



West Virginia University.

OSHER LIFELONG LEARNING INSTITUTE

OSHER  
LIFELONG  
LEARNING  
INSTITUTE

# Fall 2024 Course Catalog

Registration  
begins  
August 26

[olliatwvu.org](http://olliatwvu.org)

**Stay  
Curious!**



# GERIATRIC CARE

Aging sometimes means an increased potential for illness and health issues. At WVU Medicine, our caring team of board-certified geriatricians provides high-quality care for adults aged 60 and up. With our team approach to senior health, we'll work with you and your family or caregivers to prevent, diagnose, and treat diseases and possible disability that may occur with aging.

[WVUMedicine.org/Geriatrics](https://www.wvumedicine.org/Geriatrics)

 WVUMedicine



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## WELCOME TO THE OSHER LIFELONG LEARNING INSTITUTE AT WEST VIRGINIA UNIVERSITY (OLLI AT WVU)

Welcome to OLLI's fall 2024 term!

As we embark on another engaging term, we are thrilled to present a diverse array of courses designed to ignite your curiosity, broaden your horizons, and inspire your creativity. Whether you are a returning member or joining us for the first time, this is your opportunity to explore new interests and discover hidden talents.

This fall, we encourage you to think outside the box. Step beyond your comfort zone and dive into subjects that you might not have considered before. Our course offerings span a wide range of disciplines, from the arts and humanities to the sciences and technology. Taught by topic experts and subject enthusiasts, OLLI classes are crafted to engage, challenge, and inspire.

Why not try something new? If you've always been drawn to the sciences, perhaps this is the time to explore a course in creative writing or visual arts. If your passion lies in the humanities, consider delving into the exciting world of science or technology. The rewards of broadening your learning experiences are immeasurable.

As you peruse the catalog, take a moment to reflect on your goals and aspirations. Think about the topics you are curious about and the challenges you are ready to embrace. This is your chance to create a truly unique and fulfilling lifelong learning experience.

We look forward to seeing you in class and witnessing the amazing journeys you will undertake. Here's to a time of discovery, growth, and unbounded possibilities!

Jascenna Haislet  
Director, OLLI at WVU

***Come for the classes.  
Stay for the people.***



## OLLI ADVISORY COUNCIL (2024-25)

Joyce Bower	Leslie Lovett
Kenton Colvin	Joanna Lowley
David Foster	Susan Martino
Kristie Gregory	Rosana Schafer
Jack Hammersmith	Nancy Wasson
Carol Henry	Sarah Woodrum, SPH Rep.

## EMERITUS ADVISORS

Roger Dalton	Jim Held
Ed Johnson	Bev Kerr

## OLLI STAFF

Jascenna Haislet, Director  
Michelle Klishis, Professional Technologist  
Diane Cale, Program Assistant  
Charlene Gaston, Office Volunteer  
Teresa Lyons, Office Volunteer  
Connie McCluskey, Office Volunteer

## THE BERNARD OSHER FOUNDATION

The Bernard Osher Foundation seeks to improve quality of life through the support of lifelong learning institutes such as OLLI at WVU. Founded in 1977 by Bernard Osher, a respected businessman and community leader, it has funded a national network of 125 Osher Lifelong Learning Institutes. Funding for OLLI is contingent upon membership growth goals, so **membership matters**. To learn more about the Bernard Osher Foundation, visit [www.osherfoundation.org](http://www.osherfoundation.org).

## CONTACT US

**Osher Lifelong Learning Institute at WVU**  
(304) 293-1793 • [www.olliatwvu.org](http://www.olliatwvu.org) • [olli@hsc.wvu.edu](mailto:olli@hsc.wvu.edu)

**Main office (Morgantown)**  
Mountaineer Mall, Suite C-17  
5000 Green Bag Rd.  
Morgantown, WV 26501

***We recommend calling ahead or making an appointment as office hours may be limited.***

## ABOUT OLLI AT WVU

Dedicated to enriching the lives of older adults throughout West Virginia, the Osher Lifelong Learning Institute at West Virginia University (OLLI at WVU), an affiliate of the WVU School of Public Health, is a member-driven organization whose mission is to promote connection, curiosity, exploration, discovery, and discussion through learning and social engagement in non-credit classes, lectures, field trips, and events designed for adults 50+.

We value

- *The shared knowledge and talents of our members and volunteers.*
- *The support of our members for OLLI at WVU.*
- *A spirit of collaboration and respect among OLLI members and with West Virginia University.*
- *Excellence in all aspects of the life of OLLI at WVU. Innovation, creativity, and curiosity to develop and maintain a vibrant, member-driven program.*
- *Respect for diverse people, ideas, voices, and perspectives where all members feel valued.*
- *Working together to positively impact every part of OLLI at WVU.*
- *Partnering with people in the communities that we serve to support the mission and vision of OLLI at WVU.*

OLLI at WVU recognizes the unique experiences, capabilities, and wisdom of mature members of our communities and emphasizes the sharing of ideas through peer learning, member participation, and collaborative leadership.

***Courses are developed and taught by volunteers who are passionate about their topics, avocations, and interests, and love to share their ideas.***

OLLI at WVU continues to grow as an organization with the unwavering commitment and generosity of our patrons and supporters. We acknowledge and thank the following:

- The Bernard Osher Foundation
- West Virginia University, President's Office
- WVU Foundation
- WVU School of Public Health (SPH)
- OLLI Board Members, Committee Members, and Volunteers
- OLLI \$100K Club, Donors, and Sponsors
- Our Distinguished Instructors
- OLLI Members

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***I just loved the class I attended last week... I'm brand new to OLLI and so far it's been just wonderful.***

**- OLLI member**

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# OLLI MEMBERSHIP

Membership is open to curious adults interested in programs designed specifically for those 50 and over who want to engage socially and intellectually.

## Benefits

- *The opportunity to learn and to meet new friends.*
- *Discounts on travel and events in the community.*
- *At least one free Special Member Event per term.*
- *Access to the OLLI collection of Great Courses DVDs.*
- *A voice in OLLI governance.*
- *The right to be added to a course wait list.*
- *Access to Shared Interest Groups and technology assistance.*

## HOW TO REGISTER

The fall term runs September 16<sup>th</sup> through November 23<sup>rd</sup>.

To register, you must have a current membership and have paid the required fees for the term.

Individuals may purchase or renew a membership and register for classes in any of the following ways:

- Online at <https://wvusph-olli.augusoft.net/>
- Call the OLLI office at (304) 293-1793
- By mail, using the enclosed membership/registration form. Mail to: OLLI at WVU  
5000 Green Bag Rd  
Morgantown, WV 26501

**Please make checks payable to the WVU Foundation.**

*If you pay with a credit or debit card, the charge will show as:*  
**WVU HSC PUBLIC HLTH OLLI OLLI@HSC.WVU.WV**

Membership is non-refundable. Refunds for registration and other fees are considered on a per-case basis.

**Fall Registration begins  
August 26, 2024**

**Register Anytime!**

*Registration remains open throughout the term for most classes and events.*

**Annual  
membership  
\$30**

Membership year runs  
July 1<sup>st</sup> to June 30<sup>th</sup>

**Quarterly  
registration fee  
\$40**

**for unlimited courses**  
*(payable only during quarters in  
which you register for classes)*

\* Other fees may apply and are noted  
on individual courses, events, or groups.

## FINANCIAL ASSISTANCE AVAILABLE

OLLI at WVU tries to keep fees to a minimum while providing the highest quality experiences to our members.

However, we recognize that membership and registration fees may be out of the reach of some individuals. Therefore, fee waivers are available. We do ask that you pay what you can for the membership. A payment of as little as \$5 or \$10 will allow OLLI at WVU to include you as a paid member in our report to the Osher Foundation.

To apply, ask for a confidential application at the OLLI office or fill out the application form on our website at [olliatwvu.org/learn-more/scholarships/](http://olliatwvu.org/learn-more/scholarships/) or scan the QR code below.

Applications and information submitted are kept strictly confidential.



## TAKING CLASSES WITH OLLI @ WVU

***OLLI classes are open to all members, regardless of where they live.***

Morgantown members are invited to attend classes in the Kanawha Valley and members from the Kanawha Valley are welcome to attend classes in Morgantown. Members who reside further away are welcome to join us in person when they are in town.

Contact the OLLI office at 304-293-1793 to make arrangements.

OLLI instructors are volunteering their time and talents. Please be respectful of your course instructors and fellow participants. Exposure to new and different ideas is what OLLI is all about. We encourage you to embrace this philosophy and be respectful in classroom discussions.

***Zoom links will be emailed to those enrolled in online classes by 9:00 a.m. the morning of the class/event.***

Please check your inbox, as well as spam and junk boxes, for the email at least 30 minutes prior to the start of your class. If you do not see an email for your class, call the OLLI office at 304-293-1793. We're happy to resend the email.

### Need Assistance with Zoom?

Interested in taking an OLLI class but not sure how to use the online meeting software, Zoom? OLLI's professional technologist, Michelle Klishis, will walk you through the steps you'll need to take, from downloading and installing the Zoom app on your device, to entering the virtual classroom, to using the chat function, and more. If you don't have a computer or personal electronic device, learn how you can join Zoom with your phone. Contact the OLLI office to arrange a session.

***I've made many new friends over the years and enjoy feeling needed and part of this important group.***

**- OLLI member**

### Registration & Attendance Matter

We understand that plans change, especially when you're asked to commit to something several weeks in advance. However, it is important to register for the classes that you wish to attend. Enrollment records help us demonstrate our members' active participation in the program when seeking funding from grant-makers and policy-makers. Also, we occasionally have classes which fill quickly so one that you wish to attend may already have a waiting list.

If you are unable to attend a class for which you are registered, please notify the OLLI office at 304-293-1793 or email [olli@hsc.wvu.edu](mailto:olli@hsc.wvu.edu). Another person may be anxiously awaiting your cancellation so that he or she may participate in the class. **\*\* This is especially important for in-person classes! \*\***

Please be respectful of the time and efforts of our volunteer instructors and your fellow OLLI members.

### Don't Forget Your OLLI Name Tag

We may recognize faces but we don't always remember names. Please help us remember you by wearing your OLLI name tag when attending classes and events in person.

OLLI provides a name tag for each of our members. New members can pick up their name badges from the OLLI office in Morgantown. If you are attending in-person in the Kanawha Valley, we are happy to mail you one.

If you need a new name tag, please let us know. We're happy to make one for you.



# SPECIAL MEMBER EVENTS & BENEFITS

*Special member events, opportunities, and interest groups, unless otherwise noted, are free for current OLLI members! Payment of term enrollment fee is not required.*

## Ask a Geek

Michelle Klishis

**By appointment only.**

**Request an appointment at <https://bit.ly/3PcyiwP> or email [olli@hsc.wvu.edu](mailto:olli@hsc.wvu.edu) (please include "Geek Question" in the subject line.) Note that it may take up to one week to receive a response.**

Sometimes you have questions about technology that don't fit into a specific class or course. For those times, OLLI's Professional Technologist, Michelle Klishis, can help. Members may request an appointment in-person in Morgantown or via Zoom. Please note that Michelle's strengths are Android phones, Windows PCs, Microsoft Office software, and digital security and privacy.

