.m.  
Edgewood Summit



William Shakespeare was not only a literary genius but a financial genius. This class demonstrates his levels of literary and financial expertise.

**Bob Harrison** earned his PhD from American University in Washington D.C. Dr. Bob enjoys sharing his love of Shakespeare with OLLI members.

## HEALTH & WELLNESS

### Dining with Diabetes

Andrea Hoover, David Roberts, Dana Wright



Mondays & Wednesdays, July 22 - 31, 12:45 - 2:15 p.m.  
Zoom

Each of the four sessions includes a discussion on aspects of diabetes, a cooking demonstration to show how to cook healthy and add flavor, and physical activity. Sessions will cover basic diabetes and testing; carbohydrates and sweeteners; fiber and sodium; and vitamins and minerals. Handouts and recipes will be shared with participants.

**Andi Hoover** serves as the Families and Health Extension Agent in Greenbrier County assisting youth and adults in making healthy lifestyle choices. **Dana Wright** is the Families Community Development Extension Agent in Logan County. She has worked for WVU Extension for over 11 years educating others on healthy lifestyles. **David Roberts** joined WVU Extension in 2011 and serves as the Family and Community Development Agent in Lincoln County. He is trained in social work with a safety background.

### Stress Management for Seniors

Kenton Colvin\*

Thursday, August 22, 10:00 a.m. - 12:00 p.m.  
Zoom & Morgantown B



What are stress and anxiety? How does stress affect us physically, mentally and emotionally? What causes stress in our lives? What can a person do to reduce the stress in one's life? It is a normal part of everyone's life. Why is it so important to manage stress? As one ages, they experience different kinds of stress. This course will deal with actual techniques and recommendations to help manage and reduce stress in one's everyday life. Stress management experiences will be shared, both from personal experiences and those from seminars the instructor taught as a consultant.

**Kenton Colvin** retired from WVU Student Life after 18 years. Previously, he spent 26 years in manufacturing

management with six corporations. He has an MA in Industrial and Systems Engineering and taught engineering courses for 26 years. He is VP of Mon Valley Railroad Historical Society and enjoys reading and teaching classes at OLLI.

### Taking Pain Out of Chronic Pain III: Redefining Pain

Allie Karshenas

Friday, July 19, 3:00 - 4:45 p.m.  
Zoom & Morgantown B

Vilifying pain in the context of chronic pain management can be counterproductive and potentially harmful to patients. Chronic pain is a complex condition that involves both physical and emotional components, and it often requires a holistic approach for effective management. When pain is vilified, it may lead to the perception that pain is inherently bad or an enemy to be defeated at all costs. This perspective can contribute to a negative attitude towards pain, which can exacerbate patients' suffering and hinder their recovery. Moreover, this approach may inadvertently stigmatize patients who experience chronic pain, leading to feelings of guilt, shame, or isolation. A more effective approach to chronic pain management involves understanding pain as a signal that something is amiss in the body or outside of the body. By acknowledging pain as a symptom rather than a problem to be eradicated, healthcare providers can work with patients to identify the underlying causes of their pain and develop personalized treatment plans.

**Allie Karshenas** is the Associate Vice President of Clinical Research Operations and Institutional Advancements, Associate VP of Global Engagements (GEO), and Associate Professor of Pharmaceutical Systems and Compliance in the School of Pharmacy at WVU.

### Yoga for Enjoyment and Health

Eva Hnizdo\*



Tuesdays, July 16 - August 27, 10:00 - 11:30 a.m.  
Morgantown Dance Studio, Mountaineer Mall

The class will be focused on developing skills that the students can use in their daily life to maintain their well-being. Coordination between breath and body movements such as balancing, stretching, strengthening, and deep breathing will be used to create the sense of well-being. We will be using chairs to support and enhance the body movements.

**Eva Hnizdo** is an experienced yoga teacher, professionally qualified in 2006. She has previously taught yoga at NIOSH, where she worked as an epidemiologist. After retirement she taught yoga classes at OLLI prior to COVID. Currently she teaches yoga at Crunch gym in Naples, FL. She creates enjoyable classes where students practice yoga to maintain spiritual and physical health.

## HISTORY

### American POWs in Vietnam

Russ Hutchins

Thursdays, July 25 - August 8, 10:00 - 11:30 a.m.  
Zoom

The American pilots that were on bombing missions and were shot down were held captive by the North Vietnamese during the Vietnam war under horrible and intolerable conditions. Many were paraded on television and in the newspaper photos. Hanoi Hilton and the other camps held both American pilots and captive soldiers. Some were exchanged during the war, most were held captive until the U.S. left Vietnam. Many are unaccounted for. We will visit the heroes and Medal of Honor winners who devoted themselves to America and the military values. Stockdale and McCain and others will be discussed as we examine this terrible war and times in Southeast Asia during the 1960s and 1970s that tested Presidents Eisenhower, Kennedy, Johnson, and Nixon. Join us for a review of the times of how American prisoners of war endured captivity under Communist captors.

**Russ Hutchins**, ED Sp, has been an Osher/OLLI presenter since 2013 for the University of Kansas and for West Virginia University since 2021. He is a retired school principal and speaks on history and local topics of interest. He lives in Summerville, SC.

### Archaeology and the Biblical World

Zachary Morton

Tuesdays, July 30 & August 6, 10:00 - 11:30 a.m.  
Morgantown A



In this course we will explore the ways archaeological excavations and studies have illuminated the social, religious and cultural histories of the areas from which the Bible emerged, as well as provide a brief introduction to archaeological method. We will survey significant finds in the ancient Levant (modern Israel/Palestine) that have shaped our understanding of the region's history. Sometimes these finds corroborate the histories of the Bible, and other times they expose contradictions. We will cover the Late Bronze Age (1600 BCE) through the Roman period (324 CE).

**Rev. Zachary Morton** is an ordained minister in the Presbyterian Church (USA) serving First Presbyterian Church in Morgantown. Zac is a graduate of West Virginia Wesleyan College ('07) and Pittsburgh Theological Seminary ('11). Zac has participated in two archaeological digs at three different sites, studied Ancient Near Eastern archaeology and languages, and served at the Kelso Lands Bible Museum in Pittsburgh.

## OLLI AFTER HOURS

### *Interested in being a part of the OLLI community but often busy during our usual class times?*

OLLI offers a selection of classes, shared interest groups, and other opportunities outside of the usual 9 to 5, Monday through Friday, time slots. Below is a list of those opportunities during the summer term.

