



Spring 2025 Course Catalog



Registration
begins
March 17

olliatwvu.org

Stay Curious!

GERIATRIC CARE

Aging sometimes means an increased potential for illness and health issues. At WVU Medicine, our caring team of board-certified geriatricians provides high-quality care for adults aged 60 and up. With our team approach to senior health, we'll work with you and your family or caregivers to prevent, diagnose, and treat diseases and possible disability that may occur with aging.

[WVUMedicine.org/Geriatrics](https://www.wvumedicine.org/Geriatrics)



 **WVUMedicine**

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(2024-25)

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THE BERNARD OSHER FOUNDATION

The Bernard Osher Foundation seeks to improve quality of life through the support of lifelong learning institutes such as OLLI at WVU. Founded in 1977 by Bernard Osher, a respected businessman and community leader, it has funded a national network of 125 Osher Lifelong Learning Institutes. Funding for OLLI is contingent upon membership growth goals, so **membership matters**. To learn more about the Bernard Osher Foundation, visit www.osherfoundation.org.

WELCOME TO THE OSHER LIFELONG LEARNING INSTITUTE AT WEST VIRGINIA UNIVERSITY (OLLI AT WVU)

Spring is a season of renewal, growth, and discovery—much like lifelong learning. At OLLI, we believe that learning is even more enriching when shared with friends. Whether you're exploring history, diving into the arts, or tackling new technology, engaging in classes together fosters deeper connections, lively discussions, and lasting friendships. This spring, we invite you to learn, laugh, and grow alongside fellow curious minds as we embrace the joy of discovery together.

As you browse this catalog, I hope you find as many fascinating classes as I have. As much as I love my job, I often wish I could spend my days in the classroom instead of the office! A heartfelt thank-you to our incredible instructors, who so generously share their time, knowledge, and passion across a wide range of topics.

This term, we have over 70 lectures, presentations, and workshops scheduled—plus several more still in the works. Opportunities to add classes and special events often arise at the last minute, so be sure to stay connected. We announce new offerings through our Friday eBulletin, special emails, Nearpeer, and our Facebook page. If you're not on our email list, contact the OLLI office to sign up. And if you don't have access to email or the web but would like to stay informed, let us know—we'll do our best to keep you updated.

Jascenna Haislet
Director, OLLI at WVU



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CONTACT US

Osher Lifelong Learning Institute at WVU

(304) 293-1793 • olliatwvu.org • olli@hsc.wvu.edu

Main office (Morgantown)

Mountaineer Mall, Suite C-17
5000 Green Bag Rd.
Morgantown, WV 26501

We recommend calling ahead or making an appointment as office hours may be limited.

ABOUT OLLI AT WVU

Dedicated to enriching the lives of older adults throughout West Virginia, the Osher Lifelong Learning Institute at West Virginia University (OLLI at WVU), an affiliate of the WVU School of Public Health, is a member-driven organization whose mission is to promote connection, curiosity, exploration, discovery, and discussion through learning and social engagement in non-credit classes, lectures, field trips, and events designed for adults 50+.

We value

- *The shared knowledge and talents of our members and volunteers.*
- *The support of our members for OLLI at WVU.*
- *A spirit of collaboration and respect among OLLI members and with West Virginia University.*
- *Excellence in all aspects of the life of OLLI at WVU*
- *Innovation, creativity, and curiosity to develop and maintain a vibrant, member-driven program.*
- *Respect for diverse people, ideas, voices, and perspectives where all members feel valued.*
- *Working together to positively impact every part of OLLI at WVU.*
- *Partnering with people in the communities that we serve to support the mission and vision of OLLI at WVU.*

OLLI at WVU recognizes the unique experiences, capabilities, and wisdom of mature members of our communities and emphasizes the sharing of ideas through peer learning, member participation, and collaborative leadership.

Courses are developed and taught by volunteers who are passionate about their topics, avocations, and interests, and love to share their ideas.

OLLI at WVU continues to grow as an organization with the unwavering commitment and generosity of our patrons and supporters. We acknowledge and thank the following:

- The Bernard Osher Foundation
- West Virginia University, President's Office
- WVU Foundation
- WVU School of Public Health (SPH)
- Edgewood Summit Retirement Community
- OLLI Board Members, Committee Members, and Volunteers
- OLLI \$100K Club, Donors, and Sponsors
- Our Distinguished Instructors
- OLLI Members

I just loved the class I attended last week... I'm brand new to OLLI and so far it's been just wonderful.

- OLLI member

OLLI MEMBERSHIP

Membership is open to curious adults interested in programs designed specifically for those 50 and over who want to engage socially and intellectually.

A current membership is required to participate in all OLLI activities, unless otherwise noted.

Memberships run from July 1 to June 30 each year.

Member Benefits

- The opportunity to learn and to meet new friends.
- Discounts on travel and events in the community.
- At least one free Special Member Event per term.
- Access to the OLLI collection of Great Courses DVDs.
- A voice in OLLI governance.
- The right to be added to a course wait list.
- Access to Shared Interest Groups and technology assistance.

**Annual
membership
\$30**

Membership year runs
July 1st to June 30th

**Quarterly
registration fee
\$40***

for unlimited courses
(payable only during quarters in
which you register for classes)

* Other fees may apply and are noted
on individual courses, events, or groups.

HOW TO REGISTER

The spring term runs April 7th - May 30th.

To register, you must have a current membership and have paid the required fees for the term.

Individuals may purchase or renew a membership and register for classes in any of the following ways:

- Online at <https://wvusph-olli.augusoft.net/>
- Call the OLLI office at (304) 293-1793
- By mail, using the enclosed membership/registration form. Mail to: OLLI at WVU
5000 Green Bag Rd
Morgantown, WV 26501

Please make checks payable to the WVU Foundation.

If you pay with a credit or debit card, the charge will show as:
WVU HSC PUBLIC HLTH OLLI OLLI@HSC.WVU.WV

Membership is non-refundable. Refunds for registration and other fees are considered on a per-case basis.

**Spring registration begins
March 17, 2025**

Register Anytime!

Registration remains open throughout the term for most classes and events.

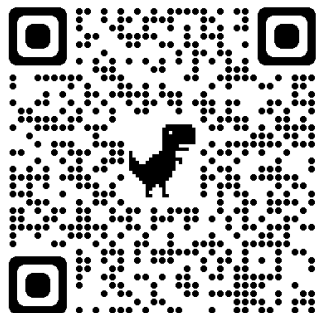
FINANCIAL ASSISTANCE AVAILABLE

OLLI at WVU tries to keep fees to a minimum while providing the highest quality experiences to our members.

However, we recognize that membership and registration fees may be out of the reach of some individuals. Therefore, fee waivers are available. We do ask that you pay what you can for the membership. A payment of as little as \$5 or \$10 will allow OLLI at WVU to include you as a paid member in our report to the Osher Foundation.

To apply, ask for a confidential application at the OLLI office or fill out the application form on our website at olliatwvu.org/learn-more/scholarships/ or scan the QR code.

Applications and information submitted are kept strictly confidential.



Registration & Attendance Matter

We understand that plans change, especially when you're asked to commit to something several weeks in advance. However, it is important to register for the classes that you wish to attend. Enrollment records help us demonstrate members' active participation when seeking funding from grant-makers and policy-makers. We also have classes which fill quickly so one that you wish to attend may already have a wait list.

If you are unable to attend a class for which you are registered, please notify the OLLI office at 304-293-1793 or email olli@hsc.wvu.edu. Another person may be anxiously awaiting your cancellation so that he or she may participate in the class. **** This is especially important for in-person classes! ****

Please be respectful of the time and efforts of our volunteer instructors and your fellow OLLI members.

OLLI classes are open to all members, regardless of where they live.

Morgantown members are invited to attend classes in the Kanawha Valley and members from the Kanawha Valley are welcome to attend classes in Morgantown. Members who reside further away are welcome to join us in person when they are in town.

Contact the OLLI office at 304-293-1793 to make arrangements.

OLLI instructors are volunteering their time and talents. **Please be respectful of your course instructors and fellow participants.** Exposure to new and different ideas is what OLLI is all about. We encourage you to embrace this philosophy and be respectful in classroom discussions.

Zoom links will be emailed to those enrolled in online classes by 9:00 a.m. the morning of the class/event.

Please check your inbox, as well as spam and junk boxes, for the email at least 30 minutes prior to the start of your class. If you do not see an email for your class, call the OLLI office at 304-293-1793. We're happy to resend the link.

Need Assistance with Zoom?

Interested in taking an OLLI class but not sure how to use the online meeting software, Zoom? We can help!

Visit <https://olliatwvu.wpcostaging.com/archives/809>, where you'll find a link to download Zoom software and several useful documents on installing the app on your device, entering the virtual classroom, using the chat function, and more.



If you have questions or need further assistance, OLLI's professional technologist, Michelle Klishis, will walk you through the steps.

If you don't have a computer or personal electronic device, learn how you can join Zoom with your phone.

Contact the OLLI office to arrange a session.

The OLLI course catalog often has to go to print before we have all the information we need to pass along. It is not unusual for OLLI to add classes and events throughout the term. Nor is it unusual for dates to change due to unforeseen circumstances.

New and rescheduled classes are announced in OLLI's Friday bulletin. Emails are sent about schedule changes. But sometimes it's easier to have a quick point of reference for all of this information.

Therefore, we have created the link below for you to check for all the latest class and events updates.

<https://olliatwvu.wpcostaging.com/archives/8974>

You can also access the site by scanning this QR code below with your Smart Phone.



Mark Your Calendar for These Important Dates

Summer 2025 term - July 14 - August 23

Summer course proposals due	April 7
Summer registration begins	June 23

Fall 2025 term - September 15 - November 22

Fall course proposals due	June 9
Fall registration begins	August 25

Winter 2026 term - January 19 - March 14

Winter course proposals due	October 6
Winter registration begins	January 5

Spring 2026 term - April 6 - May 30

Spring course proposals due	December 29
Spring registration begins	March 16

Be an OLLI Ambassador

Our members are our best recruiters.
Share your OLLI experience
with a friend.

See page 27 for a
pre-printed message card
to mail to friends.

*If you refer a friend who purchases a new membership, you will be entered in a drawing to receive a **free term of OLLI courses**. The referral must be confirmed by the new member.

- Invite a friend to a class
- Offer a catalog
- Suggest a membership*
- Give a gift certificate



Classroom Location Key

Morgantown - Mountaineer Mall, 5000 Green Bag Rd
A - Classroom next to the OLLI office
B - Classroom under the OLLI sign
CL - Computer Lab, first door on the left down
the hall next to B.

Kanawha Valley/Charleston

Edgewood Summit Retirement Community, 300 Baker Ln.
Schoenbaum Family Center, 1701 5th Ave.

Other

Z - online via Zoom.

Other - See course description for location.

Symbol Key

Throughout OLLI's course catalog, you will see various symbols next to names, locations, and event titles. Below is a list of those symbols and what they mean.

- * An asterisk next to an instructor's name indicates that the instructor is a member of the OLLI Honor Roll and has taught at least 10 courses and 60 class session hours.

M Class or event indicates offered in-person in Morgantown only.