## Take a Hike: You Decide the Trail

Michelle Klishis, Michael Hyde

Friday, October 4, 9:00 a.m. - 12:00 p.m.  
Cooper's Rock State Forest



Take a hike with Michelle & Michael at Coopers Rock State Forest. As a group, participants will decide how strenuous or easy a hike they want. Check your email for details about how we'll decide on the trails. If it's raining heavily the scheduled day, the hike will be postponed one week.

## Twilight Trivia

Tuesday, October 15, 7:00 - 8:30 p.m.  
Zoom



Grab a beverage and some snacks, settle into a comfy chair with your laptop, tablet, or smart phone, and test your knowledge of trivia, and the trivial, against your fellow OLLI members during our quarterly virtual game night!

## Virtual Happy Hour

Sundays, September 8 - December 22, 6:30 - 7:30 p.m.  
Zoom

Join us for an on-line happy hour with OLLI members! We're going to chat and socialize and check in on each other! Take this opportunity to dress up and chat with people you haven't seen for a while or maybe haven't met, in person, before!

## Voting in West Virginia

Judy Ball

Tuesday, September 17, 3:00 - 4:45 p.m.  
Morgantown B & Zoom

2024 is an Election Year. Its outcomes will affect us all! We know two things about voting in WV: (1) Participation is poor and (2) It's complicated. Voters must navigate a thicket of obscure rules and deadlines. This class will examine actual data on the reasons West Virginians cite for not voting; review some of the important rules that may be barriers to better voter participation, including some recently proposed legislative solutions; and highlight some of the implications of not voting. The approach will be radically nonpartisan, designed to encourage voters of all political perspectives to participate in our democracy.

**Judy Ball** is a Vice President of the League of Women Voters of West Virginia and President of the LWV of Morgantown-Monongalia County. She holds a BA in political science from WVU and an MPA and PhD in Public Administration from the Maxwell School at Syracuse University. She spent more than 20 years in health services research with the U.S. Department of Health and Human Services agencies.

## OLLI Performance Showcase

Mon River New Horizons Band & Readers Theatre



Tuesday, November 19, 3:00 - 5:30 p.m.  
Mountaineer Mall

Members, friends, and supporters are invited to an OLLI performance showcase at the Mountaineer Mall. Featuring the Mon River New Horizons Band and the fall term Readers Theatre class, the performance will inspire laughter, smiles, toe tapping, and a little deep thought.

Attendees will enjoy a selection of short plays from *Legendary Ladies and Their Gents* by Marilyn Warsofsky.

Following a brief intermission with refreshments, the Mon River New Horizons Band will perform a selection of musical favorites for the audience.

The event is free to attend but prior registration is strongly encouraged.



**East Broad Top Railroad**

Friday, September 27, 8:00 a.m. - 6:00 p.m.  
Rockhill Furnace, PA



OLLI members: \$115 Non-members: \$120  
**Registration deadline:** Sept. 3. Payment due at the time of reservation. No refunds after Sept. 3.  
Fee covers bus and tickets. Lunch is on your own.

Ride the rails on America's oldest operating narrow gauge railroad. The East Broad Top National Historic Landmark is one of the few places still in existence that offers visitors a comprehensive and immersive look into America's industrial past.



photo: <https://eastbroadtop.com/ride/trolleyrides/>

We will start the day with a guided tour of the facilities that keep the trains running. After lunch, we will enjoy a ride on the train, departing from historic Orbisonia Station and traveling through the scenic Aughwick Valley in coach and open air cars. Upon return to the station, we'll hop a ride on a vintage trolley along the picturesque Blacklog Creek and past industrial ruins, courtesy of Rockhill Trolley Museum.

*Lunch will be available from food vendors on site or you can bring a packed meal.*

**Class & Event Updates**

The OLLI course catalog often has to go to print before we have all the information we need to pass along. It is not unusual for OLLI to add classes and events throughout the term. Nor is it unusual for dates to change due to unforeseen circumstances.

New classes are announced in OLLI's Friday bulletin. Emails are sent about schedule changes. But sometimes, it's easier to have a quick point of reference for all of this information. Therefore, we have created the link below for you to check for all the latest class and events updates.

<https://olliatwvu.wpcomstaging.com/archives/8974>

You can also access the site by scanning this QR code below with your Smart Phone.



*Community events, hosted by OLLI at WVU, are free and open to the public. OLLI membership is not required although reservations are.*

**T'ai Chi Classes**



Led by Cecil Pollard\*  
Hosted by OLLI at WVU and The Shack Neighborhood House

Saturdays, September 14 - December 14  
The Shack Neighborhood House (537 Blue Horizon Dr.)

Register at <https://bit.ly/3x8lyi8> or on the enclosed form.

**Intermediate T'ai Chi**

10:00 - 10:50 a.m.

This group provides an opportunity for participants who have moved beyond the beginning level to continue practicing together. Enrollment by permission of OLLI instructors.

**Introduction to T'ai Chi and Qigong**



11:00 - 11:50 a.m.

This course is an introduction to a version of Yang Style T'ai Chi as modified and taught by Cheng Man-ch'ing. In this course, students will learn the basic principles of T'ai Chi and how to do the T'ai Chi form.



**Speaker Series**

Facilitator: Allyson McKee

1<sup>st</sup> Wednesday of the month, 2:30 - 4:00 p.m.  
Zoom

OLLI co-hosts a monthly presentation with the WVU Committee of Retired Faculty on topics of interest to members and the community at large. Recent past titles have included *Ice Age West Virginia and Glacial Lake Monongahela*, *Esports: Beyond Gaming*, *Folk Music of the Southern West Virginia Coalfields*, *Suicide Prevention*, *History Alive: Charles Schulz*, and *PEIA and Humana for WVU Retirees*.

Visit <https://olliatwvu.org/about-us/community-events/> for the latest information about speakers.



## Irving Goodman Aging Lecture Series

18<sup>th</sup> Annual Lecture

### *Is Sleep the Key to Healthy Aging?*

**Adam P. Spira, PhD**

Vice Chair for Research & Faculty

Department of Mental Health

Johns Hopkins Bloomberg School of Public Health

**Wednesday, September 18**

**1:00 - 2:00 p.m.**

**Morgantown B & Zoom**



Sleep disturbances are common as people get older, and a growing number of studies indicate that they are linked to a greater risk of poor health outcomes, including cognitive and functional decline, and even Alzheimer's disease. Dr. Spira will discuss research in these areas and the implications of good sleep for healthy aging.

Adam Spira is Professor and Vice Chair for Research and Faculty in the Department of Mental Health at the Johns Hopkins Bloomberg School of Public Health. He has a joint appointment in the Department of Psychiatry and Behavioral Sciences at the Johns Hopkins School of Medicine and is core faculty of the Johns Hopkins Center on Aging and Health. Dr. Spira completed doctoral training in clinical psychology at West Virginia University, and his research focuses on the association of sleep disturbance with cognitive and functional decline and Alzheimer's disease. He joined the Johns Hopkins faculty in 2008, and in 2009, he received a Career Development Award from the National Institute on Aging (NIA) to investigate the association between sleep disturbance and functional decline in older people. Since then, he has led or co-led multiple grants from NIA investigating associations of sleep and/or circadian rhythm disturbance with brain health outcomes, including Alzheimer's disease biomarkers.

Register online at <https://wvusph-olli.augusoft.net/> or by calling the OLLI office at 304-293-1793

A reception will be held at the Mountaineer Mall in Morgantown following the lecture.



*Learn how you can stay engaged  
and connected this fall with OLLI classes.*

*Hear from instructors and  
meet other OLLI members!*

**Tuesday, August 27**

**2:00 - 3:15 p.m.**

**Kanawha Valley (Edgewood Summit)**

**NEW  
DATE!**

**Tuesday, September 3**

**3:00 - 4:30 p.m.**

**Morgantown (Mountaineer Mall)**

**Free and open to the public**

**Register at <https://bit.ly/3zxRzqd>**

## SHARED INTEREST GROUPS

*OLLI Shared Interest Groups (SIGs) offer members the opportunity to share a common interest in a social setting. Many meet year-round so you register only once per year, unless otherwise noted. SIGs are open to all OLLI members.*

### MORGANTOWN

#### Afternoon Walking Group

Facilitator: Kelly Yonta

Mondays & Thursdays, 3:00 - 4:30 p.m., Morgantown trails

#### Campus Club: Let's Do Lunch!

Facilitator: Dottie Rauch

2<sup>nd</sup> Thursday of the month (July - December)  
11:30 a.m. - 1:00 p.m.

#### Campus Club Morning Book Discussion

Facilitator: Lynne Ostrow

3<sup>rd</sup> Tuesday of the month (September - June)  
10:00 - 11:30 a.m., Zoom & in-person in Morgantown A

#### Drinks & Dinner

Facilitator: Jascenna Haislet

2<sup>nd</sup> Thursday of the month (August - May), 6:00 - 8:00 p.m.

#### A Late Lunch

Facilitator: Diane Cale

3<sup>rd</sup> Wednesday of the month, 1:00 - 2:15 p.m.  
Maximum enrollment: 15

#### Mon River New Horizons Band

Facilitator: Ross Schlobohm

Mondays, 3:00 - 4:30 p.m., Morgantown A

#### Opera SIG

Shared facilitation

Meetings arranged via email

#### Walking Outdoors with Campus Club

Facilitator: Hope Covey

Thursdays, 9:00 - 10:00 a.m., Morgantown trails

#### Yarn Arts

Mondays, 12:45 - 2:30 p.m., Morgantown A

### KANAWHA VALLEY

#### Take a Walk

Facilitator: Dan Fields

1<sup>st</sup> Tuesday of the month, 10:00 - 11:30 a.m.  
Charleston trails

#### Yarn Arts Kanawha Valley

Facilitator: Joe Watkins

Wednesdays, 2:00 - 4:00 p.m.  
Kanawha County Public Library

### ON ZOOM

#### Campus Club Evening Book Discussion

Facilitator: Hilary Attfield

2<sup>nd</sup> Tuesday of the month (September - June)  
7:30 - 9:00 p.m.

**See descriptions at**  
<https://olliatwvu.org/current-members-interest-groups/>  
**for more detail.**



Osher Online, a program of the Osher National Resource Center (NRC) at Northwestern University, offers an exciting opportunity to learn with OLLI members from across the country.

**Each course is \$50.00 per person.**

*2024-25 OLLI membership is required.*

**Registration for Osher Online  
fall term classes is open through September 12**

*All classes offered on Zoom only.*

*Additional seats may become available at a later date.*

**Full course descriptions and instructor biographies**  
<https://olliatwvu.org/media/7095/fall-2024-osher-online.pdf>

## Gender and the Law

Lauren Andersen

Thursdays, October 3 – November 7  
11:00 a.m. – 12:30 p.m.

## Peace Leadership: Exploring Peacebuilding from the Ground Up

Aleen Bayard

Tuesdays, October 1 – November 5, 1:00 – 2:30 p.m.

## The Power of Introverts

Jeri Bingham

Wednesdays, October 2 - November 6, 7:00 – 8:30 p.m.

## The Great Con: The Talented Mr. Ripley in Literature and Film

Heather Brown

Fridays, October 11 - November 15  
11:00 a.m. – 12:30 p.m.