*Many classes are recorded and available to registered members to view throughout the term. Simply contact the OLLI office to request the YouTube link.*

### OLLI After Hours

#### Shared Interest Groups (see page 8 for details)

- Drinks & Dinner  
Thursday, August 1, 6:00 - 8:00 p.m., TBA
- Twilight Trivia  
Tuesday, August 20, 7:00 - 8:30 p.m., Zoom

#### Member Benefits & Events (see page 7)

- Ask-a-Geek
- OLLI Virtual Happy Hour  
Sundays, July 14 - August 18, 6:30 - 7:30 p.m.,
- OLLI at the Ballpark  
Sunday, August 25, 4:00 p.m., Kendrick Family Ballpark (Morgantown)

#### Community Events (see page 21)

T'ai Chi at The Shack Neighborhood House (Morgantown)

Saturdays, July 13 - August 24

- Introduction to T'ai Chi 11:00 - 11:50 a.m.
- Intermediate T'ai Chi 10:00 - 10:50 a.m.

#### Osher Online Classes (see page 10)

Zoom

- Women Psychoanalysts: Stories and Theories  
Tuesdays, July 9 - August 13, 7:00 - 8:30 p.m.
- The World's Fascination with the Automobile  
Saturdays, July 13 - August 17, 11:00 a.m. - 12:30 p.m.

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*OLLI stimulates one's mind with great courses and provides social interaction to enliven the whole person.*

**- OLLI member**

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## SUMMER 2024 CLASSES

### Beyond Rushmore: A Monumental DC Story

Jack Hammersmith\*

Monday, July 15, 12:45 - 2:30 p.m.  
Zoom & Morgantown B

Two years ago we centered an OLLI class on sculptor Gutzon Borgum's Mt. Rushmore, a Herculean tribute to four presidents. Much earlier, however, two of those four—Washington and Lincoln—were immortalized in separate and distinctive ways in our nation's capital. After Rushmore was begun, Jefferson got his turn but Teddy Roosevelt never has in the same way. How, when, and why were these monuments/memorials designed, financed, built and dedicated. What were the problems? How have they stood the test of time?

This one-time class will examine these questions.

**Jack Hammersmith** has taught a variety of OLLI classes since his retirement from the WVU history department in 2016. He appreciates the continuing opportunity to keep active intellectually by teaching interesting students not overwhelmed by GPA averages, five-day weekend partying, or spring break interludes.



### Bicentennial Celebration for a Log Home

Linda Yoder



Tuesday, July 16, 10:00 - 11:30 a.m.  
640 Goshen Rd., Morgantown

Touch the 200-year-old white oak logs of the cabin, running your fingers through marks of the adze. Learn a little about the crops grown on the farm, about the surrounding neighborhood, and how the fields and forests can be preserved for the future. The instructor invites OLLI members to celebrate the cabin, her long-time home, with morning tea and a walk through the trees.

**Linda Yoder**, with her late husband and family, operated a strawberry farm south of Morgantown for many years. She retired from teaching English at Salem International University.

### Business Management: A Real Story

Kenton Colvin\*

Thursday, August 8, 10:00 a.m. - 12:00 p.m.  
Zoom & Morgantown B

ENCORE

This course will share what happens when two companies merge, when companies are sold, when an American company is sold to a foreign company, and when a new company is purchased. The focus will be on the impact on the employees and the cities where abandoned factories lay idle. What is life at the top through the eye of a high level executive? How and why are certain decisions made? Enjoy hearing about actual happenings, such as union strikes and negotiations, employee problem resolution, etc. Colvin will share 26 years of manufacturing and 18 years of higher education management from working for six corporations and WVU.

See the instructor biography on page 14.

### Gary, WV: Once the Largest Coal Operation in the World

Jim Rentch\*

Wednesdays, July 17 - 31, 12:45 - 2:15 p.m.  
Zoom & Morgantown B

In 1902, U.S. Steel established the U.S. Coke and Coal Company, leased 55,000 acres from Pocahontas Land Co., and began construction of operations in Gary Hollow. At peak during WWII, over 4,200 Americans and miners of 20 other nationalities living in 12 modern coal communities mined 6.5 million tons of coal per year, all destined for steel mills in Illinois, Ohio, and Pennsylvania. Altogether, 300 million tons of coal were removed. In the 1950s, mechanization in the coal industry brought steep cuts in employment. From a total population of 15,000 in the 1920s, Gary's population fell to 730 in 2021.

**Jim Rentch** worked as a miner for seven years but somehow ended up as an instructor and researcher of forestry at WVU for 18 years. Since retirement, he has enjoyed many hours of educating himself and preparing presentations on West Virginia's fascinating and sometimes little-known history.

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***You cannot help but get excited about  
the subject when the instructor is so  
passionate and knowledgeable about it.***

**- OLLI member**

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## West Virginia in the Civil War

Mathew Lively

Friday, July 19, 10:00 - 11:45 a.m.  
Zoom & Morgantown B

In this class we will discuss the formation of the state of WV during the Civil War, the state's strategic importance, and the battles fought within its borders.

**Mathew Lively** is President of the Mason-Dixon Civil War Round Table in Morgantown and a locally practicing physician. He is the author of a book on the death of Gen. Stonewall Jackson, along with several journal and magazine articles on medical history and the Civil War.

## LITERATURE & WRITING

### The Mark Twain Collection

Stewart Plein



Monday, August 5, 10:00 - 11:30 a.m.  
Rare Books Collection, WVU Wise Library

Samuel Langhorne Clemens, better known by his pen name, Mark Twain, was one of the most popular authors of the 19<sup>th</sup> century and remains so today. Largely known for his humorous novels, Twain was also an inventor and travel writer. The rare book collection of 19<sup>th</sup> and early 20<sup>th</sup> century American authors is particularly notable for the great number of first editions and special printings of Twain's works. The collection also includes correspondence, letters, and a postcard in Twain's own hand, as well as a scrapbook made with a new pasting process Twain invented.

**Stewart Plein** is the curator of Rare Books and Printed Resources for the WVU Libraries and West Virginia and Regional History Center, as well as the managing director of the West Virginia National Digital Newspaper Project. She received her BA from Emory & Henry College and her MLIS from the University of South Carolina. Stewart's research and publishing interests include book history, bookbinding design and Appalachian Studies.