KV Class or event indicates offered in-person in Kanawha Valley only.

Field trips, exercise classes, and outdoor adventures may include an activity level designation. The best indicator of what to expect is explained in the event description, but we have developed this rating system to help you decide if you wish to participate. Please note that these ratings are for guidance only and conditions may change.

- L1** Participants should be able to walk on flat surfaces at a leisurely pace. Activities may include some steps, boarding a bus, and standing for short periods of time during presentations. Accessible accommodations may be able to be arranged upon request.
- L2** Participants should be able to walk on uneven surfaces that are not always paved. Activities may include walking up and down steps and small inclines, boarding a bus, standing for longer periods of time, and engaging in light exercises. Accessible accommodations may be able to be arranged upon request.
- L3** Participants should be in good physical health, able to do all of the above, and participate in active medium endurance exercise and adventure activities.

THANK YOU TO OUR DONORS

The Osher Lifelong Learning Institute at WVU is dedicated to providing engaging educational, recreational, and social opportunities to our members.

To sustain and grow the program, your financial support is needed. Although OLLI receives support from WVU and earnings from the Osher Endowment, this funding covers only about 40% of our expenses. Membership and registration fees cover another 24%. Therefore, the remaining 36% must be raised through donations, gifts, sponsorships, and grants.

As OLLI at WVU strives to achieve financial sustainability, we would like to say thank you to all who have given so generously this year. The following reflects donations processed between July 1, 2024, and January 20, 2025, per the WVU Foundation. If your name is not listed and you believe it should be, please call the OLLI office at 304-293-1793.

Eleanor L. Adams
Joyce B. Allen
Rudolph P. Almasy
Stephen & Susan Arnold
Betty M. Bailey
Lynn & Maurice Baker
Philomena A. Barata
Patricia Bartone
Diana R. Beam
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Linda & Joseph Bennett
Susan F. Bordonada
Joyce A. Bower
Nancy K. Brallier
Nancy A. Brockman
Abbie Burch
Melora Cann
Tessa M. Chambers
Marlies Charbonniez
Wendell G. Christopher
Laura Cohen
Stanley & Judy Cohen
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Thomas & Hope Covey
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Judith R. Dinsmore
Pattye Dodson
Double X Club
Susan E. Dragovich
Nancy M. Driscoll
Kathi & Randall Elkins
Alan Engelberg
E. Esposito
Joann J. Evans
Denise V. Ferris
John Mathew Gay Brown Family
Foundation
George D. Hott Foundation

Ruth S. Gardner
Wilma E. Gauntlett
Shirley J. Giuliani
Patty J. Gray
Kristie & John Gregory*
Eleanor B. Grubbs-Paull
Bill & Nancy Gwilliam
Jascenna Haislet
Janet Hamilton
Jack & Jean Hammersmith
Katherine L. Hanko
Kerry A. Harbert*
Jim Held & Bonnie Brown*
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Richard H. Hess
Steven S. Holsclaw
Barbara J. Howe
Patricia Humphreys
Linda M. Jackowitz
Patricia Brown Jenkins
Ed Johnson*
Linda A. Johnson
Patty Johnston & Larry Frail*
Ted & Shelley Kanner
Kathryn Kay
Janet K. Kemp
Yvonne Khourie
Douglas Kilmer & Janice Reynolds
Steve & Susan Kite
Kathleen Kline
Beata M. Kolaja
Kroger Co.
Shirley Layne
Susan & Ronald Lewis
Helen W. Lindsay
Anne Linger
Karen S. Long*
Samuel J. Loretta
Leslie L. Lovett
Teresa K. Lyons
Richard & Doretta Malone
Annette Marsh
Susan Martino
Connie & Stephen McCluskey

Kim & Dave McCluskey
Carolyn & Dale McVicker
Claudia Morgan
Mary E. Morgan
Judy & Andy Morris*
Sidney C. Morrison
Susan V. Myers
Jeff & Susan Nelsen
Byron & Carolyn Nelson
Cindy O'Brien & Larry Harris
Trinita O'Neill
Florette Orleans
Shelia S. Price
Sandra L.E. Putnam
Margot Racin
Judith S. Raese
Dorothy & Henry Rauch
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William E. Reger-Nash
Maria T. Reidpath
Alan & Gwen Rosenbluth
Sheila & James Rye
Rosana Schafer
Arlene & Ross Schlobohm
Mabel J. Shaner
Ruth M. Siegel
Francis Simone
Nancy F. Stark
James W. Sutherland
Annette H. Tanner
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Terry Tusing
Nancy C. Ulrich
Sharyn L. Urey
Wallace & Norma Venable*
William & Susan Vieweg
Nancy & Bill Wasson
H. Arthur Weldon
Mark C. Westbrook
Stephen J. Wetmore
Grace J. Wigal
Judith & Ron Wilkinson
Linda K. Yoder
Lisa A. Youell

* Sustaining donors

Lifelong learners value education - for themselves and others.

Osher Lifelong Learning Institute (OLLI) at WVU exists because of the unique experiences, capabilities, and wisdom of mature members of the community.

Daily we see the educational and social impact OLLI has on members. Funded through membership fees, donations, and grants, OLLI benefits from the generosity of like-minded lifelong learners. Each gift allows meaningful work that would not have happened otherwise.

Your consideration of a gift today or in the future for OLLI at WVU will benefit the programs and help secure your OLLI legacy.

With a variety of giving options, you can choose the gift that works best for you.

You can choose to designate your gift to:

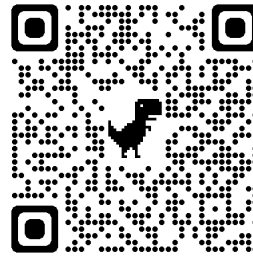
- OLLI's area of greatest need
- the \$100K Club
- OLLI participation scholarship fund
- Campus Club Endowed Scholarship
- the OLLI endowment

You may choose to leave a Legacy Gift, make a Tribute Gift, or give through an IRA Charitable Rollover.

And choose the time that works for you.

- Give when you renew your membership or enroll in classes
- Give during OLLI's Annual Fall Campaign
- Give on WVU Day of Giving
- Set up a monthly recurring gift
- Any time during the year

To give today, visit <https://olliatwvu.org/make-a-gift/>, scan the QR code below, or add your tax-deductible donation to the enclosed class registration form. For more information, call the OLLI office at 304-293-1793.



Thank you for your continued support of lifelong learning and OLLI at WVU.

Every gift makes an impact!

OLLI programming in Morgantown is brought to you with support of the John Mathew Gay Brown Family Foundation and the George D. Hott Foundation.

Kroger Community Rewards Program!

By participating in the Kroger Community Rewards Program, OLLI at WVU receives a donation from Kroger every time you purchase groceries in any of their stores using your rewards card.

Signing up is easy. Simply register your Kroger Plus Shopper's Card online at www.krogercommunityrewards.com and choose **Osher Lifelong Learning Institute/WVU Found (FG916)** as the organization to receive a donation.

If you have any questions, or need help enrolling in the Kroger Community Rewards Program, the OLLI staff is happy to assist.

MEMBER EVENTS & BENEFITS

Special member events, opportunities, and interest groups, unless otherwise noted, are free for current OLLI members! Payment of term enrollment fee is not required.

Ask a Geek

Michelle Klishis*

By appointment only.

Request an appointment at <https://bit.ly/3PcyiwP> or email olli@hsc.wvu.edu (please include "Geek Question" in the subject line.) Note that it may take up to one week to receive a response.

Sometimes you have questions about technology that don't fit into a specific class or course. For those times, OLLI's Professional Technologist, Michelle Klishis, can help. Members may request an appointment in-person in Morgantown or via Zoom. Please note that Michelle's strengths are Android phones, Windows PCs, Microsoft Office software, and digital security and privacy.

Gallatin House Tour at Friendship Hill

Monday, June 9, 10:00 a.m. - 12:00 p.m.
223 New Geneva Rd, Point Marion, PA
Maximum Enrollment: 20



Join your fellow OLLI members for a tour of the Gallatin House at Friendship Hill National Historic Site. Friendship Hill was the home of Albert Gallatin, U.S. Congressman, Secretary of the Treasury, and ambassador to France and Great Britain in the late 18th and early 19th centuries. Setting on 675 acres on the east bank of the Monongahela River, the Gallatin House was built in 1789 and added to several times. It was designated a National Historic Landmark in January 1965.



Participants will meet at the Gallatin House at 9:45 a.m. Directions can be found online at <https://www.nps.gov/frhi/planyourvisit/directions.htm> or by calling the OLLI office at 304-293-1793.

Note: *There is a considerable amount of walking and standing on the tour. Accessibility is limited, and visitors should prepare to be active on the tour.*

Spring Trivia

Michelle Klishis*

Wednesday, April 9, 2:30 - 4:00 p.m.
Morgantown B

Wednesday, April 30, 7:00 - 8:30 p.m.
Zoom

Too many April Showers? Join us for laughter and silliness and the most trivial of trivialities: Spring Trivia!

Take a Hike: You Decide the Trail

Michelle Klishis*, Michael Hyde
Friday, May 16, 9:00 a.m. - 12:00 p.m.
Cooper's Rock State Forest



Take a hike with Michelle & Michael at Coopers Rock State Forest. As a group, participants will decide how strenuous or easy a hike they want. Check your email for details about how we'll decide on the trails. If it's raining heavily the scheduled day, the hike will be postponed one week.

Virtual Happy Hour

Sundays, April 6 - June 22, 6:30 - 7:30 p.m., Zoom

Join us for an on-line happy hour with OLLI members! We're going to chat and socialize and check in on each other! Take this opportunity to dress up and chat with people you haven't seen for a while or maybe haven't met, in person, before!

What You Know

Paul Kinkus

Wednesday, May 14, 10:00 a.m. - 12:00 p.m.
Morgantown A



Let's come together to exchange the wisdom we've gathered from everyday life. From practical tips like washing windows, making pizza dough, and pruning trees to the lessons learned from raising children, this class is about celebrating the knowledge we all have to share. And who knows? We might even explore some deeper insights along the way. Whether big or small, what you know could inspire others and make life a little better for everyone.

Paul Kinkus likes to think and do: design, make and fix things, and learn new things. He has participated in several discussion groups and enjoys sharing things he has learned as a father, photographer, scientific glassblower, and other endeavors.

OLLI Shared Interest Groups (SIGs) offer members the opportunity to share a common interest in a social setting. Many meet year-round so you register only once per year, unless otherwise noted.

MORGANTOWN

Afternoon Walking Group

Facilitator: Kelly Yonta
Mondays & Thursdays, 3:00 - 4:00 p.m., Morgantown trails

Campus Club: Let's Do Lunch!

Facilitator: Dottie Rauch
2nd Thursday of the month (January - May) **FULL**
11:30 a.m. - 1:00 p.m.

Campus Club Morning Book Discussion

Facilitator: Lynne Ostrow
3rd Tuesday of the month (September - June)
10:00 - 11:30 a.m., Zoom & in-person in Morgantown A

Drinks & Dinner **FULL**

Facilitator: Jascenna Haislet
2nd Thursday of the month (August - May),
6:00 - 8:00 p.m.