## First Ladies: More Than the Women Behind the Men

Diana Carlin, Myra Gutin

Mondays, September 30 - November 4, 3:00 – 4:30 p.m.

## Medieval Science: Exploring Insights and Discoveries

Ilya Dines

Mondays, September 30 - November 4, 7:00 – 8:30 p.m.

## Wellness From Within

Mónica E. Gómez

Tuesdays, October 8 – November 12, 3:00 – 4:30 p.m.

## Psychology Fundamentals

Andrés Gvirtz

Tuesdays, October 8 - November 12  
11:00 a.m. – 12:30 p.m.

## The Season of Sports Journalism: Tackle Media Coverage of the Summer Olympics Evolving into Fall Athletics Across the Globe

Annie Krall

Saturdays, October 5 - November 9  
11:00 a.m. – 12:30 p.m.

## The Empowered Consumer: Finding your Purchasing Superpower

Susan Adams Loyd

Thursdays, October 10 - November 14, 3:00 – 4:30 p.m.

## Language Myths Debunked

Asya Pereltsvaig

Mondays, October 14 – November 18  
5:00 - 6:30 p.m.

**NEW  
TIME!**

## Who is Fredrick Law Olmsted? An Examination of This Visionary's Life, Work, and Living Legacy

Dede Petri

Wednesdays, October 2 - November 6, 1:00 – 2:30 p.m.

## Art Movements from the Roaring '20s to the Swinging '60s

Eleanor Schrader

Tuesdays, October 8 - November 12, 7:00 – 8:30 p.m.

## Exploring Crosswords

Steve Weyer

Thursdays, October 17 - November 21, 5:00 – 6:30 p.m.

## Architecture, Engineering, Design, and Technology: Case Studies from the Past, Present, and Future

John Zukowsky

Wednesdays, October 2 - November 6  
11:00 a.m. – 12:30 p.m.

# Stay Curious.



# FALL 2024 CLASSES

## THE ARTS & ART HISTORY

### The Appalachian Dulcimer: Mystery, History, Music and Craft

Wallace Venable & Norma Venable



Mondays, October 7 & 14, 10:00 - 11:45 a.m.  
Morgantown B

The lap dulcimer is often called the Appalachian or Mountain Dulcimer because it is thought to have evolved in the hollows of Kentucky. We will search for its possible 19<sup>th</sup> century roots and its development into a widely known folk music instrument. Dulcimers are made in a wide variety of shapes and materials by both amateurs and professionals. The instrument is, like quilts and baskets, also produced as a craft item primarily for decorative display. The class will include many YouTube videos demonstrating a wide variety of techniques and the construction of a simple one during the class. This is not a how-to-play class, but students will have an opportunity to visit a dulcimer petting zoo.

**Wally Venable** is an amateur instrument maker and a regular contributor to the major on-line dulcimer forum.

**Norma Venable** has been playing dulcimer for about 10 years. They will be bring a dozen or so instruments of various sizes, shapes, and values from their collection.

### Art History: Dreamers, An Introduction

Melora Cann

Wednesday, October 16, 10:00 a.m. - 12:00 p.m.  
Edgewood Summit

Wednesday, November 13, 10:00 a.m. - 12:00 p.m. Zoom

Some artists defy categorization or define new ones. In this introduction to “Dreamers,” the class will investigate how various Western art movements provoked rebels or independents. Specifically, the Pre-Raphaelites, the Realists, and the Impressionists led to the emerging new voices of artists who became the precursors of Romantics, Symbolists, Surrealists, and Modernists in general. While this class is not required, it does provide an introduction to some of the art movements of the early 1800s through the early 1900s. It will provide a base for the three following classes on the artists William Blake, Henri Rousseau, and Paul Gauguin.

**Melora Cann** has been an art educator for over 40 years. She has studied art history internationally in Italy, the Netherlands, Spain, Great Britain, Germany and Mexico. She lived and taught in northern Italy for 24 years. She has been teaching art history classes for OLLI at WVU since 2017.

### AH: Dreamers II - William Blake

Melora Cann

Wednesday, October 23, 10:00 a.m. - 12:00 p.m.  
Edgewood Summit

Wednesday, November 20, 10:00 a.m. - 12:00 p.m. Zoom

William Blake (1757–1827) was an artist and poet in England. While not well known during his lifetime, Blake is now recognized as an early leader in the Romantic Art Movement.

### AH: Dreamers III - Henri Rousseau

Melora Cann

Wednesday, October 30, 10:00 a.m. - 12:00 p.m.  
Edgewood Summit

Wednesday, December 4, 10:00 a.m. - 12:00 p.m. Zoom

Henri Rousseau (1844-1910) was a self-taught and independent artist whose style has been called Naïve or Primitive. Rousseau’s art has influenced multiple decades of cutting-edge artists considered part of the Modernist Movement.

### AH: Dreamers IV - Paul Gauguin

Melora Cann

Wednesday, November 6, 10:00 a.m. - 12:00 p.m.  
Edgewood Summit

Wednesday, December 11, 10:00 a.m. - 12:00 p.m.  
Zoom

Paul Gauguin (1848-1903) considered himself a “savage.” Gauguin led the way into the Symbolist Art Movement and the following movements of Fauvism and Expressionism.



Landscape in Brittany. The David Mill  
by Paul Gauguin



## Beginner/Intermediate Watercolor

Diane Parker

Mondays, September 23 - November 11, 12:45 - 2:15 p.m.  
Morgantown B & Zoom

Materials: Suggested watercolor half-pan set, watercolor paper and brushes. A list will be provided of recommended supplies.

Participants will learn basic drawing/sketching techniques, composition/color, and watercolor techniques designed to serve the beginner and/or intermediate artist.

**Diane Parker** has been a professional commercial and fine artist for 40 years. She is self/workshop taught, apprenticing with Steve Vasilou and George Harper through the WV State Arts & Crafts Festival in Ripley. She was a graphic/fine artist at WVU from 1989-1996 and is currently the SAPS Coordinator for Taylor County Family Resources. She works with youth and adults making crafts and creating art and is a board member of the Taylor County Arts Council.

## Beginning Lap Dulcimer

Wallace Venable\*, Norma Venable\*



Mondays, October 21 - November 11, 10:00 - 11:45 a.m.  
Morgantown B

Like the guitar and banjo, the Appalachian dulcimer has frets and strings but it is structured and played in a unique way. Its 3-string (or pair) construction allows one-finger melodies with basic drone string harmonies. This course will build student knowledge and playing competence in a detailed one-step-at-a-time structure. You will play a dozen tunes in traditional DAA noter/drone style and be able to enjoy "parlor or porch" playing by ear or from simple TAB notation. You also will be ready to tackle more complex modern styles and group participation. No previous musical training is required. Contact the OLLI office if you need to borrow a dulcimer for the class.

## Disney's Candlelight Processional **NEW DATE!**

Ed Johnson\*

Tuesday, December 10, 1:00 - 2:30 p.m.  
Morgantown B



Beginning in 1958 at Disneyland, and in 1971 at Walt Disney World, the Candlelight Processional is a retelling of the Christmas story in words and music, complete with a 50-piece orchestra, massed choir, and a celebrity guest narrator reading the Christmas story, interspersed with favorite carols of the season. The choir consists of members of Disney's Voices of Liberty, cast members, and visiting high school and guest choirs. While this show has a definite Christian slant, many people have said that this is a very enjoyable show regardless of what holidays one may

## Classroom Location Key

**Morgantown** - Mountaineer Mall, 5000 Green Bag Rd

A - Classroom next to the OLLI office

B - Classroom under the OLLI sign

CL - Computer Lab, first door on the left down the hall next to B.

### Kanawha Valley

Edgewood Summit Retirement Community, 300 Baker Ln

Schoenbaum Family Center, 1701 5th Ave.

Kanawha County Public Library, 123 Capitol St.

### Other

Z - online via Zoom.

Other - See course description for location.

## Symbol Key

Throughout OLLI's course catalog, you will see various symbols next to names, locations, and event titles. Below is a list of those symbols and what they mean.

\* An asterisk next to an instructor's name indicates that the instructor is a member of the OLLI Honor Roll and has taught at least 10 courses and 60 class session hours.



This symbol next to a class or event indicates that it will be held in-person in Morgantown.



This symbol next to a class or event indicates that it will be held in-person in the Kanawha Valley.

Field trips, exercise classes, and outdoor adventures may include an activity level designation. The best indicator of what to expect is explained in the event description, but we have developed this rating system to help you decide if you wish to participate. Please note that these ratings are for guidance only and conditions may change.



Participants should be able to walk on flat surfaces at a leisurely pace. Activities may include some steps, boarding a bus, and standing for short periods of time during presentations. Accessible accommodations may be able to be arranged upon request.



Participants should be able to walk on uneven surfaces that are not always paved. Activities may include walking up and down steps and small inclines, boarding a bus, standing for longer periods of time, and engaging in light exercises. Accessible accommodations may be able to be arranged upon request.



Participants should be in good physical health, able to do all of the above, and participate in active medium endurance exercise and adventure activities.

## FALL 2024 CLASSES

celebrate. After a quick overview of WDW and Epcot, we will view a performance.

**Ed Johnson** is the creator and curator of [www.mh3wv.org](http://www.mh3wv.org), a website for West Virginia Studies students and educators; he was a longtime business professor and a former cast member at Walt Disney World.

### Learn to Play the Tin Whistle

Ingrid Strakusek

Thursdays, September 26 - November 14,  
10:00 - 11:30 a.m., Morgantown A



The tin whistle has a long and illustrious history dating back hundreds of years. We will learn about the rich cultural history and how to play several Irish, Appalachian, and American folk songs within a few weeks. The tin whistle is simple to learn. No musical knowledge is necessary.

**Ingrid Strakusek** is a retired IT executive who moved to WV five years ago. As a side gig, she taught college-level IT courses for 20 years. She draws on this experience to teach others music. She is from a musical family and has played the flute since the second grade. In 2020 she joined OLLI, learning both the tin whistle and lap dulcimer. She believes learning to play a musical instrument should be fun!

### Film Forum: Meryl Streep, Part II

James Held

Fridays, October 18 - November 22, 12:45 - 4:00 p.m.  
Morgantown B

In part 2 of the series started during the spring term, we'll continue to screen films of Meryl Streep, including: *The French Lieutenant's Woman*, *A Prairie Home Companion*, *The Devil Wears Prada*, *Julie and Julia*, *August: Osage County*, and *Florence Foster Jenkins*. Each film will include introductory commentary and conclude with open discussion.

**Jim Held** taught theater and dramatic literature at WVU for 35 years, retiring in 2015. He has taught over 65 courses for OLLI focused on film, plays and playwrights, and classic literature. He has hosted Film Forum since 2015. Film has remained a constant in Jim's life with his wife Bonnie.

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***You cannot help but get excited about the subject when the instructor is so passionate and knowledgeable about it.***

***- OLLI member***

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### Readers' Theatre Rehearsal & Performance

Jascenna Haislet



Tuesdays, October 22 - November 19, 3:00 - 4:30 p.m.  
Morgantown A

Participants will rehearse and perform a selection of short plays from *Legendary Ladies and Their Gents* by Marilyn Warsofsky. The script will be provided. Previous acting experience is not necessary but participants should be comfortable speaking in public. We will perform the selections on the final day during a showcase that will include a performance by the Mon River New Horizons Band.