### Reading Robert Frost: Still Worth It?

Rudy Almsy

Monday, July 15, 10:00 - 11:45 a.m.  
Morgantown A



Many OLLI members, no doubt, encountered the poetry of Robert Frost in high school or college. Some may even have had to memorize accessible poems such as "Stopping By Woods on a Snowy Evening" or "The Road Not Taken." The question for this class is whether Frost remains a poet worth reading today. Several of his shorter poems will be read aloud and reviewed while the instructor will facilitate discussion. Ten to fifteen poems will serve as class material.

**Rudy Almsy** was a teacher of literature and writing in WVU's English Department. He also served in various capacities as a university administrator. Now retired, he continues to work on his research in English Renaissance Prose. He has previously taught courses at OLLI which focused on reading and discussing pieces of literature which members already have some familiarity with.

## OTHER INTERESTS

### Boats on the Kanawha

Steven Holsclaw\*



Tuesday, July 23, 1:00 - 3:00 p.m.  
Edgewood Summit

Throughout history, Kanawha River shipping has advanced local industries while coexisting with many forms of boating recreation. Three industries that exponentially grew due to bulk shipment on the Kanawha were salt, coal, and chemical. Transportation platforms on the river went from early rafts and flatboats to large wooden, cement, steel, and specialty barges. All manner of recreational and pleasure boats are seasonally seen on the river. This presentation offers an expansive photo gallery of historic towboats, currently operated commercial boats, visiting excursion boats, privately owned sternwheelers, and many types of recreational crafts. A stunning visual experience awaits class attendees.

**Steven Holsclaw** is a retired Petroleum Geologist after working 42 years in the oil and gas industry. He has pursued a lifelong interest in fossils, minerals and crystals and enjoys sharing that interest with like-minded individuals.

### Old World Wines

Ron Porter



Wednesday, August 21, 12:45 - 2:30 p.m.  
Morgantown A

**Materials Fee:** \$20 at the door

Learn about and sample wines produced in European countries where modern production techniques began and that have had a major influence on winemaking around the world.

Ron Porter is the adult beverage consultant and co-manager of Kroger Suncrest Towne Centre.

## Class & Event Updates

The OLLI course catalog often has to go to print before we have all the information we need to pass along. It is not unusual for OLLI to add classes and events throughout the term. Nor is it unusual for dates to change due to unforeseen circumstances.

New classes are announced in OLLI's Friday bulletin. Emails are sent about schedule changes. But sometimes, it's easier to have a quick point of reference for all of this information. Therefore, we have created the link below for you to check for all the latest class and events updates.

<https://olliatwvu.wpcomstaging.com/archives/8974>

You can also access the site by scanning this QR code below with your Smart Phone.



## Volunteer for OLLI

As a non-profit membership organization, OLLI depends on the generous support of our volunteers. Volunteers are the lifeblood of our program, helping to ensure that OLLI is able to provide the highest quality courses, lectures, workshops, trips, and more for our members.

Your volunteer experience can be molded to fit your interests, talents, and schedule. All members have something to offer and are encouraged to share their time and expertise with their peers.

Volunteer opportunities include:

Instructor or presenter • Advisory Council or task group member • Office support • Project Team member  
Class host • Events host or staff • Technical assistant

Visit [olliatwvu.org/current-members/volunteer/](https://olliatwvu.org/current-members/volunteer/), scan the QR code below, or call 304-293-1793 for more information.



## SUMMER 2024 CLASSES

### PHILOSOPHY & RELIGION

#### Diving Deep to Prepare to Soar

Rabbi Joe Blair

Tuesdays, August 13 & 20, 3:00 - 4:30 p.m.  
Zoom

Explore the Jewish approach of descending into the morass in order to rescue the hidden shards of holiness through the lens of preparing for the darker holidays on the Jewish calendar. The first class will highlight Tisha B'Av, the value of memory and mourning in forming spirituality. The second class will examine Elul; Cheshon Hanefesh, (9/11); Yamim Noara'im; Yom Kippur; and Yizkor, looking back/down to be able to see forward/up.

**Rabbi Joe Blair** serves as spiritual and religious leader at Temple Israel in Charleston WV. He has taught for OLLI previously (WVU, JMU, UVA), as well as for educational, civic, religious, and communal organizations. He was a faculty member for the Gamliel Institute for ten years (serving also as Dean of Administration) teaching about Jewish End-of-Life practices, rituals, and procedures.

#### 12 Oils of the Bible

Jane Smith



Monday, August 12, 1:00 - 3:00 p.m.  
Edgewood Summit

The Bible contains information which our ancestors might have used about oils and their importance. Each of the 12 oils has a particular importance and can be used to better our health and reduce our pain. All the oils have a fascinating and long history. Participants will experience some of the aromas.

**Jane Smith** worked as a career counselor for over 35 years supporting individuals in career choices. She provided individuals and group counseling and workshops for people to make decisions about their future.

#### World Religions

Freya Swanson\*



Tuesdays, July 16 - August 13  
12:45 - 2:15 p.m.  
Zoom & Morgantown B

Participants will survey the five most practiced religions in the world: Hinduism, Buddhism, Judaism, Christianity, and Islam.

**Freya Swanson** is an ordained Universalist Minister who has taught several OLLI courses on a wide range of religious subjects.

**SCIENCE & NATURE**

**West Virginia Botanic Garden Tour**

Erin Smaldone

Monday, July 29, 10:00 - 11:30 a.m.  
WV Botanic Garden, 1061 Tyrone Rd.

**Course Fee:** \$5.00



Begun as only a dream in 2000, the West Virginia Botanic Garden is located on the 82-acre former Tibbs Run Reservoir property off the Tyrone Road. With a large variety of plants appropriate to Monongalia County's climate and soils, visitors to the Botanic Garden will enjoy beautifully landscaped gardens, trails weaving through flowering meadows and shaded woodland, and historic water features. Our tour guide will share the mission and history of the gardens while leading us through the rich natural environment. Be prepared to walk through a variety of terrain.