A Late Lunch

Facilitator: Diane Cale
3rd Wednesday of the month **FULL**
1:00 - 2:15 p.m.
Maximum enrollment: 15

Mon River New Horizons Band

Facilitator: Ross Schlobohm
Mondays, 3:00 - 4:30 p.m., Morgantown A

Walking Outdoors with Campus Club

Facilitator: Hope Covey
Thursdays, 9:00 - 10:00 a.m., Morgantown trails

Yarn Arts

Mondays, 12:45 - 2:30 p.m., Morgantown A

ON ZOOM

Campus Club Evening Book Discussion

Facilitator: Hilary Attfield
2nd Tuesday of the month (September - June)
7:30 - 9:00 p.m.

See descriptions at
<https://olliatwvu.org/current-members/interest-groups/> **for more detail.**

Spring Meet & Greet

Learn how you can stay engaged and connected this spring with OLLI classes.

Hear from instructors and meet other OLLI members!

Tuesday, March 18, 1:00 - 2:30 p.m.

Charleston (Edgewood Summit Retirement Community)

Thursday, March 20, 3:00 - 4:30 p.m.

Morgantown (Mountaineer Mall)

Free and open to the public

Register at <https://bit.ly/3WrJT1p>



SPRING 2025 CLASSES

THE ARTS & ART HISTORY

Film Forum: The Art of Blake Edwards

James Held*

Friday, April 4 – May 9, 12:45 – 4:00 p.m.
Morgantown B



Blake Edwards directed some of Hollywood's most successful and iconic films, especially in the genre of comedy. We'll view and discuss *10*, *Victor/Victoria*, *Breakfast at Tiffany's*, *That's Life*, *The Pink Panther*, and *S.O.B.* Edwards often wrote his own scripts and teamed with his wife, Julie Andrews, to create unforgettable portraits of fabulous characters in impossible situations. He gave us Inspector Clouseau, Holly Golightly, and the Most Beautiful Woman in the World! What's not to love about this series?

Jim Held taught Theater and Dramatic Literature at WVU for 35 years, retiring in 2015. He has taught over 65 courses for OLLI at WVU focused on film, plays and playwrights, and classic literature. He has hosted Film Forum since 2015. Film has remained a constant in Jim's life with his wife, Bonnie.

Introduction to Quilling

Cindy O'Brien

Tuesday, May 6, 10:00 – 11:45 a.m.
Morgantown B



Quilling is an art form that involves the use of strips of paper that are rolled, shaped, and glued together to create decorative designs. The paper shape is manipulated to create designs on their own or to decorate other objects, such as greeting cards, pictures, boxes, or to make jewelry. We will create different paper shapes then use them to make a simple design on a card. This is fine work so bring your reading glasses and a steady hand!



Cindy O'Brien is retired from years working in early childhood education and enjoys reading and singing with children. She is serious about having fun!

Pre-Columbian Art History

Melora Cann*

Fridays, April 4 – May 16, 10:00 a.m. – 12:00 p.m.
Edgewood Summit
Wednesdays, April 9 – May 21, 10:00 a.m. – 12:00 p.m.
Zoom

Pre-Columbian art has manifested through different cultures over the centuries and has been impacted by geographic locations, including terrain and mineral resources. This survey of the arts of six of these remarkable and highly developed civilizations is based upon the art recovered

largely through archeological discoveries and excavations and what has been retrieved from colonial incursions. The class will concentrate on the arts originating in Mesoamerica and along the spine of the Andes Mountains of South America. Art featured will include architecture as well as artifacts.

Melora Cann has been an art educator for over 40 years. She has studied art history internationally in Italy, the Netherlands, Spain, Great Britain, Germany, and Mexico. She lived and taught in northern Italy for 24 years. She has been teaching art history classes for OLLI at WVU since 2017.

Radiant Pages: The Art of the Book

Heather Harris

Wednesday, April 23, 11:00 a.m. – 12:00 p.m.
WVU Art Museum



This exhibition invites visitors to explore how a book can "radiate" beyond the page to the wider world. How do books work? What is their impact, both on individuals and the broader society? How have our answers to these questions changed over time, and what is yet to come? *Radiant Pages* focuses on the book in both physical form and as a concept. It challenges us to rethink our very definition of what a book is, and to imagine its future possibilities.

This exhibition was co-curated by the 2024 Art Museum of WVU Faculty Fellow, Adam Komisaruk, Professor and Director of Graduate Studies in the WVU Department of English, in collaboration with Art Museum of WVU curator Robert Bridges and curator of education, Heather Harris.

Timeless Talent: A Look at Williams, Day, and Temple

Andrea Elkins

Tuesdays, May 13 - 27, 12:45 - 2:15 p.m.
Morgantown B & Zoom

In this engaging and nostalgic course, we will dive into the remarkable careers of three legendary Hollywood icons: Esther Williams, Doris Day, and Shirley Temple. From Williams' dazzling aquatic spectacles to Day's unforgettable musicals and romantic comedies, and Temple's heartwarming performances that uplifted audiences during the Great Depression, we'll explore the enduring charm and cultural impact of their work. Through selected films, TV series, and behind-the-scenes stories, we'll celebrate their contributions to the Golden Age of Hollywood and the lasting legacy they left on the entertainment industry.

Andrea Elkins, a community theater actor and singer, loves musicals and television. She enrolled in WVU last fall and is currently enrolled in literature and film courses.

HEALTH & WELLNESS

Air Fryer Cooking Tips

Andrea Hoover & David Roberts
 Monday, April 7, 12:45 - 2:15 p.m.
 Zoom

Cooking for one or two? Want to cook healthier? Tired of microwave meals? Is finding time to cook always an issue? Join us for Air Fryer Cooking Tips. Cooking in an air fryer can be beneficial to your health and your schedule. Air frying foods helps reduce your saturated fat intake, it takes less time and still gives food a great flavor. This class will give tips on how to make foods, meals, and snacks come out perfectly in your air fryer!

Andi Hoover serves as the Families and Health Extension Agent in Greenbrier County. She has worked for WVU Extension service for over 22 years assisting youth and adults in making healthy lifestyle choices. **David Roberts** serves as the Families and Health Extension Agent in Lincoln County. He has worked for WVU Extension Service for over 13 years assisting youth and adults in making healthy lifestyle choices.

The Inner Work of Aging

John Oughton
 Friday, April 25, 10:00 a.m. - 12:00 p.m.
 Morgantown A



Carl Jung stated that the afternoon of human life must have a significance of its own and cannot be merely a pitiful appendage to life's morning. In the exploration of this significance, Murray Stein claims that there is a transformation between midlife and old age with the potential to transform into one's full identity and Sandi Peters feels that the way to fulfillment in older age is through the exploration of the inner world. We'll explore the following developmental challenges of mature adulthood: embracing aging; integrating the past; harvesting one's accomplishments, contributions, and accrued wisdom; seeking wholeness; transcending the self; emerging as an elder.

John Oughton retired from West Virginia University in 2023. He served in various roles during his career including Associate Director of the WVU Teaching and Learning Commons, Teaching Assistant Professor with the WVU Department of Curriculum & Instruction, and Assistant Professor with the University of Toledo College of Education & Allied Professions.

Strong Start: Power Moves for Daily Living

Rachel Minter & Exercise Physiology students
 Tuesdays & Thursdays
 April 8 - May 1, 3:00 - 4:30 p.m.
 Morgantown A



As we age, maintaining muscle power is key to staying independent and active. Power training, often overlooked, is essential for combating frailty, improving mobility, and making daily tasks easier. This class focuses on building neuromuscular connections, strengthening muscles vital for everyday activities, and enhancing balance. Power and strength exercises aim to slow or reverse muscle loss, helping you perform daily tasks with confidence. Class Focus: Strength and Power Development; Safe, Effective Exercises; Functional Movement for Daily Tasks. Join us to enhance strength, balance, and your quality of life! Suitable for all fitness levels, this class helps you stay independent and active for years to come.

Equipment: light resistance bands

Graduating Exercise Physiology students, Reilly, Madison, and Trent are currently completing an internship in the Exercise Physiology Department, where they are supervised by a graduate assistant Rachel Minter.

Yoga for Enjoyment and Health

Eva Hnizdo*
 Tuesdays, May 13 - June 17, 10:00 - 11:30 a.m.
 Morgantown Dance Studio, Mountaineer Mall



The class will be focused on developing skills that the students can use in their daily life to maintain their well-being. Coordination between breath and body movements such as balancing, stretching, strengthening, and deep breathing will be used to create the sense of well-being. We will be using chairs to support and enhance the body movements.

Eva Hnizdo is an experienced yoga teacher, professionally qualified in 2006. She has previously taught yoga at NIOSH, where she worked as an epidemiologist. After retirement she taught yoga classes at OLLI prior to COVID. Currently she teaches yoga at Crunch gym in Naples, FL. She creates enjoyable classes where students practice yoga to maintain spiritual and physical health.

You cannot help but get excited about the subject when the instructor is so passionate and knowledgeable about it.

- OLLI member

HISTORY

Celebration of the Declaration of Independence

Russ Hutchins*

Thursdays, April 24 - May 8, 10:00 - 11:30 a.m.
Zoom

The Declaration of Independence is 250 years old this year. We will discuss the philosophy and thinking of the people behind the scenes in the writing and creating of this greatest document of freedom. The movie and Broadway play, *1776*, will be used along with the writings of Jefferson, Locke, and Adams. This class will present the history and background of the Declaration. We will discuss the trials and tribulations of getting the Declaration passed by the Continental Congress and how it was protected and not so protected in the following years up to the present day.

Russ Hutchins, ED.Sp., is a retired public school administrator and teacher of History and English at Friends University, Topeka. He has taught many Osher classes at Kansas University, WVU, Clemson, and College of Charleston with emphasis on the WWII eras and American Civil War. His topics vary from biographies to events of the times. He lives with his wife, Joyce, in Summerville, SC.

The Circus: Back in Town Again!

Jack Hammersmith*

Fridays, April 25 & May 2, 10:00 a.m. - 12:00 p.m.
Morgantown B & Zoom

Less than a decade ago, the Ringling Brothers, Barnum and Bailey Circus, billed as “the greatest show on earth,” ended a long and glorious but occasionally troubled history. In 2023, however, it was revived, minus in particular the wild animals which had played an important role in its long-term definition and in its demise. This two-part class will examine the history of the circus in the US, its heyday over a century ago, and its many manifestations since then. How and when did the circus originate here? Evolve? What role did the sideshow play? How has its history paralleled broader social and economic changes in the US?

Jack Hammersmith, a 48-year veteran of the WVU History Department, has taught OLLI classes since his university retirement in 2016. Classes have included a



variety of subjects, most on the US and East Asia (Japan and China) with particular focus on US diplomacy, politics and society. One set of classes has concentrated on US presidents.

Eleanor Roosevelt’s New Deal Community

Elizabeth Satterfield

Tuesday, May 6, 12:45 - 2:15 p.m.
Morgantown B & Zoom

This presentation will delve into the history of Arthurdale and Eleanor Roosevelt’s influential involvement in the community, dubbed “Eleanor’s Little Village”. Eleanor Roosevelt, often referred to as the “First Lady of the World,” was an incredibly active first lady from 1933 to 1945. One of her significant projects was the New Deal homestead community of Arthurdale, where 165 impoverished families were relocated to learn subsistence agriculture and craft skills. Eleanor Roosevelt visited Arthurdale over 30 times, playing a pivotal role in its creation and development.