**Jascenna Haislet** spent much of her childhood and adult life in professional and academic theatre. She is a devoted lifelong learner who enjoys delving into history, current events, and new experiences.



### WVU Campus Read: The Complete Maus

Susan Lantz



Monday, September 16, 10:00 a.m. - 12:00 p.m.  
Morgantown A

WVU's 2024-25 Campus Read, *The Complete Maus*, is a brutally moving work of art—widely hailed as the greatest graphic novel ever written—that recounts the chilling experiences of the author's father during the Holocaust, with Jews drawn as wide-eyed mice and Nazis as menacing cats. This Pulitzer Prize winning work is a haunting tale within a tale, weaving the author's account of his tortured relationship with his aging father into an astonishing retelling of one of history's most unspeakable tragedies.

**Susan Lantz** teaches Business Communication for the WVU John Chambers College. She serves as the first WVU Provost's Living-Learning Fellow for international students on the Global LLC and has organized Campus Read at WVU since its inception in 2016.

## FALL 2024 CLASSES

### HEALTH & WELLNESS

#### Easy Meals with Built-in Portion Control

Cindy Gay

Tuesday, October 8, 3:00 - 4:30 p.m.

Morgantown A

Materials Fee: \$10.00



Bring your own regular muffin tin (1-12 or 2-6) to prepare meal components to take home and bake for dinner. Features planned include Salmon Rice Bake, Turkey Sausage, Farmers Market Veggies, Polenta Marinara, and Fruit Crumble.

**Cindy Gay** is a retired dietitian with a 40 year career in healthy eating and food service. Retired now for almost a decade, she enjoys making small quantities of food from scratch with a multitude of nutrients.

#### The Joy of Mediterranean Cooking, Part 1

Stanley Cohen\* & Judy Cohen\*

Tuesdays & Thursdays, October 10 - 22

3:00 - 4:45 p.m.

Morgantown B

Materials fee: \$10



This course focuses on healthy eating and cooking. Featured is a series of 35-minute videos from the Culinary Institute of America. It presents the cuisines and cooking techniques associated with exemplary dishes of Italy and Spain. Class material and discussion highlight and examine the cultural history and health benefits deriving from its cuisine and diet. Food samples and recipes based on the Mediterranean Diet are distributed and discussed in each class session. An available CIA guidebook accompanies the videos, along with handouts and supplemental recipes. Most importantly, everyone is encouraged to share tips, tricks, and techniques from their own kitchens.

**Stan Cohen** taught a variety of psychology courses at WVU from 1972 - 2008. Since 1968, he has engaged in a variety of eating and cooking experiences. He is a lifelong advocate of a wellness lifestyle, including healthy eating. He will be assisted by his partner, **Judy Cohen**.

## OLLI AFTER HOURS

### *Interested in being a part of the OLLI community but often busy during our usual class times?*

OLLI offers a selection of classes, shared interest groups, and other opportunities outside of the usual 9 to 5, Monday through Friday, time slots. Below is a list of those opportunities during the summer term.

*Many classes are recorded and available to registered members to view throughout the term. Simply contact the OLLI office to request the YouTube link.*

#### Shared Interest Groups (see page 10 for details)

- Drinks & Dinner  
2<sup>nd</sup> Thursday of the month, 6:00 - 8:00 p.m.,  
Various locations
- Twilight Trivia  
Tuesday, October 15, 7:00 - 8:30 p.m., Zoom

#### Member Benefits & Events (see page 7)

- Ask-a-Geek
- OLLI Virtual Happy Hour  
Sundays, Sept. 7 - Dec. 22, 6:30 - 7:30 p.m.,  
Zoom

#### OLLI Class (see page 20)

- Exploring an Exciting New Adult Life Stage  
Wednesdays, Sept. 25 - Oct. 9, 6:00 - 7:30 p.m.  
Mountaineer Mall

#### Osher Online Classes (see page 11)

Zoom

- The Power of Introverts,  
Wednesdays, Oct. 2 - Nov. 6, 7:00 - 8:30 p.m.
- Medieval Science: Exploring Insights and Discoveries, Mondays, Sept. 30 - Nov. 4  
7:00 - 8:30 p.m.
- The Season of Sports Journalism  
Saturdays, Oct. 5 - Nov. 9, 11:00 a.m. - 12:30 p.m.
- Art Movements from the Roaring '20s to the Swinging '60s, Tuesdays, Oct. 8 - Nov. 12,  
7:00 - 8:30 p.m.
- Exploring Crosswords  
Thursdays, Oct. 17 - Nov. 21, 5:00 - 6:30 p.m.

#### Community Events (see page 8)

T'ai Chi at The Shack Neighborhood House  
(Morgantown)

Saturdays, Sept. 14 - Dec. 14

- Introduction to T'ai Chi 11:00 - 11:50 a.m.
- Intermediate T'ai Chi 10:00 - 10:50 a.m.

## FALL 2024 CLASSES

### T'ai Chi for Arthritis

Ryan Sommerkorn



ENCORE

Thursdays, September 19 - November 7, 10:00 - 11:30 a.m.  
Morgantown Dance Studio  
Maximum Enrollment: 15

T'ai chi is an art embracing the mind, body, and spirit. Originating in ancient China, t'ai chi is one of the most effective exercises for health of mind and body. Although an art with great depth of knowledge and skill, it can be easy to learn and soon delivers its health benefits. For many, it continues as a lifetime journey.

**Ryan Sommerkorn** is certified by the T'ai Chi Institute for Health to teach T'ai Chi for Arthritis and Falls Prevention instructor.

### What Is Addiction Anyway? Exploring the Process of Addiction

Burt Price



Tuesdays, October 15 - 29, 10:00 - 11:30 a.m.  
Morgantown B

This course will explore the journey into addiction, the life of an addict, the path to and the necessary tasks of recovery, and the relapse process. The harmful judgments and stigmatization of those afflicted with addiction usually stem from those under-educated about the disease of addiction. Utilizing a model of addiction and recovery developed by the presenter, participants will have the opportunity to gain a clearer understanding of this insidious illness impacting people all over the world. It is difficult to find a person who has not been affected by their own or a loved one's addiction.

**Burt Price** has worked in the field of addiction medicine for the past 30+ years. He worked at the VA in Clarksburg in a residential treatment program for the past 16 years. He taught "The Study of Drug, Alcohol, and other Addictions" at Fairmont State University for eight years and presented workshops at the West Virginia Association of Alcohol and Drug Abuse Counselor's conferences beginning in 2000.

## HISTORY

### American Muscle Cars: A History

Kenton Colvin\*

ENCORE

Thursdays, November 7 - 21, 10:00 a.m. - 12:00 p.m.  
Morgantown B & Zoom

The muscle car is the ultimate expression of American automotive power. These cars became so popular in the beginning that many hit songs were written about them as well as movies. So what is meant by the term "muscle car"? This course will discuss the beginning, decline, and resurrection of the muscle car era in America.

Participants will learn about the automobile



revolution that began in the 1960s. We will look at car shows, cruise-ins, collectors, car values and racing. Course includes the introduction of "pony" cars which began with Ford Mustang, as well as the history of the American two-seat sports car. We will also discuss the impact of EV autos on the muscle car age.

**Kenton Colvin** retired from WVU Student Life after 18 years. Previously, he worked 26 years in manufacturing management with six corporations. He has an MS Degree in Industrial and Systems Engineering and has taught engineering courses for 26 years. He is VP of the Mon Valley Railroad Historical Society. He has enjoyed history and, for the last 13 years, teaching classes at OLLI.

### Americans in the Spanish Civil War: The Lincoln Brigade

Jim Rentch\*

Wednesdays, September 25 - October 2, 12:45 - 2:15 p.m.  
Morgantown B & Zoom

During the Spanish Civil War, 3,000 Americans fought in the Abraham Lincoln Brigade, aiding Republican Spain's resistance to the right-wing revolt of Francisco Franco. They were joined by 40,000 others from 50 countries in the International Brigades. Americans came from 46 states and all walks of life. However, most were first generation, white, big-city trade unionists in their late twenties; one third were Jewish, and three-quarters were members of the Communist Party or its youth league. Inexperienced in battle, always poorly equipped and led, Brigadists were often sacrificed as shock troops. Of the 3,000 Americans who served, 700 were killed in action or died of wounds or sickness.

**Jim Rentch** taught forestry at WVU for 18 years. Since his



retirement, he has enjoyed researching and preparing OLLI presentations on more historical subjects. This year, while visiting his wife's hometown in Spain, he was introduced to the Spanish Civil War and American participation in it, inspiring this presentation.

## Comparing and Contrasting the Leadership of FDR and Truman

Russ Hutchins\*

Thursdays, October 17 - 31, 10:00 - 11:30 a.m.  
Zoom

The course will compare and contrast the leadership styles and decision making by Presidents Franklin Roosevelt and Harry Truman. We will discuss The Great Depression, World War II, and the Cold War eras.

**Russ Hutchins**, ED.Sp. is a retired public school administrator and teacher of History and English at Friends University, Topeka. He has taught many Osher classes at Kansas University, WVU, Clemson, and College of Charleston with emphasis on the WW2 eras and American Civil War. His topics vary from biographies to events of the times. He lives with his wife, Joyce, in Summerville, SC.

## The Game of Chess: Its Influence on History and Culture

Jim Sutherland

Fridays, October 18 & 25, 10:00 a.m. - 12:00 p.m.  
Morgantown B & Zoom

Chess is the most popular board game in history. What is the allure of this 1,500-year-old game? We will review the timeless appeal of chess from a macro, historical, and societal perspective. We will explore how chess has influenced (and been influenced by) culture and history over the centuries. We will discuss the beginnings of chess in India and Persia, and its evolution in medieval Europe and the Renaissance; chess as a metaphor in literature and arts; chess as a reflection of contemporary issues throughout history; and why this ancient game is booming in today's digital age. This is NOT a chess training course; you don't need to know how to play chess to appreciate this course.

**Jim Sutherland** is a CPA and retired partner from a large accounting firm. He has been a part time college instructor. He is a chess enthusiast and has been a tournament



chess player for over 50 years. Jim's bachelor's degree is from WVU, and he holds an MBA from Columbia University. He currently coaches two scholastic chess teams in Kanawha County and is a chess tournament director.

## Tour of the WVU Cook-Hayman Pharmacy Museum

Clarke Ridgway



Monday, September 16, 6:00 - 7:30 p.m.  
WVU Cook-Hayman Pharmacy Museum

The museum tour will present an interpretation of 19<sup>th</sup> and early 20<sup>th</sup> century pharmacy and health-related artifacts (patent medicines, medicinal substances, apothecary tools and ephemera).



**Clark Ridgway** has a BS in Pharmacy. He is a retired School of Pharmacy faculty member, after 31 years, with sabbatical training in the history of pharmacy and healthcare.