**Erin Smaldone** is the Education Director of the West Virginia Botanic Garden.

**Will Myrtle Beach Still Be There for My Summer Vacation?**

Richard Smosna\*

Mondays & Wednesdays, July 29 - August 21  
3:00 - 4:30 p.m.  
Morgantown B



This course will examine the environmental issue of beach erosion along our coasts. The problem is complex and the solution not as simple as building a sea wall. The ultimate cause is melting of polar ice sheets, and the resulting rise of sea level brings about the landward migration or complete disappearance of our beaches. U.S. shorelines are now retreating landward as much as 30 feet yearly, swallowing houses, condos, and hotels. A common response is to restrain the ocean by armoring the shore; another is to continually replace lost sand. These actions however may actually increase the rate of beach erosion. They usually fail in the long run and their costs are outrageous.

**Richard Smosna** is an emeritus professor at WVU who has been teaching geology since the Jurassic Period, presenting courses in environmental hazards, history of Earth, dinosaurs, human evolution, national parks, oceanography, and petroleum exploration.

**SOCIAL SCIENCES, POLITICAL & CONTEMPORARY ISSUES**

**Contemporary Economic Policy Issues**

Jon Haveman

Mondays & Wednesdays,  
July 15 - 24, 3:00 - 4:30 p.m.  
Zoom



Economics plays a central role in the functioning of every aspect of society. This course will address a set of prominent policy issues where economics is at their core. We will explore their origins as policy matters, the underlying data and evidence, and what policy levers are available to deal with them. Lectures will be standalone, taught by a subject matter expert – all of whom have a PhD in Economics. Potential topics include Climate Change, Healthcare Economics, Economic Inequality, and many more. The topics presented will be determined by what is most topical at the time of the course.

**Jon Haveman** is the Executive Director of the National Economic Education Delegation (NEED). An expert on economic policy, Dr. Haveman holds a PhD in Economics from the University of Michigan.

**Exploring the Concept of a Psychologically Rich Life**

John Oughton

Wednesdays, August 7 - 21, 12:45 - 2:15 p.m.  
Morgantown A



In the field of psychology, a good life has typically been conceptualized in terms of either hedonic well-being (live a happy life) or eudaimonic well-being (living a meaningful life). Recently, researchers have proposed that psychological richness is another aspect of what people consider a good life. Psychologically rich lives can be characterized by a variety of interesting and perspective-changing experiences (Oishi & Westgate, 2021) and involve complex mental engagement and a wide range of intense and deep emotions (Kaufman, 2020).

**John Oughton** recently retired from West Virginia University. He served in various roles during his career including Associate Director of the WVU Teaching and Learning Commons, Teaching Assistant Professor with the WVU Department of Curriculum & Instruction, and Assistant Professor with the University of Toledo College of Education & Allied Professions.

## Understanding the Magistrate Court System

Gary Sheff



Tuesday, August 27, 1:00 - 2:00 p.m.  
Edgewood Summit

What is the Magistrate Court System and why does it have the most immediate impact on you as a citizen? Magistrate Court is the first stop in the judicial system and handles as much as 80% of all court proceedings.

**Gary Sheff** was appointed magistrate by Judge Charlie King in 2019. He is a graduate of West Virginia State University and worked in the healthcare design business for 29 years. He has devoted himself to youth and families through his volunteer efforts with Family Services, B'nai Jacob Synagogue, and the CCRA, where he has been President since 1994.

## There Were No Homeless People in 1925

Wallace Venable\*

Thursday, July 18, 10:00 a.m. - 12:00 p.m.  
Zoom & Morgantown B

This class will present an argument that homelessness as we know it is a modern development. Until recently there were many forms of live-in jobs or ones where employers organized housing. Before Social Security little documentation was demanded for employment. Single housing units were rare. The class will be an informal coverage of the social supports, both physical and cultural, which have been lost since the Civil War.

**Wallace Venable** is a retired WVU mechanical engineering professor. He has been studying and talking about the interaction between technological developments and social change for about 65 years. His history publications include *Around Morgantown*.

## TECHNOLOGY

### eBooks: A Quick Overview

Michelle Klishis\*

Monday, August 19, 10:00 - 11:45 a.m.  
Zoom & Morgantown B

A quick look at eBooks, eBook formats, and some of the most common platforms, including: Smashwords, Amazon Kindle, Barnes & Noble, Rakuten Kobo, Google Play, eBooks.com, Apple Books, Alibris. Learn what eBook formats are cross-compatible (not many!).

### eReaders: A Quick Overview

Michelle Klishis\*

Monday, August 26, 10:00 - 11:45 a.m.  
Zoom & Morgantown B

A quick look at eReaders, the dedicated eInk devices you can use to read your eBooks. This overview includes the Boox, Kindle, Kobo, and Nook eReaders with an opportunity to see the details and use of the instructor's personal eReaders (Boox Note Air2, Kobo Libra, Kindle Paperwhite, and Kindle Oasis.)

### The Ins and Outs of Cyber Scams: How to Stay Safe

Uri Pearl

Monday, July 22, 10:00 - 11:30 a.m.  
Zoom

Last year Americans lost a staggering \$12.5 billion to cyber scams, a big jump from the previous year. The cyber scammers are becoming smarter and more sophisticated and that means we also need to be! This presentation aims to equip you with essential knowledge about the world of cyber scams. We'll delve into the workings of cyber scams, uncovering who the scammers are, their methods, and their objectives. By identifying common scams and learning the signs of being targeted, you can confidently navigate the digital world. Join us to transform from potential targets to empowered, scam-savvy internet users.

**Uri Pearl** is the Co-Founder of Catch, a personal cyber security company. Upon completion of his military service and a degree in Economics from the University of Maryland, a family scam experience caused Uri to dive into the world of scams and embark on a mission to educate and protect people.

## COMMUNITY EVENTS

### TRAVEL & ADVENTURE

#### Cruising on the Muddy Mighty Mississippi

Judy Morris, Andy Morris

Wednesdays, July 17, 10:00 - 11:30 a.m.  
Zoom

Imagine cruising on a raft on the mighty Mississippi with Huck Finn and Tom Sawyer. Now imagine cruising on a luxury cruise ship with 400 excited travelers. Join us on a voyage from New Orleans to Memphis with stops in towns along the way. Visit the WWII museum in New Orleans. See beautiful antebellum homes and gardens, the “sugar palace,” and quaint small towns in the heart of the Delta. Explore Natchez and Baton Rouge. Visit Vicksburg battlefield and the Cairo, a civil war ironclad that was raised and restored. Explore Memphis with its vibrant culture and music scene and Civil Rights history. Adventure awaits!