Elizabeth Satterfield is the Curator and Director of Education at Arthurdale Heritage. She holds dual Master’s degrees in Public History and Public Administration from WVU. At Arthurdale Heritage, Elizabeth creates new exhibitions, manages and digitizes the archival collection, and expands educational programming.

Engineering Tragedy: *The Ashtabula Train Disaster*

Lynn Baker

Tuesdays, April 8 & 15, 10:00 - 11:30 a.m.
Morgantown B



The Ashtabula train disaster and bridge collapse was the worst train disaster of the 19th century, claiming the lives of 97 people. The disaster shocked the nation, yet it’s a story that’s been lost in the pages of history. This disaster became a rallying cry for regulation and change between big business, the public, and the federal government. Public outcry forced states to pass new bridge building standards and inspection laws that apply even today. The class will view and discuss a two-hour documentary that explores the events surrounding the disaster of December 29, 1876.

Lynn Baker graduated from Bowling Green State University in 1968 and moved to Morgantown in 1996. After a 40 plus year career as a medical technologist, she retired in 2016. She grew up in Ashtabula, Ohio, very close to the site of the bridge that collapsed and thus was aware of this train disaster as a child.

The 1960s: A Transformative Decade

Kenton Colvin*

Tuesdays, April 22 - May 6
10:00 a.m. - 12:00 p.m.
Morgantown B & Zoom



The 1960s were a time of longer hair, shorter skirts, and new kinds of music. But it was also a time of tensions between world powers, races, and generations. Learn about this very special pivotal decade in our history that brought many changes to the world. Learn about the Civil Rights Act, first presidential televised debates, various assassinations, Berlin Wall, Bay of Pigs invasion, Cuban Missile Crisis, British music invasion, muscle cars, hippies, Woodstock, first Super Bowl, Vietnam War, Six-Day War, moon landing, and much more. Learn why the decade of the Sixties transformed America.

Kenton Colvin retired from WVU Student Life after 18 years. Previously, he spent 26 years in manufacturing management with six corporations. He has a Master's Degree in Industrial and Systems Engineering and has taught College engineering courses for 26 years. He is VP of the Mon Valley Railroad Historical Society. He enjoys history and has taught classes at OLLI for over 12 years.

USS West Virginia: West Virginia's First WWII Casualty

Jim Rentch*

Wednesdays, May 7 & 14, 12:45 - 2:30 p.m.
Morgantown B & Zoom

The battleship USS West Virginia was launched in 1921 and, for 18 years, was the largest ship in the fleet. During the Japanese raid on Pearl Harbor she sank in 40 feet of water. 166 of her crew died, including her captain. She was refloated in May, 1942, and underwent two years of repairs at Pearl Harbor and Puget Sound, WA. In September, she returned to service and over the next 233 days she sailed 63,000 miles, participating in battles at Leyte Island, Leyte Gulf, Lingayen Gulf, Mindoro, Iwo Jima, and Okinawa. The USS West Virginia was the only survivor of the Pearl Harbor attack present for the Japanese surrender aboard the Missouri on September 2, 1945.

Jim Rentch taught forestry at WVU for 16 years. Since retiring, he has enjoyed recreating state and local history for himself and OLLI members. On his father's 90th birthday, he was astonished to learn that during World War II, his dad made port or saw naval action at Morocco, Sicily, Marseilles, Iceland, Belfast, Murmansk, Algeria, Gibraltar, Hawaii, Omaha Beach, Okinawa, Hong Kong, and Korea.

LITERATURE & WRITING

Lives Intertwined: The Legacy of Murder on Staunton Road

Charles Ryan, Mitch Evans

Mondays, May 5 & 12, 3:00 - 4:30 p.m.
Zoom

Lives Intertwined is the sequel to *Murder On Staunton Road*, the story of the vicious murder of *Charleston Daily Mail* owner, Juliet Staunton Clark. This course focuses on new names and main characters that were involved in the investigation of the Clark murder and the manner in which their lives intertwined before and following the murder. A possible solution as to the identity of the Clark killer is discussed in length.

Charlie Ryan has a writing career that includes newspaper, wire service, television, radio, and advertising/public relations experience over more than 50 years. He sold his marketing companies in 2007 and accepted a position as Dean of the University of Charleston graduate school of business, retiring in 2010. **Charles M. "Mitch" Evans** is a graduate of West Virginia Wesleyan University. He began his career in 1983 and is a third generation financial planner/practitioner in Charleston, West Virginia. Whether in West Virginia or his home on Hilton Head Island, you will find Mitch with his wife, Ann, as well as their two "West Virginia Brown Dogs" - Sasha and Winston.

Personal and Family History Writing Projects



Rae Jean Sielen*

Thursday, April 17 - May 1, 10:00 - 11:45 a.m.
Morgantown A



Take steps to make your dream a reality. You CAN finish your book! Topics will include strategies for organizing material and considerations as you compile, write, and produce your work (e.g., sources, voice, truth, project scope, layout, software, photographs, printing/binding). Participants will be able to begin identifying approaches suitable for their own goals, materials, audience, and budget. Handouts will be provided and examples of completed projects shared, with the instructor highlighting key decisions made by the books' authors. (Topics related to commercial publishing ventures such as how to sell manuscripts, find agents, and negotiate contracts will not be covered.)

Rae Jean Sielen has helped individuals, families, organizations, and businesses with a wide variety of publishing projects for over 25 years. She is especially passionate about encouraging others to preserve their personal and family stories.

OTHER INTERESTS

Behind the Scenes of the PRT

Jay Cole

Monday, April 7, 1:00 - 4:30 p.m.
Meet at the Mountaineer Mall



Continue the celebration of the 50th anniversary of WVU's PRT with a look behind the scenes, touring the machine and repair shops and taking a ride! Participants will travel by bus to various sites.

Jay Cole has taught or co-taught OLLI courses on Pearl S. Buck, Dante's *Divine Comedy*, science fiction and radio astronomy, and Shakespeare and Star Trek. To increase awareness of Buck, he has helped to organize two international conferences, led a K-12 teachers' institute, and co-edited a volume of essays published by the WVU Press. He is treasurer of the Buck Birthplace Foundation.

The Cost of Genius: Drama on 64 Squares

Jim Sutherland

Thursdays, April 10 & 17, 10:00 a.m. - 12:00 p.m.
Morgantown B & Zoom

Where better to study genius than in the world of Professional Chess? The ultimate mental game transforms the chessboard into dramatic theater where fierce competition unfolds and extraordinary talents rise to prominence only to face devastating declines. Within this arena, players experience isolation, overwhelming stress, and political intrigue alongside the thrills of victory and the agonies of defeat. The lives of world-class players are often a blend of obsession, triumph, and tragedy. From Paul Morphy to Magnus Carlsen, legendary chess figures have left monumental impacts on culture and history. What can we, the ordinary folk, learn from the lives of these exceptional individuals?

Jim Sutherland is a CPA and retired partner from a large accounting firm. He has been a part time college instructor. He is a chess enthusiast and has been a tournament chess player for over 50 years. Jim's bachelor's degree is from WVU, and he holds an MBA from Columbia University. He currently coaches two scholastic chess teams in Kanawha County and is a chess tournament director.

Exploring the Science of Awe

John Oughton

Tuesdays, April 22 & 29, 10:00 - 11:30 a.m.
Morgantown A



The class will explore the work of Dr. Dacher Keltner, professor of psychology at the University of California, Berkeley, and his colleagues. In doing so, we'll investigate the eight types of wonder (moral beauty, collective

effervescence, nature, music, visual design, spirituality and religion, life and death, and epiphanies) that have been identified as inducing the emotion of awe in people from around the world. We'll also discuss why the emotion of awe evolved in humans, the psychological and physical effects that have been found to result from experiencing awe, and reflect on experiences in which we've experienced this emotion.

See biography on page 13.

Horse Learning Lab

Crystal Smith

Tuesday, April 8, 5:30 – 7:30 p.m.
J.W. Ruby Research Farm, Reedsville
Maximum Enrollment: 14
Class Fee: \$10



Participants will learn about horse behavior, care, and handling at the JW Ruby Research Farm, home of the WVU Equine Studies program. The event will be held rain or shine. Please dress for outdoors and working with animals. Closed-toe shoes are required. Participants must provide their own transportation to the farm.

Proceeds from the class fee will be donated to the WVU Equine Studies program to support rebuilding the barn that was lost to a fire in the fall.



Crystal Smith is a Teaching Associate Professor in the Division of Animal and Nutritional Sciences within the Davis College of Agriculture, Natural Resources & Design. Her background and experience led her to pursue a B.S. in Animal Science at Penn State. After working as an assistant trainer, she returned to Penn State to pursue a master's degree in Animal Science where she planned programs for Penn State's Equine Science Program and conducted research for the American Youth Horse Council. At WVU, she leads the Equine Studies minor and manages the horse unit at the JW Ruby Research Farm.

Come for the classes. Stay for the people.

I Lost It at the Movies

James Held*

Thursday, May 22, 10:00 a.m. - 12:00 p.m.
Zoom



In this single-session class, Jim will illustrate his life in the movie world as he grew from childhood to adulthood. Stories will reveal not just his passion for film but the places movies were shown, from Marine base cinemas to Hollywood Picture Palaces on Hollywood Blvd. It's a tour through places, films, lessons learned, theaters and drive-ins where he worked in high school, and how this all led to an academic and professional education as a professor who was passionate about telling the grand story of the performing arts in our time. You won't want to miss these stories and many pictures. This is Jim's 75th class for OLLI at WVU.

See bio on page 12.

Let's Make Cookies *New date!*

Paul Kinkus

Tuesday, May 13, 4:00 - 5:30 p.m.
Monongalia County Center, Mylan Park



Get ready to roll up your sleeves and share your love of baking in this interactive, fun-filled class! Participants will exchange their favorite cookie recipes, baking tricks, and kitchen secrets while creating delicious treats together. Whether you're a seasoned baker or just starting out, this class is a sweet opportunity to learn, laugh, and enjoy some tasty creations.

See instructor biography on page 10.

Perfect Pairings for the Upcoming Holidays

Ron Porter

Wednesday, April 9, 12:45 - 2:30 p.m.
Morgantown A
Fee: \$20, payable at the door



Elevate your holiday celebrations with a class designed to guide you in selecting the ideal wine pairings for Easter brunch, Mother's Day dinner, graduation parties, and Memorial Day cookouts. Discover how to match wines with traditional dishes, seasonal flavors, and festive menus, ensuring each occasion is as memorable as the moments you share. Perfect for wine enthusiasts of all levels!

Ron Porter is the adult beverage consultant and co-manager of Kroger Suncrest Towne Centre in Morgantown.

The Perfect Pair: Wine and Food

Andrea Hoover & David Roberts

Monday, April 14, 12:45 - 2:15 p.m.
Zoom

Participants will learn about different types of wine, proper tasting skills, storage, servings, and pairing different wines with different foods. Although on Zoom, participants won't be able to taste test, you will still learn how and why certain foods taste better with the right wine!