## LITERATURE & WRITING

### Fantastical Lands in Literature

Andrea Elkins

Thursdays, September 19 - October 10, 12:45 - 2:15 p.m.  
Morgantown B & Zoom

In this class, we'll explore four legendary literary worlds: the magical halls of Hogwarts from the Harry Potter series, the enchanting land of Narnia from *The Chronicles of Narnia*, the epic realm of Middle-earth from *The Hobbit* and *The Lord of the Rings*, and the whimsical wonderland of Oz from L. Frank Baum's timeless tales. Join us on this extraordinary journey through these iconic book locations!

**Andrea Elkins** is a fan of musical theater and opera and films.

## FALL 2024 CLASSES

### The Grandest Game: Impossible Crime & Locked Room Mysteries

Jeff Houghton

Wednesdays, September 25 & October 16  
10:00 a.m. - 12:00 p.m.  
Morgantown B



This course explores a sub-genre of detective fiction in which a crime -- usually a murder -- takes place under circumstances that seem impossible, with the implication being that the murderer vanished into thin air or that a supernatural force was at work. The detective's task is to discover not only "who done it" but also "how done it" by providing a rational explanation for how the crime was committed. The reader is presented with a fair-play puzzle and associated clues and is challenged to discover the solution before it is revealed by the detective. The course examines the historical development of the genre, discusses exemplary works, and provides a ready reference of authors and writings for future reading.

**Jeff Houghton** is Professor of Management at WVU. He holds a PhD in organizational behavior and human resource management from Virginia Tech. He has published more than 80 journal articles, books, and book chapters. He is an expert in the sub-genre detective fiction, the locked-room mystery.

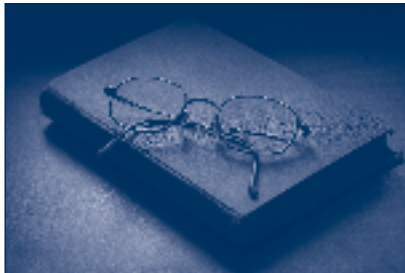
### Personal and Family History Writing Projects

Rae Jean Sielen\*

Wednesdays, October 9 - 23, 12:45 - 2:30 p.m.  
Morgantown A



Take steps to make your dream a reality. You CAN finish your book! Topics will include strategies for organizing material and considerations as you compile, write, and produce your work (e.g., sources, voice, truth, project scope, layout, software, photographs, printing/binding). Participants will be able to begin identifying approaches suitable for their own goals, materials, audience, and budget. Handouts will be provided and examples of completed projects shared, with the instructor highlighting key decisions made by the books' authors. Topics related to commercial publishing ventures such as how to sell manuscripts, find agents, and negotiate contracts will not be covered.



**Rae Jean Sielen** has helped individuals, families, organizations, and businesses with a wide variety of

publishing projects for over 25 years. She is especially passionate about encouraging others to preserve their personal and family stories.

### Poems of Commemoration and Celebration

Byron Nelson\*

Monday, November 18, 10:00 a.m. - 12:00 p.m.  
Morgantown A



What makes a poem great? This class will examine some famous poems that you might remember from high school or college, such as Thomas Gray's *Elegy Written in a Country Churchyard*, in order to find unsuspected layers of meaning. Re-visiting these poems can provide new insights for the reader and bring renewed pleasure. Texts will be provided at class time.

**Byron Nelson** taught English at WVU for 40 years. He has taught OLLI classes on opera, Broadway musicals, and Shakespeare.

## OTHER INTERESTS

### Know the Red Cross

Julie Ullom

Wednesday, November 13, 10:00 - 11:30 AM  
Morgantown B & Zoom

Learn how you can help your local community by volunteering with the American Red Cross.

Julie Ullom is currently the American Red Cross Regional Volunteer Recruitment Specialist. She graduated from West Liberty University with a degree in Business Administration/Marketing. Previously she was Director of Marketing for the Mountaineer Gas Company.

### Real Chinese Food

Li Yang

Tuesday, October 15, 4:00 – 5:30 p.m.  
Monongalia County Community Center  
Materials Fee: \$10.00  
Maximum Enrollment: 12



Learn how to cook basic Chinese food, including Chinese cutting styles and cooking methods used in the home.

**Li Yang** came to the U.S. from China more than 30 years ago. She loves to cook and is always sharing her food. She has often been urged to open a restaurant, but she doesn't want to work that hard. She just wants to enjoy sharing what real Chinese food is.

## Wines for Your Holiday Season

Ron Porter

Wednesday, November 13, 12:45 - 2:30 p.m.  
Morgantown A  
Materials Fee: \$20 (payable at the door)



Discover some great wines for your holiday foods! Samples will be available.

Ron Porter is the adult beverage consultant and comanager of Kroger Suncrest Towne Centre in Morgantown.

## PHILOSOPHY & RELIGION

### Elul & Selichot: Taking Time to Prepare for Divine Encounter

Joe Blair

Thursdays, September 19 & 26, 3:00 - 4:00 p.m.  
Zoom

The class provides an overview of the Jewish calendar events leading up to the High Holy Days, spanning the Month of Elul, and including cheshbon hanefesh (soul accounting) and the Selichot (penitential) prayers. Biblical texts and rabbinic writings will be referenced. It may be helpful, but not required, to have on hand a Bible that reflects the Jewish Tanakh in structure.

**Rabbi Joe Blair** serves as the spiritual leader at Temple Israel Congregation in Charleston WV. He has served as Rabbi since 1996, serving at Hillels (college level student religious groups) and in congregations. Rabbi Blair has taught multiple courses for OLLI at UVa and WVU.

### Zionism and Anti-Zionism

Joe Hample\*

Thursdays, October 17 - November 21, 12:45 - 2:30 p.m.  
Morgantown B & Zoom

The land of Israel is the birthplace of the Jewish people and the pivot of Jewish law and liturgy, but the movement for a Jewish ethnostate is modern. Zionists promoted “a land without a people for a people without a land,” but it turned out Palestine was inhabited. Many Jews rejected Zionism till the rise of Hitler made it feel indispensable. Is the State of Israel a light unto the nations or a wrong turn? We will consider all the angles.

**Rabbi Joe Hample** was born in Buffalo, educated at Harvard, and long employed at Wells Fargo Bank in California. Ordained in 2009, he worked as a full-time prison chaplain before coming to Morgantown in 2012. Now the spiritual leader at Tree of Life Congregation on South High Street, Rabbi Joe seeks to make Judaism accessible to everyone.

## TEACH FOR OLLI AT WVU

Did you know that one-third of OLLI's volunteer instructors and presenters are also OLLI members? While some are experts who built their careers working in the subject area of their OLLI class, many others are avid hobbyists, aficionados, or devoted lifelong learners who spend countless hours researching, exploring, and/or studying their topic of interest before sharing in the classroom.

Embracing the belief that teaching is a wonderful way to learn, OLLI at WVU values peer learning experiences and encourages members to consider sharing their passions and interests with fellow OLLI members.

Recent examples of OLLI classes taught by members include *Share the Story of Your Collection*; *The Ohio River Floodwall Murals*; *Greece: History, Sun, and Delicious Food!*; *Life Lessons from The Beatles*; and *Get Your Brick On: The World of LEGO*.

Join us for one of our upcoming instructor information sessions this fall to learn more about giving a presentation, teaching a class, and leading a workshop or discussion group. The meeting will cover developing and submitting a proposal, the support provided to volunteers, and the rewards of volunteering for OLLI at WVU.

Wednesday, Nov. 20, 11:00 a.m.  
Zoom & Morgantown B

Kanawha Valley: TBA

Register online at <https://bit.ly/3WeG5kc> or scan the QR code below.



## FALL 2024 CLASSES

### SCIENCE & NATURE

#### Agates on Parade

Steven Holsclaw\*



Thursday, October 17, 1:00 - 2:30 p.m.  
Edgewood Summit

Agates are composed of cryptocrystalline quartz and are found throughout the world where prehistoric volcanic activity occurred. They formed in solidified volcanic rock where gas bubbles left voids that were later filled with mineral-laden, silica-rich fluids. Agate nodules are freed from their encasing volcanic rock by erosion, flowing water, surface-scouring glaciers, and mining. They are the natural peacocks of the mineral world, displaying remarkable colors, shapes, designs, and intricate banding. Agates borrowed the playbooks of rainbows, sunsets, and fall colors. This presentation features a breathtaking pictorial gallery that offers the student a stunning and colorful visual experience.



**Steven Holsclaw** is a retired Petroleum Geologist after working 42 years in the oil and gas industry. He has a bachelor's degree in Geology from The Ohio State University. He has pursued a lifelong interest in fossils, minerals, and crystals and enjoys sharing that interest with like-minded individuals. He strives to make his in-person PowerPoint classes fun and a memorable visual experience.

#### Critters of the Sea

Richard Smosna\*

Mondays & Wednesdays, October 21 - November 6  
3:00 - 4:30 p.m.  
Morgantown B

This course in marine biology introduces the wide variety of ocean critters, their behaviors, and their interactions with the environment. The sea teems with life—from micro-scopic algae, the first level of the food chain, to the majestic blue whale, largest animal in the world. Oceans contain many different ecosystems and animals have responded with many different life styles; they may glow, swim, swarm, spout, wave, hide, drift, or pounce. Some animals live on coral reefs, the Garden of Eden for marine critters, but others call the cold, dark deep sea their home, and still others live on intertidal mud flats spending half their life out of the water. Diversity in the oceans is astonishing!

**Richard Smosna** is an emeritus professor at WVU who has been teaching geology since the Jurassic Period,

presenting courses in environmental hazards, history of Earth, dinosaurs, human evolution, national parks, oceanography, and petroleum exploration.

### SOCIAL SCIENCES, POLITICAL & CURRENT EVENTS

#### Another New China? A View from the 21<sup>st</sup> Century

Jack Hammersmith\*

Wednesdays, October 23 & 30, 12:45 - 2:30 p.m.  
Morgantown B & Zoom

Since the Maoist revolution in 1949, China has undergone several changes of direction: from Mao Zedong's erratic crusades to Deng Xiaoping's economic advancements, through subsequent consolidation by Jiang Zemin and Hu Jintao to Xi Jinping's ambitious, authoritarian tendencies. This has taken the U.S. from measured hope to increased and fearful worry. Having broadly traced U.S.-Chinese relations in the 19<sup>th</sup> century through most of the 20<sup>th</sup> in previous classes, this two-class installment brings the story to an end for now, realizing it threatens to sacrifice perspective for immediacy, history for current events.

**Jack Hammersmith**, a WVU historian who retired to the sidelines in 2016, has taught a variety of OLLI classes since then. He continues to alternate classes between East Asia and the U.S.—his teaching assignments for 48 years at the University.

#### Exploring an Exciting New Adult Life Stage



John Oughton

Wednesdays, September 25 - October 9, 6:00 - 7:30 p.m.  
Morgantown A

We will explore the new adult life stage that has emerged between middle adulthood and old age. This stage has alternatively been called Adulthood II, the Third Chapter, and the Encore Phase. Being afforded health, energy, and time during this stage can provide countless possibilities to make meaningful contributions to the world and find fulfillment in one's retirement years.

**John Oughton** recently retired from West Virginia University. He served in various roles during his career including Associate Director of the WVU Teaching and Learning Commons, Teaching Assistant Professor with the WVU Department of Curriculum & Instruction, and Assistant Professor with the University of Toledo College of Education & Allied Professions.