**Judy Morris** is a longtime OLLI member with a love of travel and is happy to share her experiences with others. She is a retired Medical Technologist who worked in the clinical labs at Ruby, in research for Mylan, and as a database specialist for Halfpenny Technologies. Her hobbies include photography, gardening, and quilting.

### Follow OLLI at WVU Online

Find out when the latest catalog will be available online, see pictures from classes, learn about special events, and read interesting articles from a variety of sources.

#### Friday e-bulletin & Emails

Be sure you're signed up for our email list so you don't miss any special news, messages from your instructors, receipts for registration, and more. Email [olli@hsc.wvu.edu](mailto:olli@hsc.wvu.edu) to be added to OLLI's email list.

You can also access the latest news directly by clicking on the News button on our website at [olliatwvu.org](http://olliatwvu.org)

*OLLI does not share your email address. We use your address only to inform you of important OLLI news and upcoming events.*

#### On Social Media

- **Facebook** (Osher Lifelong Learning Institute at WVU)
- **Wordpress** ([olliatwvu.wpcomstaging.com/](http://olliatwvu.wpcomstaging.com/))
- **Instagram** ([olliatwvu](https://www.instagram.com/olliatwvu))

*Community events, hosted by OLLI at WVU, are free and open to the public. OLLI membership is not required although reservations are.*

#### T'ai Chi Classes

Led by Cecil Pollard\*

Hosted by OLLI at WVU and The Shack Neighborhood House

Saturdays, July 13 - August 24

The Shack Neighborhood House (537 Blue Horizon Dr.)

Register at <https://bit.ly/3x8lyi8> or on the enclosed form.

#### Intermediate T'ai Chi

10:00 - 10:50 a.m.

This group provides an opportunity for participants who have moved beyond the beginning level to continue practicing together. Enrollment by permission of OLLI instructors.

#### Introduction to T'ai Chi and Qigong

11:00 - 11:50 a.m.

This course is an introduction to a version of Yang Style T'ai Chi as modified and taught by Cheng Man-ch'ing. In this course, students will learn the basic principles of T'ai Chi and how to do the T'ai Chi form.



#### Speaker Series

Facilitator: Allyson McKee

1<sup>st</sup> Wednesday of the month, 2:30 - 4:00 p.m.  
Zoom

OLLI co-hosts a presentation with the WVU Committee of Retired Faculty, monthly, on topics of interest to members and the community at large. Recent past titles have included *Ice Age West Virginia and Glacial Lake Monongahela*, *Esports: Beyond Gaming*, *Folk Music of the Southern West Virginia Coalfields*, *Suicide Prevention*, *History Alive: Charles Schulz*, and *PEIA and Humana for WVU Retirees*.

Visit <https://olliatwvu.org/about-us/community-events/> for the latest information about speakers.

## SUMMER 2024 SCHEDULE AT A GLANCE - MORGANTOWN

Class, Instructor	Date(s)	Time	Location	Page #
<b>Monday</b>				
Reading Robert Frost: Still Worth It? (Almasy)	July 15	10:00 - 11:45 a.m.	A	17
The Ins and Outs of Cyber Scams...(Pearl)	July 22	10:00 - 11:30 a.m.	Z	20
WV Botanic Garden Tour (Smaldone)	July 29	10:00 - 11:30 a.m.	Other	19
The Mark Twain Collection (Plein)	Aug. 5	10:00 - 11:30 a.m.	Other	17
eBooks: A Quick Overview (Klishis)	Aug. 19	10:00 - 11:45 a.m.	B & Z	20
eReaders: A Quick Overview (Klishis)	Aug. 26	10:00 - 11:45 a.m.	B & Z	20
Yarn Arts	July 8 - Aug. 26	12:45 - 2:30 p.m.	A	9
Beyond Rushmore...(Hammersmith)	July 15	12:45 - 2:30 p.m.	B & Z	16
Bugs and their Bizarre Biology (O'Neill)	July 8 - Aug. 12	1:00 - 2:30 p.m.	Z	10
Afternoon Walking Group (Yonta)	July 8 - Aug. 26	3:00 - 4:00 p.m.	Other	8
Mon River New Horizons Band (Schlobohm)	July 8 - Aug. 26	3:30 - 5:00 p.m.	A	9
<b>Monday &amp; Wednesday</b>				
Dining with Diabetes (Hoover, Roberts, Wright)	July 22 - 31	12:45 - 2:15 p.m.	Z	14
Contemporary Economic Policy Issues (Haveman)	July 15 - 24	3:00 - 4:30 p.m.	Z	19
Will Myrtle Beach Still Be There...(Smosna)	July 29 - Aug. 21	3:00 - 4:30 p.m.	B	19
<b>Tuesday</b>				
Bicentennial Celebration for a Log Home (Yoder)	July 16	10:00 - 11:30 a.m.	Other	16
Yoga for Enjoyment and Health (Hnizdo)	July 16 - Aug. 27	10:00 - 11:30 a.m.	Other	14
Factories in the Fields...(Satterfield)	July 23	10:00 a.m. - 12:00 p.m.	Other	12
Archaeology and the Biblical World (Morton)	July 30 & Aug. 6	10:00 - 11:30 a.m.	A	15
Don Knotts, Part II (Johnson)	Aug. 13 & 20	10:00 a.m. - 12:00 p.m.	B & Z	12
World Religions (Swanson)	July 16 - Aug. 13	12:45 - 2:15 p.m.	B & Z	18
The Great Films...1920s to the 1960s (Fackenthal)	July 9 - Aug. 13	1:00 - 2:30 p.m.	Z	11
Diving Deep to Prepare to Soar (Blair)	Aug. 13 & 20	3:00 - 4:30 p.m.	Z	18
A Behind the Scenes...Masterpiece Classics (Elkins)	July 16 - Aug. 6	3:00 - 4:30 p.m.	B & Z	12
Women Psychoanalysts: Stories and Theories (Espin)	July 9 - Aug. 13	7:00 - 8:30 p.m.	Z	11
Twilight Trivia	Aug. 20	7:00 - 8:30 p.m.	Z	7
<b>Wednesday</b>				
National Aquarium Field Trip	Aug. 28	8:00 a.m. - 7:00 p.m.	Other	8
Cruising...the Muddy Mighty Mississippi (Morris, Morris)	July 17	10:00 - 11:30 a.m.	Z	21
Portraits of British Royalty (Cann)	Aug. 7	10:00 a.m. - 12:00 p.m.	Z	13
Fabergé Eggs...the Romanov Imperial Family (Cann)	Aug. 14	10:00 a.m. - 12:00 p.m.	Z	12
Gustrav Klimt, Viennese Artist... (Cann)	Aug. 21	10:00 a.m. - 12:00 p.m.	Z	13
Gary, WV: Once the Largest Coal Operation...(Rentch)	July 17 - 31	12:45 - 2:15 p.m.	B & Z	16
Exploring the Concept of a Psychologically Rich Life (Oughton)	Aug. 7 - 21	12:45 - 2:15 p.m.	B	19
Old World Wines (Porter)	Aug. 21	12:45 - 2:30 p.m.	A	17
An Introduction to the National Park System (Dillon)	July 10 - Aug. 14	1:00 - 2:30 p.m.	Z	10
A Late Lunch (Cale)	July 17 & Aug. 21	1:00 - 2:15 p.m.	Other	9