See biographies on page 13.

PHILOSOPHY & RELIGION

The Akedah (Binding of Isaac) in Story and Midrash

Rabbi Joe Blair

Wednesdays, May 7 & 14, 12:45 - 2:15 p.m.
Zoom

Study some of the many stories and selected midrash literature related to the Akedah, or Binding of Isaac, narrative in Genesis 22.

Rabbi Joe Blair serves as the spiritual and religious leader of Temple Israel (Kehilat B'nai Yisrael) in Charleston. He has taught over 30 courses for WVU OLLI over the last seven years on topics ranging from liturgy and poetry to mysticism to holiday rituals and midrash. He is delighted to return for another semester with a new offering.

Ashkenaz: Jews in the European Heartland

Rabbi Joseph Hample*

Thursdays, April 10 - May 15, 12:45 - 2:30 p.m.
Morgantown B & Zoom

Most American Jews trace their ancestry to inner Europe. The cliché of Leidensgeschichte, "suffering history," is a half-truth: there were golden ages too. We will look at rabbis and merchants, statesmen and writers, from the 10th century to the 20th, from the Rhine to the Dnieper.

Rabbi Joe Hample was born in Buffalo, educated at Harvard, and long employed at Wells Fargo Bank in California. Ordained in 2009, he worked as a full-time prison chaplain before coming to Morgantown in 2012. Now the spiritual leader at Tree of Life Congregation on South High Street, Rabbi Joe seeks to make Judaism accessible to everyone.

SCIENCE & NATURE

Attracting Birds Through the Plants in Our Gardens

Jane Clark

Thursday, April 24, 10:00 a.m. - 12:00 p.m.
Morgantown B & Zoom

Participants will learn about the biology of song birds and the importance of insects, fruits and seeds. Some types of plants and trees are more attractive than others. The speaker will discuss why native plants are the most helpful and why invasive plants can be destructive. The class will also provide a list of actions participants can take to evaluate and improve their local landscapes in order to help birds thrive.



Introduction to Bird Watching

Jane Clark

Tuesdays, April 8, 1:00 - 2:30 p.m.
Morgantown B & Zoom

Encore

Bird watching is a great activity that you can do alone or with others. Learn what you need to have to start bird watching, where to go, and how to start identifying birds. Participants will be invited to join local bird walks being offered in the area.

Jane Clark has loved watching birds for years. She is a board member of the Mountaineer Chapter of the National Audubon Society and enjoys teaching people about birds and nature.

I've made many new friends over the years and enjoy feeling needed and part of this important group.

- OLLI member

From Physics Labs to Medical Applications: Medical Physics

Sumitra Reddy*

Tuesdays, April 22 & 29, 12:45 - 2:30 p.m.
Zoom

The term “medical physics” was first introduced by Félix Vicq d’Azir, a French physician in Paris in 1778. In 1814, Nysten’s medical dictionary defined it as “physics applied to the knowledge of the human body, to its preservation and to the cure of its illnesses.” Physics is used to develop diagnostics imaging technologies such as X-rays, ultrasounds, MRI, CT scans, Lasers, PET scans, and in therapeutic applications. Physics research also contributes to the development of new diagnostic and therapeutic tools, including targeted drug delivery. The physics behind these “routine” technologies, along with other related topics will be presented in this class.

Sumitra Reddy has been enjoying teaching for OLLI since 2011. She holds a PhD in Physics and an MS in Computer Science. She has taught a number of OLLI classes spanning a variety of subjects including science, Magic Math, travelogs, Indo-European languages and ancient history. She retired from WVU’s Department of Computer Science and Electrical Engineering and remains as an adjunct faculty.

Should I Trust My Doctor in the Era of Medical Mayhem?

Allie Karshenas

Friday, May 2, 3:00 - 4:45 p.m.
Morgantown A & Zoom

Let’s face it: trusting your doctor these days can feel like navigating a minefield in the dark. With the rise of social media and the endless rabbit hole of online information (because who doesn’t love getting medical advice sandwiched between a cat video and a salad recipe?), patients are drowning in data -- and not always the good kind. From nutrition tips to fashion hacks to medical care, the information superhighway is packed. Unfortunately, all that infotainment can lead to bad decisions, missteps, and, well...a few bandaged egos (and bodies). Combine that with skyrocketing healthcare costs and a steady stream of misinformation and disinformation, and you’ve got a doctor-patient relationship that’s wobblier than a toddler on a trampoline. So, here’s the million-dollar question: when should we put our faith in our doctors, and when is it time to pump the brakes and explore other options? Let’s untangle the mess—and maybe share a laugh or two while we’re at it.

Allie Karshenas has served as the Associate Vice President of Clinical Research Operations and Institutional Advancements, Associate VP of Global Engagements (GEO), and Associate Professor of Pharmaceutical Systems and Compliance in the School of Pharmacy at WVU.

Spring Wildflowers of the WVU Core Arboretum Field Trip

Zach Fowler*

Encore

Friday, April 4, 10:00 - 11:45 a.m.
WVU Core Arboretum

L3

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Participants will meet at the WVU Core Arboretum where we will observe spring ephemeral wildflowers in their natural setting during our hike. The pace will be slow along the hilly terrain as we will talk a lot about what we're seeing. There is a separate class listing for a classroom discussion about what spring ephemeral wildflowers are and a slide-show introduction to species that occur in the arboretum. Field trip participants are encouraged to also attend the classroom discussion. The WVU Core Arboretum has an unrivaled display of spring ephemeral wildflowers!

Zach Fowler is Director of WVU Core Arboretum and Clinical Assistant Professor of Biology at WVU. He has a passion for learning about nature in a scientific fashion and for sharing his knowledge with others.



Waterfalls of West Virginia

Steven Holsclaw*

Thursday, May 15, 1:00 - 2:30 p.m.

Edgewood Summit Retirement Community

KV

West Virginia has approximately 275 waterfalls within its borders. Some are famous and known to state residents and tourists alike. Many WV waterfalls offer easy access. Those falls are heavily visited and frequently photographed. However, some of West Virginia's waterfalls are off the beaten path, offer challenging access and dangerous hiking conditions in winter. Many remote waterfalls can only be visited during dry terrain, requiring determined hikers, and may result in wet feet. From the comfort of the classroom, students will be immersed in an expansive gallery of West Virginia waterfall photos in all seasons and flow levels.

Steven Holsclaw is a retired petroleum geologist who worked 42 years in the oil and gas industry. He has a bachelor's degree in geology from The Ohio State University. He has pursued a lifelong interest in fossils,

minerals and crystals and enjoys sharing that interest with like-minded individuals. He strives to make his classes fun and a memorable visual experience.

Wildflower Identification Using *Newcomb's Wildflower Guide*

Zach Fowler*

Wednesday, April 9 & 16, 10:00 - 11:45 a.m.
Morgantown B & Zoom

Encore

Learn how to confidently identify flowering wild plants! *Newcomb's Wildflower Guide* is a popular, easy-to-use book for identifying blooming plants in this area. Participants will learn how to use this book and practice identifying plants that grow in the Morgantown area. Participants should bring a copy of *Newcomb's Wildflower Guide* to class.

SOCIAL SCIENCES, POLITICAL & CURRENT EVENTS

The New Yorker Discussion Group

Hilary Attfield, Michael Attfield

Mondays, April 7 - May 26, 10:00 - 11:45 a.m.

Morgantown A & Zoom

Join us to discuss a range of topics from recent issues of *The New Yorker* magazine. Members of the group choose articles, fiction, and topics to be discussed each week. All viewpoints welcome! A subscription to *The New Yorker* is strongly recommended.

Hilary Attfield, a native of Scotland and retired editor, likes to stay current with world issues and events (and gardening everywhere!). She has degrees from Aberdeen (Scotland), Warwick (England), and WVU. **Michael Attfield**, originally from North London, England, likes to meet people and discuss things relative to life and living. An epidemiologist, he has degrees from Wales and WVU.

OLLI stimulates one's mind with great courses and provides social interaction to enliven the whole person.

- OLLI member

TECHNOLOGY

Android Phones

Michelle Klishis*

Monday, May 12, 10:00 a.m. - 12:00 p.m.
Morgantown B & Zoom

This course will cover Android OS for phones and tablets. We'll explore the basic knowledge and skills you'll need to use your device effectively and efficiently, from your GPS to installing 3rd party apps.

Michelle Klishis has been OLLI's professional technologist and resident leader of hikes for the past six years.

Technology Security: Protecting Your Data

Michelle Klishis*

Tuesday, May 13, 10:00 a.m. - 12:00 p.m.
Morgantown B & Zoom



Most people think protecting your data means making sure no one can steal their tablet or laptop, but your data is everything you do online that is collected by companies. What these companies can do with the information you knowingly (and unknowingly) share is both astounding and terrifying.

TRAVEL & ADVENTURE

Asturias: Hidden Paradise of Spain

Richard Smosna*

Mondays & Wednesdays, April 14 - 30
3:00 - 4:30 p.m. Morgantown B



A travelogue of cultural, scenic, and historic sites in northern Spain, this class focuses on the villages and countryside of Asturias. Discover a rural way of life shaped off the beaten path, experience traditional songs and dances, and savor the region's signature dishes like fabada, artisan cheeses, and the famous sidra (cider). Wander along breathtaking mountain trails, relax on over 200 pristine Atlantic beaches, and marvel at dramatic coastal cliffs that rise hundreds of feet above the sea. Step back in time with traces of dinosaurs, Paleolithic cave paintings, medieval architecture, and deep Celtic connections. Asturias truly has it all—nature, history, and culture combined in one unforgettable destination.

Richard Smosna, WVU professor in geology, has been visiting Spain regularly since 1988. He lived in Oviedo, capital city of Asturias, for a few years, served as Visiting Professor at the University of Oviedo, and published several journal articles on the geology of the region. He has fallen in love with the Spanish way of life and considers Asturias to be his second home.

The History and Beauty of Luray Caverns

Linda Newcome

Tuesday, April 15, 12:45 - 2:30 p.m.
Morgantown B



The class will begin with learning the history and formation of caves. Next we will learn how Luray Caverns in Virginia was found, who found it, and go from there. There will be many pictures of the formation of the cave and why it is called an organ cave. Included will be a short story of the Carillon Tower close to Luray.

Linda Newcome is a retired elementary teacher, has a master's in education and taught in Preston County. As a teacher there were many learning opportunities to travel overseas, across the United States, and take many classes offered in geography, science, geology, state and local history, plus US history. Linda is still a lover of learning.



A curated collection of recorded OLLI courses from previous terms.

Available on YouTube April 7 through June 27. Contact the OLLI office at olli@hsc.wvu or 304-293-1793 to request the link. Payment of spring term fee required.

Explore the feminine impact on U.S. presidents in two courses by Jack Hammersmith from 2021-22.