## The New Yorker Discussion Group

Hilary Attfield, Michael Attfield

Mondays, September 23 - November 11, 10:00 - 11:45 a.m.  
Morgantown A & Zoom

Join us to discuss a range of topics from recent issues of *The New Yorker* magazine. Members of the group choose articles, fiction, and topics to be discussed each week. All viewpoints welcome! A subscription to *The New Yorker* is strongly recommended.

**Hilary Attfield**, a native of Scotland and retired editor, likes to stay current with world issues and events (and gardening everywhere!). She has degrees from Aberdeen (Scotland), Warwick (England), and WVU. **Michael Attfield**, originally from North London, England, likes to meet people and discuss things relative to life and living. An epidemiologist, he has degrees from Wales and WVU.

## TECHNOLOGY

### The Internet

Michelle Klishis\*

Tuesdays, September 17 - October 1, 10:00 - 11:30 a.m.  
Morgantown B & Zoom

DSL! ISP! HDMI! BCC! EULA! MP3! MP4! 2FA! MMS! TL;DR! Confused by the internet? We'll take a step back to define these terms and more. This class will be three sessions: Session One: Past and Present. Session Two: Using the Internet: Web browsers, Email, and Social Media. Session Three: The Internet and You: Your Home and Smart Phones & Devices.

### Technology Security: Devices & Social Media

Michelle Klishis\*

Monday, November 18, 10:00 a.m. - 12:00 p.m.  
Morgantown B & Zoom

From our phones to our virtual personal assistants to the smart doorbells that show us who is knocking, we are constantly surveilled and often don't know it. How do we coexist with these ubiquitous technologies?



ENCORE

## OLLI Computer Camp with Michelle

Microsoft Office series, taught by Professional Technologist Michelle Klishis, all in one week. Classes will meet in the computer lab. The maximum enrollment is 8 for each class.

### Microsoft Office: The Basics

M

Monday, December 2, 10:00 a.m. - 12:00 p.m.  
**Skill Level I**

The course will take you through commands that are common to all programs in the Microsoft Office suite. We'll look at using the ribbon, shortcuts, formatting text and documents, adding images and more. Even if you have used Microsoft Office in the past, you will still walk out of this class learning something you didn't know.

This class is a required prerequisite for the rest of the Microsoft Office suite.

### Using Microsoft Word

M

Tuesday, December 3, 10:00 a.m. - 12:00 p.m.  
Prerequisite: Office Basics **Skill Level I**

This class will look at making Microsoft Word do what YOU want it to do (instead of Word making you fit into its preferences). We'll cover tricks of moving around and selecting text, how to format the text and layout of a document, as well as using tables and columns. We'll even look at page numbering and tables of contents, all of which allow you to create a document you can be proud of!

### Using Microsoft PowerPoint

M

Wednesday, December 4, 10:00 a.m. - 12:00 p.m.  
Prerequisite: Office Basics **Skill Level I**

If you'd like to teach an OLLI class—or make the class you do teach even better—PowerPoint is the most common tool for giving presentations. This class will show you how to make a slide show, and the tools that exist within PowerPoint that will make giving your presentation easier. We will also look at how to use PowerPoint to make a photo album—an automatic slide show that displays pictures, such as you might see at a family reunion or wedding.

### Using Microsoft Excel

M

Thursday, December 5, 10:00 a.m. - 12:00 p.m.  
Prerequisite: Office Basics **Skill Level II**

Excel is Microsoft's spreadsheet program, which makes it sound like something for business use only, but Excel is really an amazing organizational tool or information. Some things you can use Excel for: address books, tracking daily exercise, maintaining a budget, or even creating a database to keep track of all the books you buy for kids.

### TRAVEL & ADVENTURE

#### Malta: The Fascinating Island Nation in the Mediterranean Sea

Sumitra Reddy\*

Tuesday, September 24, 12:45 - 2:30 p.m.  
Zoom

Malta is located in the Mediterranean Sea and was colonized at different times by the Phoenicians, Greeks, Romans, Arabs, Normans, Aragonese, The Knights of St. John, the French, and the British. Its megalithic temples are older than the pyramids of Egypt. According to the Bible, St. Paul was shipwrecked here on his journey to Rome. The Italian artist Caravaggio spent several years in Malta. And there is Humphrey Bogart with the Maltese Falcon! That prop falcon from the movie sold for more than four million dollars in 2013. Malta achieved independence from Great Britain in 1964. In addition to Malta's political history, this class will also include photos from a personal journey to Malta.

**Sumitra Reddy** has been enjoying teaching at OLLI since 2011 on various subjects including ancient history, travelogs, and technical subjects including AI, Magic Math and ChatGPT. She holds a PhD in Physics and also an MS in Computer Science. She retired from WVU's Department of Computer Science and Electrical Engineering, and remains an Adjunct Faculty member.

#### The Maritime Provinces and Acadia National Park

Rosana Schafer

Tuesday, November 12, 10:00 a.m. - 12:00 p.m.  
Morgantown B & Zoom

Enjoy viewing the scenic beauty of the Maritime Provinces of Prince Edward Island (PEI), Cape Breton Island, and mainland Nova Scotia with a stop in Acadia National Park on the way home. From Charlottetown visit the East Point Lighthouse and the PEI National Park with its famous floating boardwalk and sand dunes. The renowned Cabot Trail provides incredible views around the northern coast of Cape Breton Island. Stops in Halifax, Peggy's Cove, Ingomar, Yarmouth, and the Kejimikujik National Park complete our visit in Nova Scotia. A ferry ride away is Bar Harbor, Maine, and a bike ride on the Carriage Road through Acadia National Park.

**Rosana Schafer**, PhD, is Emeritus Associate Professor in the Department of Microbiology, Immunology, and Cell Biology. Rosana taught immunology and her research focused on infectious diseases and sex differences in the immune system. The fringe benefit of research was worldwide travel that Rosana has continued in retirement.

### SHARE MEMORIES AND INSIGHTS FROM YOUR TRAVELS!

Have you taken a memorable trip recently?  
Traveled with a learning group or with friends and family?  
Have stories to tell and photos to share?

Whether it's an international trip or travel within the U.S. by plane, train, or automobile (or boat), with a travel company or on your own, OLLI members enjoy learning about other countries, states, and cultures and hearing about the travels of fellow members.

We invite you to consider sharing what you saw and learned on your travels by offering an OLLI class!

Visit <https://olliatwvu.org/teach-for-olli/> or contact the OLLI office at [olli@hsc.wvu.edu](mailto:olli@hsc.wvu.edu) for more information.

Several members have shared their travel experiences in the OLLI classroom. Past classes have included:

- *Alpine Adventures*
- *Provence, France - Lavender and More!*
- *Volcanoes, Myths, and Royalty*
- *Going to the Sun - a Group Motorcycle Tour*
- *Celebrations in India*

## Spotlight on Tuscany

**Highlights:** Montecatini Terme, Lucca, Gothic Line, Winery Tour, Florence, Choice on Tour: Montecatini Walking Tour or Siena, Pisa, Cooking Class, Cheese Farm, San Gimignano

**March 19 - 27, 2025**

9 Days • 11 Meals • Activity Level 3



Reservation deadline: September 13, 2024

More information, including rates and extension options, available at <https://gateway.gocollette.com/link/1240802>

## Alaska Discovery Land & Cruise

*featuring a 7-night Holland America Cruise*

**Highlights:** Fairbanks, Sternwheeler Discovery, Music of Denali Dinner Theater, Denali National Park, Tundra Wilderness Tour, Luxury Domed Rail, Anchorage, Hubbard Glacier, Glacier Bay, Skagway, Juneau, Ketchikan, Inside Passage



**August 6 - 17, 2025**

12 Days • 26 Meals • Activity Level 1

Reservation deadline: January 30, 2025

More information, including rates and extension options, available at: <https://gateway.gocollette.com/link/1241449>

## Discover Imperial Cities

*featuring Prague, Vienna, & Budapest*

**Highlights:** Prague, Prague Castle, Cesky Krumlov, Vienna, Schönbrunn Palace, Classical Music Performance, Choice on Tour, Bratislava, Lunch with Locals, Budapest, Matthias Church, Fisherman's Bastion, Visegrad, Renaissance Dinner



**October 1 - 11, 2025**

11 Days • 14 Meals • Activity Level 3

Reservation deadline: March 26, 2025

More information, including rates and extension options, available at <https://gateway.gocollette.com/link/1240843>

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***For more information, visit the trip websites  
or call the OLLI office at 304-293-1793.***

Visit

<https://www.gocollette.com/en-ca/collette-gives-you-more/faq#pacing>

for a description of Collette's activity level ratings.

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***OLLI stimulates one's mind with great courses and provides social interaction to enliven the whole person.***

**- OLLI member**

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## FALL 2024 SCHEDULE AT A GLANCE - MORGANTOWN