## SUMMER 2024 SCHEDULE AT A GLANCE - MORGANTOWN

Class, Instructor	Date(s)	Time	Location	Page #
<b>Thursday</b>				
There Were No Homeless People in 1925 (Venable)	July 18	10:00 a.m. - 12:00 p.m.	B & Z	20
American POWs in Vietnam (Hutchins)	July 25 - Aug. 8	10:00 - 11:30 a.m.	Z	15
Business Management: A Real Story (Colvin)	Aug. 8	10:00 a.m. - 12:00 p.m.	B & Z	16
Stress Management for Seniors (Colvin)	Aug. 22	10:00 - 12:00 p.m.	B & Z	14
Campus Club: Let's Do Lunch! (Rauch)	Aug. 8	11:30 a.m. - 1:00 p.m.	Other	8
Film Forum: Summer Musicals V (Held)	July 18 - Aug. 22	12:45 - 3:30 p.m.	B	12
James Baldwin: Speaking to US at 100 (Frank)	July 11 - Aug. 15	1:00 - 2:30 p.m.	Z	10
Afternoon Walking Group (Yonta)	July 11 - Aug. 29	3:00 - 4:00 p.m.	Other	8
Drinks & Dinner (Haislet)	Aug. 1	6:00 - 8:00 p.m.	Other	8
Walking Outdoors with Campus Club (Covey)	July 11 - Aug. 29	9:00 - 10:00 a.m.	Other	9
<b>Friday</b>				
Take a Hike: You Decide the Trail (Klishis, Hyde)	Aug. 4	9:00 a.m. - 12:00 p.m.	Other	7
West Virginia in the Civil War (Lively)	July 19	10:00 - 11:45 a.m.	B & Z	17
Taking Pain Out of Chronic Pain III...(Karshenas)	July 19	3:00 - 4:45 p.m.	B & Z	14
<b>Saturday</b>				
Intermediate T'ai Chi (Pollard)	July 13 - Aug. 24	10:00 - 10:50 a.m.	Other	21
Introduction to T'ai Chi (Pollard)	July 13 - Aug. 24	11:00 - 11:50 a.m.	Other	21
The World's Fascination with the Automobile (Sardon)	July 13 - Aug. 17	11:00 a.m. - 12:30 p.m.	Z	11
<b>Sunday</b>				
OLLI at the Ballpark: WV Black Bears	Aug. 25	4:00 p.m.	Other	7
OLLI Virtual Happy Hour	July 14 - Aug. 18	6:30 - 7:30 p.m.	Z	7

### RETURNING THIS FALL

Some OLLI favorites are taking a break during the summer months but will return this fall. Be sure to mark your calendars.

- **The New Yorker Discussion Group**
- **Campus Club Book Discussions**
- **T'ai Chi for Arthritis**



## SUMMER 2024 SCHEDULE AT A GLANCE - KANAWHA VALLEY

Class (Instructor)	Date(s)	Time	Location	Page #
<b>Monday</b>				
The Ins and Outs of Cyber Scams...(Pearl)	July 22	10:00 - 11:30 a.m.	Z	20
eBooks: A Quick Overview (Klishis)	Aug. 19	10:00 - 11:45 a.m.	Z	20
eReaders: A Quick Overview (Klishis)	Aug. 26	10:00 - 11:45 a.m.	Z	20
Beyond Rushmore...(Hammersmith)	July 15	12:45 - 2:30 p.m.	Z	16
Bugs and their Bizarre Biology (O'Neill)	July 8 - Aug. 12	1:00 - 2:30 p.m.	Z	10
12 Oils of the Bible (Smith)	Aug. 12	1:00 - 3:00 p.m.	ES	18
<b>Monday &amp; Wednesday</b>				
Dining with Diabetes (Hoover, Roberts, Wright)	July 22 - 31	12:45 - 2:15 p.m.	Z	14
Contemporary Economic Issues (Haveman)	July 15 - 24	3:00 - 4:30 p.m.	Z	19
<b>Tuesday</b>				
Take a Walk (Fields)	July 2 & Aug. 6	10:00 - 11:30 a.m.	Other	9
Don Knotts, Part II (Johnson)	Aug. 13 & 20	10:00 a.m. - 12:00 p.m.	Z	12
World Religions (Swanson)	July 16 - Aug. 13	12:45 - 2:15 p.m.	Z	18
The Great Films...1920s to the 1960s (Fackenthal)	July 9 - Aug. 13	1:00 - 2:30 p.m.	Z	11
Boats on the Kanawha (Holsclaw)	July 23	1:00 - 3:00 p.m.	ES	17
Understanding the Magistrate Court System (Sheff)	Aug. 27	1:00 - 2:00 p.m.	ES	20
A Behind the Scenes...Masterpiece Classics (Elkins)	July 16 - Aug. 6	3:00 - 4:30 p.m.	Z	12
Diving Deep to Prepare to Soar (Blair)	Aug. 13 & 20	3:00 - 4:30 p.m.	Z	18
Women Psychoanalysts: Stories and Theories (Espin)	July 9 - Aug. 13	7:00 - 8:30 p.m.	Z	11
Twilight Trivia	Aug. 20	7:00 - 8:30 p.m.	Z	7
<b>Wednesday</b>				
Portraits of British Royalty (Cann)	July 17	10:00 a.m. - 12:00 p.m.	SC	13
Cruising...the Muddy Mighty Mississippi (Morris, Morris)	July 17	10:00 - 11:30 a.m.	Z	21
Fabergé Eggs...the Romanov Imperial Family (Cann)	July 24	10:00 a.m. - 12:00 P.M.	SC	12
Gustrav Klimt, Viennese Artist... (Cann)	July 31	10:00 a.m. - 12:00 p.m.	SC	13
Portraits of British Royalty (Cann)	Aug. 7	10:00 a.m. - 12:00 p.m.	Z	13
Fabergé Eggs...the Romanov Imperial Family (Cann)	Aug. 14	10:00 a.m. - 12:00 P.M.	Z	12
Gustrav Klimt, Viennese Artist... (Cann)	Aug. 21	10:00 a.m. - 12:00 p.m.	Z	13
Gary, WV: Once the Largest Coal Operation...(Rentch)	July 17 - 31	12:45 - 2:15 p.m.	Z	16
An Introduction to the National Park System (Dillon)	July 10 - Aug. 14	1:00 - 2:30 p.m.	Z	10
Yarn Arts	July 10 - Aug. 28	2:00 - 4:00 p.m.	Other	9
<b>Thursday</b>				
There Were No Homeless People in 1925 (Venable)	July 18	10:00 a.m. - 12:00 p.m.	Z	20
American POWs in Vietnam (Hutchins)	July 25 - Aug. 8	10:00 - 11:30 a.m.	Z	15
William Shakespeare for Fun and Profit (Harrison)	Aug. 1	10:00 a.m. - 12:00 p.m.	ES	14
Business Management: A Real Story (Colvin)	Aug. 8	10:00 a.m. - 12:00 p.m.	Z	16
Stress Management for Seniors (Colvin)	Aug. 22	10:00 - 12:00 p.m.	Z	14
James Baldwin: Speaking to US at 100 (Frank)	July 11 - Aug. 15	1:00 - 2:30 p.m.	Z	10