President's Wife or First Lady? Ageless Question for a Thankless Role

Beginning in 1789, George Washington's every decision provided precedents for those who followed. Less obviously but no less importantly, the same was true of presidential spouses. Was their proper role simply that of wife, or was there a definable public persona as First Lady in play? Three sessions explored this pivotal question through many remarkable women (frequently more so than their elected husbands) as their roles have evolved, whether it be a flamboyant Dolley Madison, a fragile Mary Lincoln, a shy Bess Truman, or a very political Eleanor Roosevelt.

Mind Your Mama! Presidential Mothers and Their Impact

Unlike the prolific studies of First Ladies, relatively little has been written of maternal influences. Bonnie Angelo's *First Mothers* is a partial exception, but her work covers only recent First Mothers, from domineering Sara Roosevelt through matriarch Barbara Bush. This two-part course focused largely on those dozen figures, briefly surveying a few additional, influential ones.

Osher Online, a program of the Osher National Resource Center (NRC) at Northwestern University, offers an exciting opportunity to learn with OLLI members from across the country.

Each course is \$50.00 per person.

2024-25 OLLI membership is required.

All classes offered on Zoom only.

Full course descriptions and instructor biographies

<https://olliatwvu.org/learn-more/catalogs/>

Bella Napoli: Italy's (Other) "Eternal City"

Anthony Antonucci, PhD and Hilary Haakenson, PhD
Fridays, April 11 - May 16, 1:00 - 2:30 p.m.

Bonsai: An Ancient Art in Modern Times

Chris Baker
Mondays, March 31 - May 5, 7:00 - 8:30 p.m.

Car Crazy: 1950s Onward

Pandora Paúl
Wednesdays, April 9 - May 14, 7:00 - 8:30 p.m.

Cinema in Transition: Exploring Change through Classic Films

Jeremy Fackenthal, PhD
Tuesdays, April 8 - May 13, 1:00 - 2:30 p.m.

Crossword Puzzle Creation

Steve Weyer
Wednesdays, April 2 - May 7, 3:00 - 4:30 p.m.

The Essential Jane Austen

Juliette Wells
Mondays, March 31 - May 5, 5:00 - 6:30 p.m.

Future Proofing Your Healthspan and Longevity

Scott Fulton
Wednesdays, April 2 - May 7, 1:00 - 2:30 p.m.

Jinas, Jīvas & The Three Jewels: The Jain Tradition and Its Legacy of Non-violence

Eileen Goddard
Tuesdays, April 1 - May 6, 3:00 - 4:30 p.m.

Mainstreaming the Margins: A History of LGBTQ+ America

Adam Kocurek
Tuesdays, April 1 - May 6, 11:00 a.m. - 12:30 p.m.

Neurology in a Nutshell: The Brain Explained

Paul Schanfield, MD
Thursdays, April 10 - May 15, 3:00 - 4:30 p.m.

Russia Beyond Russians

Asya Pereltsvaig, PhD
Thursdays, April 3 - May 8, 1:00 - 2:30 p.m.

Science Charcuterie

Kjir Hendrickson, PhD
Thursdays, April 3 - May 8, 5:00 - 6:30 p.m.

The Soundtrack of Rock & Pop in the 50s & 60s: The Magic of the Brill Building Era

Michael Agron
Tuesdays, April 1 - May 6, 5:00 - 6:30 p.m.

Virtuosos in Classical Music

Emanuel Abramovits, MBA
Wednesdays, April 16 - May 21, 5:00 - 6:30 p.m.

Women: The Forgotten "Men" in History

Diana Carlin, PhD
Mondays, March 31 - May 5, 3:00 - 4:30 p.m.

***Registration for Osher Online classes
is open now through March 17.***

COMING SOON! UPDATED!

The following are classes and other programming for which OLLI staff and volunteers are still working on the details for the Spring 2025 term. Watch the OLLI website and Friday bulletin for more information as it becomes available!

Introduction to Spanish II

Felicia Carrara **Tuesdays, April 8 - May 13** Zoom

Spanish II will be a continuation of the winter term class, with an emphasis on the conjugation of verbs. **Pre-requisite:** completion of January 2025 class or basic beginner's knowledge of the Spanish language.

Visit the National Museum of African American History and Culture

Date: TBA Washington DC



OLLI is planning a bus trip to visit this dynamic Smithsonian museum for May or June. Learn about the richness and diversity of the African American experience, what it means to their lives, and how it helped shape our country. Exhibit highlights include Harriet Tubman's hymnal; Nat Turner's bible; a plantation cabin from South Carolina; guard tower from Angola Prison; Chuck Berry's red Cadillac convertible; and works by prolific artists such as Charles Alston, Elizabeth Catlett, Romare Bearden, and Henry O. Tanner.

WVU Evansdale Greenhouse Tour

Whitney Dudding Date: TBA



WVU Evansdale Greenhouse, 1201 Evansdale Drive

Completed in the summer of 2012, this state-of-the-art facility under the direction of the Division of Plant and Soil Sciences is a center for teaching, research, and outreach. Research at the Evansdale Greenhouse reflects a wide array of areas of inquiry related to plant propagation and health, including flower biology as it ages, horticultural sustainability, season extension, drought and heat stress, and aquaponics.

WVU Planetarium: Dynamic Earth

Date: TBA

WVU Planetarium and Observatory
White Hall, 135 Willey Street



Dynamic Earth explores the inner workings of Earth's great life support system: the global climate. With visualizations based on satellite monitoring data and advanced supercomputer simulations, this cutting-edge production follows a trail of energy that flows from the Sun into the interlocking systems that shape our climate: the atmosphere, oceans, and the biosphere. Audiences will ride along on swirling ocean and wind currents, dive into the heart of a monster hurricane, come face-to-face with sharks and gigantic whales, and fly into roiling volcanoes.

WVU Baseball Game

Date: TBA

Kendrick Family Ballpark, 2040 Gyorko Dr.



Join your fellow OLLI members and friends as we cheer on the WVU baseball team at an afternoon home game this spring.

Have you tried out OLLI's new way to connect with fellow members?



OLLI has embarked on a collaboration with Nearpeer, an innovative private social network, to foster friendship and community within our program.

With its user-friendly interface, Nearpeer allows members to suggest and join groups based on their interests,

making it easier than ever to connect with others who share your passions. Whether you're looking to chat with friends, dive into a spirited book discussion, or simply share a laugh, there's a place for you in the Nearpeer community.

Discover. Share. Explore

Here are just a few of the exciting possibilities you can enjoy with Nearpeer:

- Chat with Friends.
- Book Reviews.
- OLLI News.
- Share a Laugh.
- Seek Tech Advice.
- Explore the Outdoors.
- A Community at Your Fingertips.

Nearpeer is more than just an online platform—it's a hub for building meaningful relationships. As we move into a more digitally connected world, tools like Nearpeer allow us to strengthen our community and ensure that every member has a chance to participate, no matter where they are.

Visit <https://olliatwvu.wpcomstaging.com/archives/15202> to learn more.

COMMUNITY EVENTS

Community events, hosted by OLLI at WVU, are free and open to the public. OLLI membership is not required although reservations are.

T'ai Chi Classes

Led by Cecil Pollard*

Hosted by OLLI at WVU and The Shack Neighborhood House



Saturdays, April 5 - June 28

The Shack Neighborhood House (537 Blue Horizon Dr.)

Register at <https://bit.ly/3x8lyi8> or on the enclosed form.

Intermediate T'ai Chi

10:00 - 10:50 a.m.

This group provides an opportunity for participants who have moved beyond the beginning level to continue practicing together. Enrollment by permission of OLLI instructors.

Introduction to T'ai Chi and Qigong

11:00 - 11:50 a.m.

This course is an introduction to a version of Yang Style T'ai Chi as modified and taught by Cheng Man-ch'ing. In this course, students will learn the basic principles of T'ai Chi and how to do the T'ai Chi form.



Speaker Series

Facilitator: Allyson McKee

1st Wednesday of the month, 2:30 - 4:00 p.m.

Zoom

OLLI co-hosts a monthly presentation with the WVU Committee of Retired Faculty on topics of interest to members and the community at large. Recent past titles have included *Ice Age West Virginia and Glacial Lake Monongahela*, *Esports: Beyond Gaming*, *Folk Music of the Southern West Virginia Coalfields*, *Suicide Prevention*, *History Alive: Charles Schulz*, and *PEIA and Humana for WVU Retirees*.

Visit <https://olliatwvu.org/about-us/community-events/> for the latest information about speakers.

OLLI AFTER HOURS

Interested in being a part of the OLLI community but often busy during our usual class times?

OLLI offers a selection of classes, shared interest groups, and other opportunities outside of the usual 9 to 5, Monday through Friday, time slots. Below is a list of those opportunities during the spring term.

Many classes are recorded and available to registered members to view throughout the term. Simply contact the OLLI office to request the YouTube link.

Shared Interest Groups (see page 11 for details)

- Drinks & Dinner
2nd Thursday of the month, 6:00 - 8:00 p.m.
Various locations
- Twilight Trivia
Wednesday, April 30, 7:00 - 8:30 p.m., Zoom

Member Benefits & Events (see page 10)

- Ask-a-Geek
- OLLI Virtual Happy Hour
Sundays, April 6 - June 22, 6:30 - 7:30 p.m., Zoom

OLLI Spring 2025 Classes (see page 16)

- Horse Learning Lab, Tuesday, April 8, 5:30 - 7:30 p.m.

Osher Online Classes (see page 21)

Zoom

- Bonsai: An Ancient Art in Modern Times
Mondays, March 31 - May 5, 7:00 - 8:30 p.m.
- Car Crazy: 1950s Onward
Wednesdays, April 9 - May 14, 7:00 - 8:30 p.m.
- The Essential Jane Austen
Mondays, March 31 - May 5, 5:00 - 6:30 p.m.
- Science Charcuterie
Thursdays, April 3 - May 8, 5:00 - 6:30 p.m.
- The Soundtrack of Rock & Pop in the 50s & 60s: The Magic of the Brill Building Era
Tuesdays, April 1 - May 6, 5:00 - 6:30 p.m.
- Virtuosos in Classical Music
Wednesdays, April 16 - May 21, 5:00 - 6:30 p.m.

Community Events (see left)

T'ai Chi at The Shack Neighborhood House (Morgantown)

Saturdays, April 5 - June 28

- Introduction to T'ai Chi 11:00 - 11:50 a.m.
- Intermediate T'ai Chi 10:00 - 10:50 a.m.