Class, Instructor	Date(s)	Time	Location	Page #
<b>Monday</b>				
WVU Campus Read: <i>The Complete Maus</i> (Lantz)	Sept. 16	10:00 a.m. - 12:00 p.m.	A	14
<i>The New Yorker</i> Discussion Group (Attfield, Attfield)	Sept.23 - Nov. 11	10:00 - 11:45 a.m.	A & Z	21
The Appalachian Dulcimer...(Venable, Venable)	Oct. 7 & 14	10:00 - 11:45 a.m.	B	12
Beginning Lap Dulcimer (Venable, Venable)	Oct. 21 - Nov. 11	10:00 - 11:45 a.m.	B	13
Poems of Commemoration and Celebration (Nelson)	Nov. 18	10:00 a.m. - 12:00 p.m.	A	18
Technology Security: Devices & Social Media (Klishis)	Nov. 18	10:00 a.m. - 12:00 p.m.	B & Z	21
Microsoft Office: The Basics (Klishis)	Dec. 2	10:00 a.m. - 12:00 p.m.	CL	21
Language Myths Debunked (Pereltsvaig)	Oct. 14 - Nov. 18	5:00 - 6:30 p.m.	Z	11
Yarn Arts	Sept. 9 - Dec. 16	12:45 - 2:30 p.m.	A	10
Beginner/Intermediate Watercolor	Sept. 23 - Nov. 11	12:45 - 2:15 p.m.	B & Z	13
Afternoon Walking Group (Yonta)	Sept. 9 - Dec. 16	3:00 - 4:30 p.m.	Other	10
First Ladies: More Than the Women...(Carlin, Gutin)	Sept. 30 - Nov. 4	3:00 - 4:30 p.m.	Z	11
Mon River New Horizons Band (Schlobohm)	Sept. 9 - Dec. 16	3:00 - 4:30 p.m.	A	10
Tour...WVU Cook-Hayman Pharmacy Museum (Ridgway)	Sept. 16	6:00 - 7:30 p.m.	Other	17
Medieval Science: Exploring Insights...(Dines)	Sept. 30 - Nov. 4	7:00 - 8:30 p.m.	Z	11
<b>Monday &amp; Wednesday</b>				
Critters of the Sea (Smosna)	Oct. 21 - Nov. 6	3:00 - 4:30 p.m.	B	20
<b>Tuesday</b>				
CC Morning Book Discussion (Ostrow)	Sept. 17, Oct. 15, Nov. 19, Dec. 17	10:00 - 11:30 a.m.	A & Z	10
The Internet (Klishis)	Sept. 17 - Oct. 1	10:00 - 11:30 a.m.	B & Z	21
What Is Addiction?...(Price)	Oct. 15 - 29	10:00 - 11:30 a.m.	B	16
The Maritime Provinces and Acadia... (Schafer)	Nov. 12	10:00 a.m. - 12:00 p.m.	B & Z	22
Using Microsoft Word (Klishis)	Dec. 3	10:00 a.m. - 12:00 p.m.	CL	21
Psychology Fundamentals (Gvirtz)	Oct. 8 - Nov. 12	11:00 a.m. - 12:30 p.m.	Z	11
Malta: The Fascinating Island Nation...(Reddy)	Sept. 24	12:45 - 2:30 p.m.	Z	22
Peace Leadership: Exploring...(Bayard)	Oct. 1 - Nov. 5	1:00 - 2:30 p.m.	Z	11
Disney's Candlelight Processional (Johnson)	Dec. 10	1:00 - 2:30 p.m.	B	13
Voting in West Virginia (Ball)	Sept. 17	3:00 - 4:45 p.m.	B & Z	7
Easy Meals with Built-in Portion Control (Gay)	Oct. 8	3:00 - 4:30 p.m.	A	15
Wellness From Within (Gómez)	Oct. 8 - Nov. 12	3:00 - 4:30 p.m.	Z	11
Readers' Theatre Rehearsal & Performance (Haislet)	Oct. 22 - Nov. 19	3:00 - 4:30 p.m.	A	14
OLLI Performance Showcase	Nov. 19	3:00 - 5:30 p.m.	B	7
Real Chinese Food (Yang)	Oct. 15	4:00 - 5:30 p.m.	Other	18
Art Movements from the Roaring '20s...(Schrader)	Oct. 8 - Nov. 12	7:00 - 8:30 p.m.	Z	11
Twilight Trivia	Oct. 15	7:00 - 8:30 p.m.	Z	7
CC Evening Book Discussion (Attfield)	Sept. 10, Oct. 8, Nov. 12, Dec. 10	7:30 - 9:00 p.m.	Z	10
<b>Tuesday &amp; Thursday</b>				
The Joy of Mediterranean Cooking (Cohen, Cohen)	Oct. 10 - 22	3:00 - 4:45 p.m.	B	15
<b>Wednesday</b>				
The Grandest Game: Impossible Crime...(Houghton)	Sept. 25 & Oct. 16	10:00 a.m. - 12:00 p.m.	B	18
Know the Red Cross (Ullom)	Nov. 13	10:00 - 11:30 a.m.	B & Z	18
Art History: Dreamers, An Introduction (Cann)	Nov. 13	10:00 a.m. - 12:00 p.m.	Z	12



## FALL 2024 SCHEDULE AT A GLANCE - MORGANTOWN

Class, Instructor	Date(s)	Time	Location	Page #
<b>Wednesday (continued)</b>				
Dreamers II - William Blake (Cann)	Nov. 20	10:00 a.m. - 12:00 p.m.	Z	12
Dreamers III - Henri Rousseau (Cann)	Dec. 4	10:00 a.m. - 12:00 p.m.	Z	12
Using Microsoft Powerpoint (Klishis)	Dec. 4	10:00 a.m. - 12:00 p.m.	CL	21
Dreamers IV - Paul Gauguin (Cann)	Dec. 11	10:00 a.m. - 12:00 p.m.	Z	12
Architecture, Engineering, Design...(Zukowsky)	Oct. 2 - Nov. 6	11:00 a.m. - 12:30 p.m.	Z	11
Americans in the Spanish Civil War...(Rentch)	Sept. 25 - Oct. 2	12:45 - 2:15 p.m.	B & Z	16
Personal and Family History Writing Projects (Sielen)	Oct. 9 - 23	12:45 - 2:30 p.m.	A	18
Another New China?...(Hammersmith)	Oct. 23 & 30	12:45 - 2:30 p.m.	B & Z	20
Wine for Your Holidays (Porter)	Nov. 13	12:45 - 2:30 p.m.	A	19
Irving Goodman Aging Lecture: Is Sleep the Key... (Spira)	Sept. 18	1:00 - 2:00 p.m.	B & Z	9
A Late Lunch (Cale)	Sept. 18, Oct. 16, Nov. 20, Dec. 18	1:00 - 2:15 p.m.	Other	10
Who is Fredrick Law Olmsted? (Petri)	Oct. 2 - Nov. 6	1:00 - 2:30 p.m.	Z	11
Exploring an Exciting New Adult Life Stage (Oughton)	Sept. 25 - Oct. 9	6:00 - 7:30 p.m.	A	20
The Power of Introverts (Bingham)	Oct. 2 - Nov. 6	7:00 - 8:30 p.m.	Z	11
<b>Thursday</b>				
T'ai Chi for Arthritis (Sommerkorn)	Sept. 19 - Nov. 7	10:00 - 11:30 a.m.	Other	16
Learn to Play the Tin Whistle (Strakusek)	Sept. 26 - Nov. 14	10:00 - 11:30 a.m.	A	14
American Muscle Cars: A History (Colvin)	Nov. 7 - 21	10:00 a.m. - 12:00 p.m.	B & Z	16
Comparing...Leadership of FDR and Truman (Hutchins)	Oct. 17 - 31	10:00 - 11:30 a.m.	Z	17
Using Microsoft Excel (Klishis)	Dec. 5	10:00 a.m. - 12:00 p.m.	CL	21
Gender and the Law (Andersen)	Oct. 3 - Nov. 7	11:00 a.m. - 12:30 p.m.	Z	11
Campus Club: Let's Do Lunch! (Rauch)	Sept. 12, Oct. 10, Nov. 14, Dec. 12	11:30 a.m. - 1:00 p.m.	Other	10
Fantastical Lands in Literature (Elkins)	Sept. 19 - Oct. 10	12:45 - 2:15 p.m.	B & Z	17
Zionism and Anti-Zionism (Hample)	Oct. 17 - Nov. 21	12:45 - 2:30 p.m.	B & Z	19
Elul & Selichot: Taking Time to Prepare...(Blair)	Sept. 19 & 26	3:00 - 4:00 p.m.	Z	19
The Empowered Consumer...(Loyd)	Oct. 10 - Nov. 14	3:00 - 4:30 p.m.	Z	11
Exploring Crosswords (Weyer)	Oct. 17 - Nov. 21	5:00 - 6:30 p.m.	Z	11
Drinks & Dinner (Haislet)	Sept. 12, Oct. 10, Nov. 14, Dec. 12	6:00 - 8:00 p.m.	Other	10
Walking Outdoors with Campus Club (Covey)	Sept. 5 - Dec. 19	9:00 - 10:00 a.m.	Other	10
<b>Friday</b>				
Visit the East Broadtop Railroad	Sept. 27	8:00 a.m. - 6:00 p.m.	Other	8
Take a Hike...(Klishis, Hyde)	Oct. 4	9:00 a.m. - 12:00 p.m.	Other	7
The Game of Chess...(Sutherland)	Oct. 18 & 25	10:00 a.m. - 12:00 p.m.	B & Z	17
The Great Con: The Talented Mr. Ripley (Brown)	Oct. 11 - Nov. 15	11:00 a.m. - 12:30 p.m.	Z	11
Film Forum: Meryl Streep, Part II (Held)	Oct. 18 - Nov. 22	12:45 - 4:00 p.m.	B	14
<b>Saturday</b>				
Intermediate T'ai Chi (Pollard)	Sept. 14 - Dec. 14	10:00 - 10:50 a.m.	Other	8
Introduction to T'ai Chi (Pollard)	Sept. 14 - Dec. 14	11:00 - 11:50 a.m.	Other	8
The Season of Sports Journalism...(Krall)	Oct. 5 - Nov. 9	11:00 a.m. - 12:30 p.m.	Z	11
<b>Sunday</b>				
OLLI Virtual Happy Hour	Sept. 8 - Dec. 22	6:30 - 7:30 p.m.	Z	7

## FALL 2024 SCHEDULE AT A GLANCE - KANAWHA VALLEY

Class (Instructor)	Date(s)	Time	Location	Page #
<b>Monday</b>				
<i>The New Yorker</i> Discussion Group (Attfield, Attfield)	Sept.23 - Nov. 11	10:00 - 11:45 a.m.	Z	21
Technology Security: Devices & Social Media (Klishis)	Nov. 18	10:00 a.m. - 12:00 p.m.	Z	21
Language Myths Debunked (Pereltsvaig)	Oct. 14 - Nov. 18	5:00 - 6:30 p.m.	Z	11
Beginner/Intermediate Watercolor	Sept. 23 - Nov. 11	12:45 - 2:15 p.m.	Z	12
First Ladies: More Than the Women...(Carlin, Gutin)	Sept. 30 - Nov. 4	3:00 - 4:30 p.m.	Z	11
Medieval Science: Exploring Insights...(Dines)	Sept. 30 - Nov. 4	7:00 - 8:30 p.m.	Z	11
<b>Tuesday</b>				
Take a Walk (Fields)	Sept. 3, Oct. 1, Nov. 5, Dec. 3	10:00 - 11:30 a.m.	Other	10
CC Morning Book Discussion (Ostrow)	Sept. 17, Oct. 15, Nov. 19, Dec. 17	10:00 - 11:30 a.m.	Z	10
The Internet (Klishis)	Sept. 17 - Oct. 1	10:00 - 11:30 a.m.	Z	21
The Maritime Provinces and Acadia... (Schafer)	Nov. 12	10:00 a.m. - 12:00 p.m.	Z	22
Psychology Fundamentals (Gvirtz)	Oct. 8 - Nov. 12	11:00 a.m. - 12:30 p.m.	Z	11
Malta: The Fascinating Island Nation...(Reddy)	Sept. 24	12:45 - 2:30 p.m.	Z	22
Peace Leadership: Exploring...(Bayard)	Oct. 1 - Nov. 5	1:00 - 2:30 p.m.	Z	11
Voting in West Virginia (Ball)	Sept. 17	3:00 - 4:45 p.m.	Z	7
Wellness From Within (Gómez)	Oct. 8 - Nov. 12	3:00 - 4:30 p.m.	Z	11
Art Movements from the Roaring '20s...(Schrader)	Oct. 8 - Nov. 12	7:00 - 8:30 p.m.	Z	11
Twilight Trivia	Oct. 15	7:00 - 8:30 p.m.	Z	7
CC Evening Book Discussion (Attfield)	Sept. 10, Oct. 8, Nov. 12, Dec. 10	7:30 - 9:00 p.m.	Z	10
<b>Wednesday</b>				
Art History: Dreamers, An Introduction (Cann)	Oct. 16	10:00 a.m. - 12:00 p.m.	ES	12
Dreamers II - William Blake (Cann)	Oct. 23	10:00 a.m. - 12:00 p.m.	ES	12
Dreamers III - Henri Rousseau (Cann)	Oct. 30	10:00 a.m. - 12:00 p.m.	ES	12
Dreamers IV - Paul Gauguin (Cann)	Nov. 6	10:00 a.m. - 12:00 p.m.	ES	12
Know the Red Cross (Ullom)	Nov. 13	10:00 a.m. - 12:00 p.m.	Z	18
Art History: Dreamers, An Introduction (Cann)	Nov. 13	10:00 a.m. - 12:00 p.m.	Z	12
Dreamers II - William Blake (Cann)	Nov. 20	10:00 a.m. - 12:00 p.m.	Z	12
Dreamers III - Henri Rousseau (Cann)	Dec. 4	10:00 a.m. - 12:00 p.m.	Z	12
Dreamers IV - Paul Gauguin (Cann)	Dec. 11	10:00 a.m. - 12:00 p.m.	Z	12
Architecture, Engineering, Design...(Zukowsky)	Oct. 2 - Nov. 6	11:00 a.m. - 12:30 p.m.	Z	11
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Another New China?...(Hammersmith)	Oct. 23 & 30	12:45 - 2:30 p.m.	Z	20
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Who is Fredrick Law Olmsted? (Petri)	Oct. 2 - Nov. 6	1:00 - 2:30 p.m.	Z	11
Yarn Arts (Watkins)	Sept. 11 - Dec. 18	2:00 - 4:00 p.m.	Other	10
The Power of Introverts (Bingham)	Oct. 2 - Nov. 6	7:00 - 8:30 p.m.	Z	11
<b>Thursday</b>				
American Muscle Cars: A History (Colvin)	Nov. 7 - 21	10:00 a.m. - 12:00 p.m.	Z	16
Comparing...Leadership of FDR and Truman (Hutchins)	Oct. 17 - 31	10:00 - 11:30 a.m.	Z	17
Gender and the Law (Andersen)	Oct. 3 - Nov. 7	11:00 a.m. - 12:30 p.m.	Z	11
Fantastical Lands in Literature (Elkins)	Sept. 19 - Oct. 10	12:45 - 2:15 p.m.	Z	17
Zionism and Anti-Zionism (Hample)	Oct. 17 - Nov. 21	12:45 - 2:30 p.m.	Z	19
Agates on Parade (Holsclaw)	Oct. 17	1:00 - 2:30 p.m.	ES	20
Elul & Selichot: Taking Time to Prepare...(Blair)	Sept. 19 & 26	3:00 - 4:00 p.m.	Z	19