# SUMMER 2024 SCHEDULE AT A GLANCE - KANAWHA VALLEY

Class (Instructor)	Date(s)	Time	Location	Page #
<b>Friday</b>				
West Virginia in the Civil War (Lively)	July 19	10:00 - 11:45 a.m.	Z	17
Taking Pain Out of Chronic Pain III...(Karshenas)	July 19	3:00 - 4:45 p.m.	Z	14
<b>Saturday</b>				
The World's Fascination with the Automobile (Sardon)	July 13 - Aug. 17	11:00 a.m. - 12:30 p.m.	Z	11
<b>Sunday</b>				
OLLI Virtual Happy Hour	July 14 - Aug. 18	6:30 - 7:30 p.m.	Z	7

## INVITE A FRIEND

Share your love of lifelong learning and OLLI at WVU with friends, family, neighbors, and colleagues. Clip the panels below, add a note if you wish, sign it, put in an envelope, and drop in the mail to someone you would like to join you at OLLI.

**Join me at OLLI!**

*Are you looking for something different to do?  
Curious about things you haven't thought about before?*

**OLLI at WVU offers the opportunity to learn simply for the fun of it! No tests, No grades!**

Visit [olliatwvu.org](http://olliatwvu.org) OR  
call **ME** for more information.

*I would LOVE to have you join me in an OLLI class!*



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## Hawaiian Adventure

*Three Islands featuring O'ahu, Big Island, and Maui*

**Highlights:** Waikiki Beach, Pearl Harbor, Iolani Palace, Hawai'i Volcanoes National Park, Kona Highlights, Iao Valley, Polynesian Luau



**February 9 - 18, 2025**

10 Days • 13 Meals • Activity Level 1

Reservation deadline: August 2, 2024

More information, including rates and extension options, available at <https://gateway.gocollette.com/link/1240797>

## Spotlight on Tuscany

**Highlights:** Montecatini Terme, Lucca, Gothic Line, Winery Tour, Florence, Choice on Tour: Montecatini Walking Tour or Siena, Pisa, Cooking Class, Cheese Farm, San Gimignano



**March 19 - 27, 2025**

9 Days • 11 Meals • Activity Level 3

Reservation deadline: September 13, 2024

More information, including rates and extension options, available at <https://gateway.gocollette.com/link/1240802>

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**For more information, visit the trip websites  
or call the OLLI office at 304-293-1793.**

Visit

[https://www.gocollette.com/en-ca/collette-gives-you-more/  
faq#pacing](https://www.gocollette.com/en-ca/collette-gives-you-more/faq#pacing)

for a description of Collette's activity level ratings.

## Alaska Discovery Land & Cruise

*featuring a 7-night Holland America Cruise*

**Highlights:** Fairbanks, Sternwheeler Discovery, Music of Denali Dinner Theater, Denali National Park, Tundra Wilderness Tour, Luxury Domed Rail, Anchorage, Hubbard Glacier, Glacier Bay, Skagway, Juneau, Ketchikan, Inside Passage



**August 6 - 17, 2025**

12 Days • 26 Meals • Activity Level 1

Reservation deadline: January 30, 2025

More information, including rates and extension options, available at <https://gateway.gocollette.com/link/1241449>

## Discover Imperial Cities

*featuring Prague, Vienna, & Budapest*

**Highlights:** Prague, Prague Castle, Cesky Krumlov, Vienna, Schönbrunn Palace, Classical Music Performance, Choice on Tour, Bratislava, Lunch with Locals, Budapest, Matthias Church, Fisherman's Bastion, Visegrad, Renaissance Dinner



**October 1 - 11, 2025**

11 Days • 14 Meals • Activity Level 3

Reservation deadline: March 26, 2025

More information, including rates and extension options, available at <https://gateway.gocollette.com/link/1240843>

## OLLI POLICIES

### Classroom Etiquette

OLLI instructors are volunteering their time and talents. Please be respectful of your course instructors and fellow participants by:

- staying on topic during discussions
- attending only courses for which you have registered

Exposure to new and different ideas is what OLLI is all about. We encourage you to embrace this philosophy and be respectful in classroom discussions.

### Refunds

Membership is non-refundable. Refunds for registration and other fees are considered on a per-case basis.

### Weather Closings

OLLI will not hold in-person classes in Monongalia County or Kanawha County if the schools are closed or offering remote learning for the day in the respective county. OLLI may still host classes on Zoom. If you are unaware if a class you are registered for is meeting, visit [olli@hsc.wvu.edu](mailto:olli@hsc.wvu.edu) or call the OLLI office at 304-293-1793.