SPRING 2025 SCHEDULE AT A GLANCE - MORGANTOWN

Class, Instructor	Date(s)	Time	Location	Page #
Monday				
<i>The New Yorker</i> Discussion Group (Attfield, Attfield)	April 7 - May 26	10:00 - 11:45 a.m.	A & Z	19
Android Phones (Klishis)	May 12	10:00 a.m. - 12:00 p.m.	B & Z	20
Gallatin House Tour at Friendship Hill	June 9	10:00 a.m. - 12:00 p.m.	Other	10
Air Fryer Cooking Tips (Hoover, Roberts)	April 7	12:45 - 2:15 p.m.	Z	13
Yarn Arts	April 7 - May 26	12:45 - 2:30 p.m.	A	11
The Perfect Pair: Wine and Food (Hoover, Roberts)	April 14	12:45 - 2:15 p.m.	Z	17
Behind the Scenes of the PRT (Cole)	April 7	1:00 - 4:30 p.m.	Other	16
Women: The Forgotten "Men" in History (Osher Online)	March 31 - May 5	3:00 - 4:30 p.m.	Z	21
Afternoon Walking Group (Yonta)	April 7 - May 26	3:00 - 4:00 p.m.	Other	11
Mon River New Horizons Band (Schlobohm)	April 7 - May 26	3:00 - 4:30 p.m.	A	11
Lives Intertwined:...Staunton Road (Ryan, Evans)	May 5 & 12	3:00 - 4:30 p.m.	Z	15
The Essential Jane Austen (Osher Online)	March 31 - May 5	5:00 - 6:30 p.m.	Z	21
Bonsai: An Ancient Art in Modern Times (Osher Online)	March 31 - May 5	7:00 - 8:30 p.m.	Z	21
Monday & Wednesday				
Asturias: Hidden Paradise of Spain (Smosna)	April 14 - 30	3:00 - 4:30 p.m.	B	20
Tuesday				
Engineering Tragedy: <i>The Ashtabula Train Disaster</i> (Baker)	April 8 & 15	10:00 - 11:30 a.m.	B	14
CC Morning Book Discussion (Ostrow)	April 15, May 20, June 17	10:00 - 11:30 a.m.	A & Z	11
The 1960s: A Transformative Decade (Colvin)	April 22 - May 6	10:00 a.m. - 12:00 p.m.	B & Z	15
Exploring the Science of Awe (Oughton)	April 22 & 29	10:00 - 11:30 a.m.	A	16
Introduction to Quilling (O'Brien)	May 6	10:00 - 11:45 a.m.	B	12
Yoga for Enjoyment and Health (Hnizdo)	May 13 - June 17	10:00 - 11:30 a.m.	Other	13
Technology Security: Protecting Your Data (Klishis)	May 13	10:00 a.m. - 12:00 p.m.	B & Z	20
Mainstreaming...Margins:...LGBTQ+ America (Osher Online)	April 1 - May 6	11:00 a.m. - 12:30 p.m.	Z	21
The History and Beauty of Luray Caverns (Newcome)	April 15	12:45 - 2:30 p.m.	B	20
From Physics Labs to Medical Applications...(Reddy)	April 22 & 29	12:45 - 2:30 p.m.	Z	18
Eleanor Roosevelt's New Deal Community (Satterfield)	May 6	12:45 - 2:15 p.m.	B & Z	14
Timeless Talent:...Williams, Day, and Temple (Elkins)	May 13 - 27	12:45 - 2:15 p.m.	B & Z	12
Introduction to Bird Watching (Clark)	April 8	1:00 - 2:30 p.m.	B & Z	18
Introduction to Spanish II (Carrara)	April 8 - May 13	1:00 - 2:30 p.m.	Z	22
Cinema in Transition:... (Osher Online)	April 8 - May 13	1:00 - 2:30 p.m.	Z	21
Jinas, Jīvas & The Three Jewels:... (Osher Online)	April 1 - May 6	3:00 - 4:30 p.m.	Z	21
Let's Make Cookies (Kinkus)	May 13	4:00 - 5:30 p.m.	Other	17
...Rock & Pop in the 50s & 60s: Osher Online)	April 1 - May 6	5:00 - 6:30 p.m.	Z	21
Horse Learning Lab (Smith)	April 8	5:30 - 7:30 p.m.	Other	16
CC Evening Book Discussion (Attfield)	April 8, May 13, June 10	7:30 - 9:00 p.m.	Z	11
Tuesday & Thursday				
Start Strong: Power Moves for Daily Living (Minter)	April 8 - May 1	3:00 - 4:30 p.m.	A	13

SPRING 2025 SCHEDULE AT A GLANCE - MORGANTOWN

Class, Instructor	Date(s)	Time	Location	Page #
Wednesday				
Pre-Columbia Art History (Cann)	April 9 - May 21	10:00 a.m. - 12:00 p.m.	Z	12
Wildflower Identification Using <i>Newcomb's...</i> (Fowler)	April 9 & 16	10:00 - 11:45 a.m.	B & Z	19
What You Know (Kinkus)	May 14	10:00 a.m. - 12:00 p.m.	A	10
Radiant Pages: The Art of the Book (Harris)	April 23	11:00 a.m. - 12:00 p.m.	Other	12
Perfect Pairings for the Upcoming Holidays (Porter)	April 9	12:45 - 2:30 p.m.	A	17
USS West Virginia: WV's First WWII Casualty (Rentch)	May 7 & 14	12:45 - 2:30 p.m.	B & Z	15
The Akedah (Binding of Isaac) ...(Blair)	May 7 & 14	12:45 - 2:15 p.m.	Z	17
Future Proofing Your Healthspan...(Osher Online)	April 2 - May 7	1:00 - 2:30 p.m.	Z	21
A Late Lunch (Cale)	April 16, May 21, June 18	1:00 - 2:15 p.m.	Other	11
Spring Trivia (Klishis)	April 9	2:30 - 4:00 p.m.	B	10
Crossword Puzzle Creation (Osher Online)	April 2 - May 7	3:00 - 4:30 p.m.	Z	21
Virtuosos in Classical Music (Osher Online)	April 16 - May 21	5:00 - 6:30 p.m.	Z	21
Car Crazy: 1950s Onward (Osher Online)	April 9 - May 14	7:00 - 8:30 p.m.	Z	21
Spring Trivia	April 30	7:00 - 8:30 p.m.	Z	10
Thursday				
Walking Outdoors with Campus Club (Covey)	April 3 - June 26	9:00 - 10:00 a.m.	Other	11
The Cost of Genius: Drama on 64 Squares (Sutherland)	April 10 & 17	10:00 a.m. - 12:00 p.m.	B & Z	16
Personal and Family History Writing Projects (Sielen)	April 17 - May 1	10:00 - 11:45 a.m.	A	15
Celebration of the Declaration of Independence (Hutchins)	April 24 - May 8	10:00 - 11:30 a.m.	Z	14
Attracting Birds Through the Plants...(Clark)	April 24	10:00 a.m. - 12:00 p.m.	B & Z	18
I Lost It At the Movies (Held)	May 22	10:00 a.m. - 12:00 p.m.	Z	17
Campus Club: Let's Do Lunch! (Rauch)	April 10 & May 8	11:30 a.m. - 1:00 p.m.	Other	11
Ashkenaz: Jews in the European Heartland (Hample)	April 10 - May 15	12:45 - 2:30 p.m.	B & Z	17
Russia Beyond Russians (Osher Online)	April 3 - May 8	1:00 - 2:30 p.m.	Z	21
Afternoon Walking Group (Yonta)	April 3 - June 26	3:00 - 4:00 p.m.	Other	11
Neurology in a Nutshell: The Brain Explained (Osher Online)	April 10 - May 15	3:00 - 4:30 p.m.	Z	21
Science Charcuterie (Osher Online)	April 3 - May 8	5:00 - 6:30 p.m.	Z	21
Drinks & Dinner (Haislet)	April 10 & May 8	6:00 - 8:00 p.m.	Other	11
Friday				
Take a Hike (Klishis, Hyde)	May 16	9:00 a.m. - 12:00 p.m.	Other	10
Spring Wildflowers of the...Core Arb. Field Trip (Fowler)	April 4	10:00 - 11:45 a.m.	Other	19
The Inner Work of Aging (Oughton)	April 25	10:00 a.m. - 12:00 p.m.	A	13
The Circus: Back in Town Again! (Hammersmith)	April 25 & May 2	10:00 a.m. - 12:00 p.m.	B & Z	14
Film Forum: The Art of Blake Edwards (Held)	April 4 - May 9	12:45 - 4:00 p.m.	B	12
Bella Napoli: Italy's (Other) "Eternal City" (Osher Online)	April 11 - May 16	1:00 - 2:30 p.m.	Z	21
Should I Trust My Doctor..Medical Mayhem (Karshenas)	May 2	3:00 - 4:45 p.m.	A & Z	18
Saturday				
Intermediate T'ai Chi (Pollard)	April 5 - June 28	10:00 - 10:50 a.m.	Other	23
Introduction to T'ai Chi (Pollard)	April 5 - June 28	11:00 - 11:50 a.m.	Other	23
Sunday				
OLLI Virtual Happy Hour	April 6 - June 22	6:30 - 7:30 p.m.	Z	10

SPRING 2025 SCHEDULE AT A GLANCE - KANAWHA VALLEY

Class (Instructor)	Date(s)	Time	Location	Page #
Monday				
<i>The New Yorker</i> Discussion Group (Attfield, Attfield)	April 7 - May 26	10:00 - 11:45 a.m.	Z	12
Android Phones (Klishis)	May 12	10:00 a.m. - 12:00 p.m.	Z	19
Air Fryer Cooking Tips (Hoover, Roberts)	April 7	12:45 - 2:15 p.m.	Z	13
The Perfect Pair: Wine and Food (Hoover, Roberts)	April 14	12:45 - 2:15 p.m.	Z	17
Women: The Forgotten "Men" in History (Osher Online)	March 31 - May 5	3:00 - 4:30 p.m.	Z	21
Lives Intertwined:...Staunton Road (Ryan, Evans)	May 5 & 12	3:00 - 4:30 p.m.	Z	15
The Essential Jane Austen (Osher Online)	March 31 - May 5	5:00 - 6:30 p.m.	Z	21
Tuesday				
The 1960s: A Transformative Decade (Colvin)	April 22 - May 6	10:00 a.m. - 12:00 p.m.	Z	15
CC Morning Book Discussion (Ostrow)	April 15, May 20, June 17	10:00 - 11:30 a.m.	Z	11
Technology Security: Protecting Your Data (Klishis)	May 13	10:00 a.m. - 12:00 p.m.	Z	20
Mainstreaming.Margins:...LGBTQ+ America (Osher Online)	April 1 - May 6	11:00 a.m. - 12:30 p.m.	Z	21
From Physics Labs to Medical Applications...(Reddy)	April 22 & 29	12:45 - 2:30 p.m.	Z	18
Eleanor Roosevelt's New Deal Community (Satterfield)	May 6	12:45 - 2:15 p.m.	Z	14
Timeless Talent:...Williams, Day, and Temple (Elkins)	May 13 - 27	12:45 - 2:15 p.m.	Z	12
Introduction to Bird Watching (Clark)	April 8	1:00 - 2:30 p.m.	Z	18
Introduction to Spanish II (Carrara)	April 8 - May 13	1:00 - 2:30 p.m.	Z	22
Cinema in Transition:... (Osher Online)	April 8 - May 13	1:00 - 2:30 p.m.	Z	21
Jinas, Jīvas & The Three Jewels:... (Osher Online)	April 1 - May 6	3:00 - 4:30 p.m.	Z	21
...Rock & Pop in the 50s & 60s: Osher Online)	April 1 - May 6	5:00 - 6:30 p.m.	Z	21
CC Evening Book Discussion (Attfield)	April 8, May 13, June 10	7:30 - 9:00 p.m.	Z	11
Wednesday				
Pre-Columbia Art History (Cann)	April 9 - May 21	10:00 a.m. - 12:00 p.m.	Z	12
Wildflower Identification Using <i>Newcomb's</i> ...(Fowler)	April 9 & 16	10:00 - 11:30 a.m.	Z	19
USS West Virginia: WV's First WWII Casualty (Rentch)	May 7 & 14	12:45 - 2:30 p.m.	Z	15
The Akedah (Binding of Isaac) ...(Blair)	May 7 & 14	12:45 - 2:15 p.m.	Z	17
Future Proofing Your Healthspan...(Osher Online)	April 2 - May 7	1:00 - 2:30 p.m.	Z	21
Crossword Puzzle Creation (Osher Online)	April 2 - May 7	3:00 - 4:30 p.m.	Z	21
Virtuosos in Classical Music (Osher Online)	April 16 - May 21	5:00 - 6:30 p.m.	Z	21
Car Crazy: 1950s Onward (Osher Online)	April 9 - May 14	7:00 - 8:30 p.m.	Z	21
Spring Trivia	April 30	7:00 - 8:30 p.m.	Z	10
Thursday				
The Cost of Genius: Drama on 64 Squares (Sutherland)	April 10 & 17	10:00 a.m. - 12:00 p.m.	Z	16
Celebration of the Declaration of Independence (Hutchins)	April 24 - May 8	10:00 - 11:30 a.m.	Z	14
Attracting Birds Through the Plants...(Clark)	April 24	10:00 a.m. - 12:00 p.m.	Z	18
I Lost It At the Movies (Held)	May 22	10:00 a.m. - 12:00 p.m.	Z	17
Ashkenaz: Jews in the European Heartland (Hample)	April 10 - May 15	12:45 - 2:30 p.m.	Z	17
Russia Beyond Russians (Osher Online)	April 3 - May 8	1:00 - 2:30 p.m.	Z	21
Waterfalls of West Virginia (Holsclaw)	May 15	1:00 - 2:30 p.m.	ES	19
Neurology in a Nutshell: The Brain Explained (Osher Online)	April 10 - May 15	3:00 - 4:30 p.m.	Z	21
Science Charcuterie (Osher Online)	April 3 - May 8	5:00 - 6:30 p.m.	Z	21