## FALL 2024 SCHEDULE AT A GLANCE - KANAWHA VALLEY

Class (Instructor)	Date(s)	Time	Location	Page #
The Empowered Consumer...(Loyd)	Oct. 10 - Nov. 14	3:00 - 4:30 p.m.	Z	11
Exploring Crosswords (Weyer)	Oct. 17 - Nov. 21	5:00 - 6:30 p.m.	Z	11
<b>Friday</b>				
The Game of Chess...(Sutherland)	Oct. 18 & 25	10:00 a.m. - 12:00 p.m.	Z	17
The Great Con: The Talented Mr. Ripley (Brown)	Oct. 11 - Nov. 15	11:00 a.m. - 12:30 p.m.	Z	11
<b>Saturday</b>				
The Season of Sports Journalism...(Krall)	Oct. 5 - Nov. 9	11:00 a.m. - 12:30 p.m.	Z	11
<b>Sunday</b>				
OLLI Virtual Happy Hour	Sept. 8 - Dec. 22	6:30 - 7:30 p.m.	Z	7

## INVITE A FRIEND

Share your love of lifelong learning and OLLI at WVU with friends, family, neighbors, and colleagues. Clip the panels below, add a note if you wish, sign it, put in an envelope, and drop in the mail to someone you would like to join you at OLLI.

**Join me at OLLI!**

*Are you looking for something different to do?  
Curious about things you haven't thought about before?*

**OLLI at WVU offers the opportunity to learn simply for the fun of it! No tests, No grades!**

Visit [olliatwvu.org](http://olliatwvu.org) OR  
call **ME** for more information.

*I would LOVE to have you join me in an OLLI class!*



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*I would LOVE to have you join me in an OLLI class!*



## Volunteer for OLLI

As a non-profit membership organization, OLLI depends on the generous support of our volunteers. Volunteers are the lifeblood of our program, helping to ensure that OLLI is able to provide the highest quality courses, lectures, workshops, trips, and more for our members.

Your volunteer experience can be molded to fit your interests, talents, and schedule. All members have something to offer and are encouraged to share their time and expertise with their peers.

Volunteer opportunities include:

Instructor or presenter • Advisory Council or committee member • Office support • Project Team member • Class host • Events host or staff • Technical assistant

Visit [olliatwvu.org/current-members/volunteer/](http://olliatwvu.org/current-members/volunteer/), scan the QR code below, or call 304-293-1793 for more information.



## Follow OLLI at WVU Online

Find out when the latest catalog will be available online, see pictures from classes, learn about special events, and read interesting articles from a variety of sources.

### Friday e-bulletin & Emails

Be sure you're signed up for our email list so you don't miss any special news, messages from your instructors, receipts for registration, and more. Email [olli@hsc.wvu.edu](mailto:olli@hsc.wvu.edu) to be added to OLLI's email list.

You can also access the latest news directly by clicking on the News button on our website at [olliatwvu.org](http://olliatwvu.org)

*OLLI does not share your email address. We use your address only to inform you of important OLLI news and upcoming events.*

### On Social Media

- **Facebook** (Osher Lifelong Learning Institute at WVU & OLLI at WVU Kanawha Valley)
- **Wordpress** ([olliatwvu.wpcomstaging.com/](http://olliatwvu.wpcomstaging.com/))
- **Instagram** (olliatwvu)

# Be an OLLI Ambassador!

**Our members are our best recruiters.**

**Share your OLLI experience with a friend.**



- Invite a friend to a class
- Offer a catalog
- Suggest a membership\*
- Give a gift certificate

**See page 25 for a pre-printed message card to mail to friends.**

\*If you refer a friend who purchases a new membership, you will be entered in a drawing to receive a **free term of OLLI courses**. The referral must be confirmed by the new member.



# SUPPORTING YOUR OLLI

## *Lifelong learners value education - for themselves and others.*

Osher Lifelong Learning Institute (OLLI) at WVU exists because of the unique experiences, capabilities, and wisdom of mature members of the community.

Daily we see the educational and social impact OLLI has on members. Funded through membership fees, donations, and grants, OLLI benefits from the generosity of like-minded lifelong learners. Each gift allows meaningful work that would not have happened otherwise.

Your consideration of a gift today or in the future for OLLI at WVU will benefit the programs and help secure your OLLI legacy.

***With a variety of giving options, you can choose the gift that works best for you.***

You can choose to designate your gift to:

- OLLI's area of greatest need
- the \$100K Club
- OLLI participation scholarship fund
- Campus Club Endowed Scholarship
- the OLLI endowment

You may choose to leave a Legacy Gift, make a Tribute Gift, or give through an IRA Charitable Rollover.

And choose the time that works for you.

- Give when you renew your membership or enroll in classes
- Give during OLLI's Annual Fall Campaign
- Give on WVU Day of Giving
- Set up a monthly recurring gift
- Any time during the year

To give today, visit <https://olliatwvu.org/make-a-gift/>, scan the QR code below, or add your tax-deductible donation to the enclosed class registration form. For more information, call the OLLI office at 304-293-1793.



***Thank you for your continued support of lifelong learning and OLLI at WVU.***

## ***Every gift makes an impact!***

***OLLI programming in Morgantown is brought to you with support of the John Mathew Gay Brown Family Foundation and the George D. Hott Foundation.***

## **Kroger Community Rewards Program!**

By participating in the Kroger Community Rewards Program, OLLI at WVU receives a donation from Kroger every time you purchase groceries in any of their stores using your rewards card.

Signing up is easy. Simply register your Kroger Plus Shopper's Card online at [www.krogercommunityrewards.com](http://www.krogercommunityrewards.com) and choose **Osher Lifelong Learning Institute/WVU Found (FG916)** as the organization to receive a donation.

If you have any questions, or need help enrolling in the Kroger Community Rewards Program, the OLLI staff is happy to assist.

## Mark Your Calendar for These Important Dates

### Winter term - January 20 - March 15

Winter course proposals due	September 30
Winter registration begins	January 5

### Spring term - April 7 - May 30

Spring course proposals due	December 29
Spring registration begins	March 17

### Summer 2025 term - July 14 - August 23

Summer course proposals due	April 7
Summer registration begins	June 23

## OLLI POLICIES

### Classroom Etiquette

OLLI instructors are volunteering their time and talents. Please be respectful of your course instructors and fellow participants by:

- staying on topic during discussions
- attending only courses for which you have registered

Exposure to new and different ideas is what OLLI is all about. We encourage you to embrace this philosophy and be respectful in classroom discussions.

### Refunds

Membership is non-refundable. Refunds for registration and other fees are considered on a per-case basis.

### Weather Closings

OLLI will not hold in-person classes in Monongalia County or Kanawha County if the schools are closed or offering remote learning for the day in the respective county. OLLI may still host classes on Zoom. If you are unaware if a class you are registered for is meeting, visit [olli@hsc.wvu.edu](mailto:olli@hsc.wvu.edu) or call the OLLI office at 304-293-1793.

### Class Disclaimer

OLLI at WVU presents programs of interest for general guidance only. It does not engage in rendering legal, medical, financial, or other professional advice and services. Information presented in an OLLI program should not be used as a substitute for consultation with a professional legal, medical, financial, or other competent adviser. Before making any decision or taking any action, program participants should consult a professional legal, medical, financial, or other competent adviser.

All information is provided "as is," with no guarantee of completeness, accuracy, timelines or of the results obtained from the use of the information, and without warranty of any kind, expressed or implied, including, but not limited to warranties of performance, merchantability, and fitness for a particular purpose. Neither OLLI at WVU nor its information providers will be responsible to any program participant or anyone else for any decision made or action taken in reliance on the information presented by OLLI at WVU, or for any consequential, special or similar damages, even if advised of the possibility of such damages.

### Liability Disclaimer

Individuals acknowledge and assume any and all risk associated with participation in OLLI at WVU activities. OLLI at WVU makes no representation regarding the appropriateness of any activity for an individual. OLLI at WVU disclaims any and all liability for each individual's participation in any activities. If a course involves physical activity, participants are responsible for wearing the proper attire and using the proper equipment (if applicable). It is highly recommended that participants consult their physician before participating in physical activity.

### Non-Discrimination Statement

WVU is an EEO/Affirmative Action Employer. Underrepresented class members are encouraged to apply. This includes minorities, females, individuals with disabilities, and veterans.

# Skip The To-Do List & Start Your Too-Fun List.

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PO Box 9123  
Morgantown, WV 26506-9123

## *OLLI at WVU - Your Next Adventure Begins Here*

### Fall registration begins August 26

Phone: 304-293-1793

Website: [olliatwvu.org](http://olliatwvu.org)

Email: [olli@hsc.wvu.edu](mailto:olli@hsc.wvu.edu)

#### Benefits of OLLI Membership

Staying intellectually stimulated and socially active are proven components of healthy aging. Membership in OLLI provides these benefits through:

- More than 200 courses and activities per year in such areas as the arts, health and wellness, humanities, math and science, technology, and more.
- Social events
- Travel programs
- Interest Groups
- Volunteer opportunities