### Class Disclaimer

OLLI at WVU presents programs of interest for general guidance only. It does not engage in rendering legal, medical, financial, or other professional advice and services. Information presented in an OLLI program should not be used as a substitute for consultation with a professional legal, medical, financial, or other competent adviser. Before making any decision or taking any action, program participants should consult a professional legal, medical, financial, or other competent adviser.

All information is provided "as is," with no guarantee of completeness, accuracy, timelines or of the results obtained from the use of the information, and without warranty of any kind, expressed or implied, including, but not limited to warranties of performance, merchantability, and fitness for a particular purpose. Neither OLLI at WVU nor its information providers will be responsible to any program participant or anyone else for any decision made or action taken in reliance on the information presented by OLLI at WVU, or for any consequential, special or similar damages, even if advised of the possibility of such damages.

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### Non-Discrimination Statement

WVU is an EEO/Affirmative Action Employer. Underrepresented class members are encouraged to apply. This includes minorities, females, individuals with disabilities, and veterans.

# Be an OLLI Ambassador!

**Our members are our best recruiters.**

**Share your OLLI experience with a friend.**



- Invite a friend to a class
- Offer a catalog
- Suggest a membership\*
- Give a gift certificate

**See page 25 for a pre-printed message card to mail to friends.**

\*If you refer a friend who purchases a new membership, you will be entered in a drawing to receive a **free term of OLLI courses**. The referral must be confirmed by the new member.

## THANK YOU TO OUR DONORS

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The Osher Lifelong Learning Institute at WVU is dedicated to providing engaging educational, recreational, and social opportunities to our members.

To sustain and grow the program, your financial support is needed. Although OLLI receives support from WVU and earnings from the Osher Endowment, this funding covers only about 40% of our expenses. Membership and registration fees cover another 24%. Therefore, the remaining 36% must be raised through donations, gifts, sponsorships, and grants.

As OLLI at WVU strives to achieve financial sustainability, we would like to say thank you to all who have given so generously this year. The following reflects donations processed between July 1, 2023, and May 1, 2024, per the WVU Foundation. If your name is not listed and you believe it should be, please call the OLLI office at 304-293-1793.

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***OLLI programming in Morgantown  
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## SUPPORTING YOUR OLLI

*Lifelong learners value education -  
for themselves and others.*

Osher Lifelong Learning Institute (OLLI) at WVU exists because of the unique experiences, capabilities, and wisdom of mature members of the community.

Daily we see the educational and social impact OLLI has on members. Funded through membership fees, donations, and grants, OLLI benefits from the generosity of like-minded lifelong learners. Each gift allows meaningful work that would not have happened otherwise.

Your consideration of a gift today or in the future for OLLI at WVU will benefit the programs and help secure your OLLI legacy.

*With a variety of giving options, you can choose the gift  
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You can choose to designate your gift to:

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And choose the time that works for you.

- Give when you renew your membership or enroll in classes
- Give during OLLI's Annual Fall Campaign
- Give on WVU Day of Giving
- Set up a monthly recurring gift
- Any time during the year

**Every gift makes  
an impact!**

To give today, visit <https://olliatwvu.org/make-a-gift/> or add your tax-deductible donation to the enclosed class registration form. For more information, call the OLLI office at 304-293-1793.

*Thank you for your continued support  
of lifelong learning and OLLI at WVU.*

## TEACH FOR OLLI AT WVU

Did you know that one-third of OLLI's volunteer instructors and presenters are also OLLI members? While some are experts who built their careers working in the subject area of their OLLI class, many others are avid hobbyists, aficionados, or devoted lifelong learners who spend countless hours researching, exploring, and/or studying their topic of interest before sharing in the classroom.

Embracing the belief that teaching is a wonderful way to learn, OLLI at WVU values peer learning experiences and encourages members to consider sharing their passions and interests with fellow OLLI members.

Recent examples of OLLI classes taught by members include *Share the Story of Your Collection*; *The Ohio River Floodwall Murals*; *Greece: History, Sun, and Delicious Food!*; *Life Lessons from The Beatles*; and *Get Your Brick On: The World of LEGO*.

Join us for one of our upcoming instructor information sessions this summer to learn more about giving a presentation, teaching a class, and leading a workshop or discussion group. The meeting will cover developing and submitting proposal, the support provided to volunteers, and the rewards of volunteering for OLLI at WVU.

Morgantown: Tuesday, August 20, 12:00 p.m., at the Mountaineer Mall.

Kanawha Valley: Wednesday, July 31, 1:00 p.m.  
Location TBA

Register online at <https://bit.ly/4bhHzys>  
or scan the QR code below.



## Mark Your Calendar for These Important Dates

### OLLI Annual Meeting

Wednesday, June 26, 1:00 - 2:00 p.m.  
Zoom & Morgantown B

### New Member Orientation

Thursday, July 11, 1:30 - 3:00 p.m.  
Zoom & Morgantown B

### Fall term - September 16 - November 23

Fall course proposals due	June 9
Fall registration begins	August 26

### Winter term - January 20 - March 15

Winter course proposals due	September 30
Winter registration begins	January 5

### Spring term - April 7 - May 30

Spring course proposals due	December 29
Spring registration begins	March 17

### Summer 2025 term - July 14 - August 23

Summer course proposals due	April 7
Summer registration begins	June 23

## Kroger Community Rewards Program!

By participating in the Kroger Community Rewards Program, OLLI at WVU receives a donation from Kroger every time you purchase groceries in any of their stores using your rewards card.

Signing up is easy. Simply register your Kroger Plus Shopper's Card online at [www.krogercommunityrewards.com](http://www.krogercommunityrewards.com) and choose **Osher Lifelong Learning Institute/WVU Found (FG916)** as the organization to receive a donation.

If you have any questions, or need help enrolling in the Kroger Community Rewards Program, the OLLI staff is happy to assist.

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## *OLLI at WVU - Your Next Adventure Begins Here*

### Summer registration begins June 24

Phone: 304-293-1793

Website: [olliatwvu.org](http://olliatwvu.org)

Email: [olli@hsc.wvu.edu](mailto:olli@hsc.wvu.edu)

#### Benefits of OLLI Membership

Staying intellectually stimulated and socially active are proven components of healthy aging. Membership in OLLI provides these benefits through:

- More than 200 courses and activities per year in such areas as the arts, health and wellness, humanities, math and science, technology, and more.
- Social events
- Travel programs
- Interest Groups
- Volunteer opportunities