SPRING 2025 SCHEDULE AT A GLANCE - KANAWHA VALLEY

Class (Instructor)	Date(s)	Time	Location	Page #
Friday				
Pre-Columbia Art History (Cann)	April 4 - May 16	10:00 a.m. - 12:00 p.m.	ES	12
The Circus: Back in Town Again! (Hammersmith)	April 25 & May 2	10:00 a.m. - 12:00 p.m.	Z	14
Bella Napoli: Italy's (Other) "Eternal City" (Osher Online)	April 11 - May 16	1:00 - 2:30 p.m.	Z	21
Should I Trust My Doctor..Medical Mayhem (Karshenas)	May 2	3:00 - 4:45 p.m.	Z	18
Sunday				
OLLI Virtual Happy Hour	April 6 - June 22	6:30 - 7:30 p.m.	Z	10

Invite a Friend

Share your love of lifelong learning and OLLI at WVU with friends, family, neighbors, and colleagues. Clip the panel below, add a note if you wish, sign it, put in an envelope, and drop in the mail to someone you would like to join you at OLLI.



Join me at OLLI!

*Are you looking for something different to do?
Curious about things you haven't thought about before?*

**OLLI at WVU offers the opportunity to learn simply for the
fun of it! No tests, No grades!**

Visit olliatwvu.org OR
call **ME** for more information.

I would LOVE to have you join me in an OLLI class!



Members like you make all this happen!

Volunteers are our Superheroes!

As a non-profit membership organization, OLLI depends on the generous support of our volunteers. Volunteers are the lifeblood of our program, helping to ensure that OLLI is able to provide the highest quality courses, lectures, workshops, trips, and more for our members.

Your volunteer experience can be molded to fit your interests, talents, and schedule. Opportunities may be short-term project-oriented tasks or ongoing general support, team or solo tasks, on-site or in the community. All members have something to offer and are encouraged to share their time and expertise with their peers.

Ambassadors

OLLI Ambassadors help spread the word about our program by sharing their experiences and inviting friends, family, and others to join them for a class.

Advisory Council

The OLLI Advisory Council works directly with the Executive Director to recommend policies and procedures, subject to WVU rules, for OLLI priorities, programs, and budgets to ensure the long term success of the program. Council members represent and advocate for OLLI in the community, and provide leadership and support for OLLI operations and programming.

Class Hosts

Class hosts greet members and ask them to sign in as they arrive for a class, remind members to turn off their cell phones, assist with class needs, and distribute course feedback forms.

Event Hosts and Staff

OLLI sponsors several open houses and special events throughout the year. Volunteers are needed to assist with shopping, set-up, and greeting visitors before, during, and after the event.

Instructors

Our program depends on the generosity of our volunteer instructors to teach the quality courses and learning experiences offered throughout the year. OLLI instructors, drawn from all walks of life, share their knowledge and expertise of their chosen careers, fields of study, or hobbies about which they are passionate. Free from tests or grades, instructors experience the joy of teaching students who are enthusiastic, engaged and eager to learn.

Office Support

Sometimes we just need a little help around the office. Volunteers can help by refreshing the coffee in the member lounge, answering the phones, making copies, filing, and other light administrative duties.

Project Team Member

Perhaps you have a special skill that OLLI could take advantage of for a specific project. Are you fluent in Adobe InDesign or video-editing? Or are you handy with a paint brush or power tools? Do your talents include fundraising or organizing? There are several projects on which we can use your help!

Registration Assistants

The first week of class registration each term is a busy one for the office staff. Volunteers can answer questions and help members register for classes. If you're comfortable with computers and online shopping, we can teach you how you can help.

Standing and Ad Hoc Committees*

OLLI has several standing committees that work together to keep our program running. A list of committees can be found on OLLI's website.

Technical Assistants

The introduction of hybrid classes to OLLI brings the need for help running Zoom in the classroom. If you're comfortable with computers, we can teach you how you can help.

How to Become a Volunteer

To become an OLLI volunteer, contact the OLLI office at 304-293-1793 or submit the Volunteer Information Form online at olliatwvu.org.

Find out when the latest catalog will be available online, see pictures from classes, learn about special events, and read interesting articles from a variety of sources.

Friday e-bulletin & Emails

Be sure you're signed up for our email list so you don't miss any special news, messages from your instructors, receipts for registration, and more. Email olli@hsc.wvu.edu to be added to OLLI's email list.

You can also access the latest news directly by clicking on the News button on our website at olliatwvu.org

OLLI does not share your email address. We use your address only to inform you of important OLLI news and upcoming events.

On Social Media

- **Facebook** (Osher Lifelong Learning Institute at WVU & OLLI at WVU Kanawha Valley)
- **Wordpress** (olliatwvu.wpcomstaging.com/)
- **Instagram** ([olliatwvu](https://www.instagram.com/olliatwvu))

Class & Event Updates

The OLLI course catalog often has to go to print before we have all the information we need to pass along. It is not unusual for OLLI to add classes and events throughout the term. Nor is it unusual for dates to change due to unforeseen circumstances.

New classes are announced in OLLI's Friday bulletin. Emails are sent about schedule changes. But sometimes, it's easier to have a quick point of reference for all of this information.

Therefore, we have created the link below for you to check for all the latest class and events updates.

<https://olliatwvu.wpcomstaging.com/archives/8974>

You can also access the site by scanning the QR code with your Smart Phone.



Classroom Etiquette

OLLI instructors are volunteering their time and talents. Please be respectful of your course instructors and fellow participants by:

- staying on topic during discussions
- attending only courses for which you have registered

Exposure to new and different ideas is what OLLI is all about. We encourage you to embrace this philosophy and be respectful in classroom discussions.

Refunds

Membership is non-refundable. Refunds for registration and other fees are considered on a per-case basis.

Weather Closings

OLLI will not hold in-person classes in Monongalia County or Kanawha County if the schools are closed or offering remote learning for the day in the respective county. OLLI may still host classes on Zoom. If you are unaware if a class you are registered for is meeting, email olli@hsc.wvu.edu or call the OLLI office at 304-293-1793.

Class Disclaimer

OLLI at WVU presents programs of interest for general guidance only. It does not engage in rendering legal, medical, financial, or other professional advice and services. Information presented in an OLLI program should not be used as a substitute for consultation with a professional legal, medical, financial, or other competent adviser. Before making any decision or taking any action, program participants should consult a professional legal, medical, financial, or other competent adviser.

All information is provided "as is," with no guarantee of completeness, accuracy, timelines or of the results obtained from the use of the information, and without warranty of any kind, expressed or implied, including, but not limited to warranties of performance, merchantability, and fitness for a particular purpose. Neither OLLI at WVU nor its information providers will be responsible to any program participant or anyone else for any decision made or action taken in reliance on the information presented by OLLI at WVU, or for any consequential, special or similar damages, even if advised of the possibility of such damages.

Liability Disclaimer

Individuals acknowledge and assume any and all risk associated with participation in OLLI at WVU activities. OLLI at WVU makes no representation regarding the appropriateness of any activity for an individual. OLLI at WVU disclaims any and all liability for each individual's participation in any activities. If a course involves physical activity, participants are responsible for wearing the proper attire and using the proper equipment (if applicable). It is highly recommended that participants consult their physician before participating in physical activity.

Non-Discrimination Statement

WVU is an EEO/Affirmative Action Employer. Underrepresented class members are encouraged to apply. This includes minorities, females, individuals with disabilities, and veterans.

DIRECTIONS TO THE MOUNTAINEER MALL, MORGANTOWN



- From either 68 East or West, take exit 1 and turn left at the stop light.
- Travel about 2 miles.
- Turn right at the next stop light, for Green Bag Road.
- Then turn right at the next stop light to enter the Mountaineer Mall property.
- Follow the road to the mall area and enter the first parking lot.
- Use the Mall Entrance next to Anybody Gym (at the X on the above map) to enter the mall.
- Inside, turn right at the first corridor crossway. The OLLI office is halfway down the main corridor on the left side, with a large West Virginia University logo above the door.

CONTACT US

Osher Lifelong Learning Institute at WVU

(304) 293-1793 • www.olliatwvu.org • olli@hsc.wvu.edu

Main office (Morgantown)

Mountaineer Mall, Suite C-17
5000 Green Bag Rd.
Morgantown, WV 26501

We recommend calling ahead or making an appointment as office hours may be limited.

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TOUR DETAILS

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50 Harmony Drive, Morgantown, WV

HarmonyAtSouthridge.com
(304) 209-4370
801 Peyton Way, Charleston, WV

5000 Green Bag Road
PO Box 9123
Morgantown, WV 26506-9123

OLLI at WVU - Your Next Adventure Begins Here

Spring registration begins March 17

Phone: 304-293-1793

Website: olliatwvu.org

Email: olli@hsc.wvu.edu

Benefits of OLLI Membership

Staying intellectually stimulated and socially active are proven components of healthy aging. Membership in OLLI provides these benefits through:

- More than 200 courses and activities per year in such areas as the arts, health and wellness, humanities, math and science, technology, and more.
- Social events
- Travel programs
- Interest Groups
- Volunteer opportunities